



# The Pot of Gold

from the Rainbow Center for the Humanities  
Lander Wyoming

## April Newsletter

A friend of mine sent me this picture of a bathtub carved from a single piece of quartz. It is awesome.



Bathtub cut from a single piece of quartz crystal

Here are pictures of Smokeman, our Yoga Cat on and off of his mat.



Smokeman meditating on rose quartz.



Smokeman doing his yoga.

On the night of the equinox it started to snow and we got a foot by Monday morning. On the Monday night after Easter it began to snow and we got a foot and a half by Tuesday morning. By Wednesday morning we had four feet of snow.



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**Beginning in January 2016 St. Germain will be teaching about the understanding and application of Spiritual Alchemy. Each Teaching will move us further into a deeper recognition of who we truly are and how to apply spiritual values to our “every day” lives. LIVE THE MAGIK!!**

New people are beginning to sign up for the 2016 Personal Growth. Don't miss giving this special gift to yourself. As the energy on the planet is accelerating things are becoming more challenging. The logical approach to life is failing. Nothing is as it appears to be. Yet just beyond the tips of your fingers there is a whole new world just waiting for you to open the inner eyes and move aside the veil of Illusion. St. Germain is waiting to be of assistance, to clarify the confusion and help you to connect with your own inner truth; a truth that is not opinion or based on conflict, but a deep, solid sense of who you are within. This recognition of self is what changes the world It is the magik and wonder of what you have been looking for.

St. Germain is continuing the “Personal Growth” package in 2016. This has proven to be one of the most popular offerings that St. Germain has given. People are excited about the changes in their lives and express joyful anticipation for the future. Changes on all levels are bringing a whole new lease on life as we evolve into New Humans.

[Click here for 2016 Personal Growth Package Details](#)

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## Rainbow Center News

### Spring Intensive

Don't forget our intensive “Join Us in the Ancient's Realms of Remembering—Dream Yourself New”. This is the Year of Embracing your New Self. A year filled with the discovery of how personal alchemy changes your life. The realms of remembering have opened and the Earth is in the revolution of evolution. How you use your energy and where you focus your power is very personal. It influences the life you live right now and the future that you will experience as you move forward. You have the power to change the World, but it is not in what you do out there or how hard you try to make others change. As you are willing to remember who you really are you experience a

sense of strength, confidence and compassion that has been hidden away within you. The Game of Illusion was anchored in pain and fear. The New Becoming is all about overcoming the limits of what has been.

It will be May 14-15 here at our home. We invite you to join us in person. Call or email Molly for more information.

CDs and mp3s will be available.

[Click here for the 2016 May Intensive](#)

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## Groups

The April group is “Stepping into Who You Truly Are”. The evolutionary process is moving everyone on the planet forward. Avoiding yourself is no longer an option. We have focused outward and on anything or anyone but ourselves. We are the center of our own becoming. We are required to see, feel and accept what we are, which isn't the bitter pill that we have been told. To discover who you are really is a beautifully delightful revelation. We are light and energy so the steps that we are taking are not physical, yet every step has dynamic effect on who we are becoming.

The group will be on April 17 at 2pm MDT. Call-ins are welcome. If you do not have the access code, call 307 335-8113 to get it.

CD's can be purchased on the website at [Click Here for 2016 Groups](#)

## Teachings with the Master

Our Teaching with the Master for April is “Sacred Alchemy: Courage is not the Absence of Fear”. We are being confronted with change on a daily, sometimes momentary, basis. Courage is not living without fear, but the willingness to move through it to find out what is on the other side. The old order has told us that if we are afraid we mustn't move. We must stop and make ourselves as small as possible. Everything in the cosmos is calling us to stand up, be strong for ourselves and feel the Truth emerging within us; a Truth that allows us to live with kindness, compassion and respect of all, because we are One.

Our call-in for the Teachings is the second Wednesday evening at 7 pm MST.

If you haven't had the experience of the Teachings that St. Germain is offering this year they really help us to understand what is going on. It just might be worth your while to check them out. The deep healing power of the Master is there to experience again and again as you listen to the awesome wisdom that he brings. CDs are \$15 for each set—Teachings or Q&A. It is \$25 to call in one time or \$40 for both sessions each month. Postage and handling are separate.

To order CD's or DVD's

[Click Here for 2016 Teachings with the Master](#)

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## ASTROLOGY

### NEW MOON-April 7

The New Moon in April has a stellium of planets that cross two signs. A stellium is a group five or more planets that are conjunct to each other; Neptune, the South Node and Chiron are in Pisces and not a part of the stellium. Venus, the Moon, the Sun, Uranus and Eris are in Aries and cojoin Mercury in Taurus. This New Moon is exceptionally powerful as it is square to Pluto and is a SuperMoon as well. This power pack signals that we are ready to make a major change in the area of our life where the New Moon and Pluto fall in our chart. We will find that our faith and our convictions about what we believe are true, will also be tested at this time.

Somewhere in our lives we are meeting obstacles that indicate we are about to start a new journey. Aries, the first sign in the zodiac, marks a beginning point and we are required to move beyond the comfortable, familiar confines of "how life must be". Aries and Mars, it's ruler, are symbolized by courage. It is natural to feel reticent about stepping into the unknown. We have been hard-wired into standardized action and there are many questions around trusting our inner guidance rather than following old formulas. We are being called to be pioneers of our own inner spaces. It is to remember that ultimately there is no failure, only experience and all that we discover along the way. We are exploring the frontiers of our creativity.

The Sun squares Pluto at 17 degrees 27 minutes the day before the New Moon and joins Uranus at 20 degrees 27 minutes Aries two days afterward. These aspects call for radical changes, both personally and collectively. Uranus and Pluto made seven exact squares between 2012 and 2015 and even though they are now separating they will remain within a ten degree

orb until 2020 continuing to dismantle the framework of the old order, releasing the hold of the Illusion and allowing the disintegration of structures and systems that must be transformed. Uranus sparks breakdowns and breakthroughs; Pluto exposes where power has been abdicated or abused. On April 18 Pluto makes its yearly retrograde, revealing what is holding us back. Revelation means that we can no longer hide from the truth of our own nature in the name of *security*. Eris joins the Sun on April 12 and Uranus on June 8, giving us a clearer perspective on the fears and doubts that have been blocking our creativity and forward motion.

Every two years Mars makes a retrograde and on April 17, only 19 hours before Pluto goes retrograde, accentuating their archetypal connection. Mars symbolizes individual will; Pluto represents spiritual determination. While retrograde in Sagittarius, Mars directs us to consider deeply our most fundamental misconceptions, question how we go about getting what we want and connect more clearly with our higher Self. Are we living the desires of our Soul or are we attempting to be acceptable in a society of people who don't know what they want? Do we mean what we say or are we saying whatever seems to get the desired results in the moment? Mars stations retrograde at 9 degrees Sagittarius and turns direct on June 9 at 23 degrees Scorpio, it returns to the point of retrograde on August 22, supporting our awareness of deeper truths and more constructive approaches.

At this New Moon Mars is part of a mutable T-square with Saturn at 16 degrees Sagittarius, Jupiter at 15 degrees Virgo, and Neptune at 11 degrees Pisces, suggesting that we balance vision with pragmatism, keeping focus while being flexible. Adding even more celestial support for a big change, this is the second SuperMoon this year, where the Moon is both at perigee (it is nearest the earth) and at syzygy (aligned as a New or Full Moon) which has a strong influence on the tides, gravitational pull and the human psyche.

The characteristics of this New Moon make us aware that there is no other time but now and no one that you can be that is better than who you are. Your strength and courage will be tested. Stand with your own values, not unrelenting, but constant. The greatest gift that you can give the world is the gift of your real self.

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### FULL MOON-April 23

The Full Moon shines its light on the intensions set in motion at the New Moon. We get to examine whether we will continue along the course we have set or redirect to achieve a more fulfilling outcome.

Taurus is the first earth sign, connected with attaining a healthy knowledge of the physical plane, which includes our body, wealth and nature. The five senses have a strong influence on how we live and whether we enjoy life or just survive. Since the senses are energy, science has bypassed their importance because they cannot be put into boxes. It has been noted that when infants do not receive physical and emotional contact they will die, certain colors contribute to healing and older people live not only longer, but happier lives when they have animal companionship. Taurus is about worth and value and instills in us a deeper sense of our own divine worth. We are divine potters working with the clay of our lives to create the form in which our spirit will dwell.

Scorpio is the second water sign. It can take us into “the valley of our shadow self” or assist us to remember the ancient connections to who we really are. As we are encouraged to dive into the depths of ourselves, we find that what is there for us is the power that we thought we had lost and the recognition that our connection to the divine was never severed. Taurus seeks to learn about matter and what matters most, Scorpio delves into motivation. Scorpio helps us to discover that everything—the good, the bad and the ugly—eventually passes and the golden beauty, love and enlightenment of experience is the treasure that we gain, after all.

At this Full Moon, Venus, traditional ruler of Taurus, closely conjuncts Uranus in Aries. Venus represents the hedonistic pleasures of our lives, whether we will allow life to be easy and the rapport that we adapt in our relationships; Uranus symbolizes individuality and living “outside of the box”. This conjunction heightens impulses for novelty and freedom. The desire to explore new horizons and expand the scope of our creativity is enhanced. Mars, ruler of Aries, seems to move more slowly due to its recent retrograde and as a result remains a part of the mutable T-square with Saturn, Jupiter and Neptune through mid-May. T-squares are highly motivating, as they include at least on opposition and two squares. Oppositions hold us on a path of greater objectivity and consideration; squares force us to change internally and motivate action that we have been resisting. Both Mars and Saturn in Sagittarius square Jupiter in Virgo and Neptune in Pisces, bringing us to question outmoded judgments and belief systems. The world is changing

and we cannot remain the same. We are being confronted with options that would not have been available a few years ago or even a few weeks ago. The Gemini “empty leg” of this T-square points the way out, urging us to be curious rather than critical, and willing to listen as well as to speak out.

Mercury, the planet most associated with Gemini, begins its second retrograde of the year on April 28 at 24 degrees of Taurus, until May 22 when it stations direct at 14 degrees Taurus. While Mercury is retrograde in Taurus it moves us to reconsider our priorities and bottom lines. Mercury is a part of a wide earth grand trine with Jupiter in Virgo and Pluto in Capricorn, which helps us to recognize what would be easier, simpler and more satisfying, as well as, having lasting ability.

We are encouraged to let go of things that no longer please us, fulfill us or serve a current purpose. We can fill the void with the stuff of our dreams and yearnings, our most divine creativity. We are divine Magikians.

Molly is a professional astrologer and does personal charts, solar returns and couples or relationship charts. Contact her at 307 335-8113 or [mollyrowland22@gmail.com](mailto:mollyrowland22@gmail.com)

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OF POETRY AND PROSE by Nanna Hansen

#### Gardia IV: Puzzles?

**My name is Nola and I am a male of my specie, the Senoolies. I stand, in my stoking feet about 3 feet 5 inches, which is considered tall for my kind. For most of my species, in the past, were around 2 to 2 ⅔ feet tall. We originally lived on a heavy-gravity planet and everything on the planet was in ideal proportion to us; thus, with no other species to compare with, we considered our height to be perfectly normal. Until we landed on Gardia, we were never aware that compared to other intelligent mammalian species that we are small of stature, at least in this Universe. My skin color is light brown, my hair is dark brown, slightly curly and I have dark periwinkle blue eyes.**

**The people living on Gardia are very tall compared to us, on average they range from 5 to 7 feet. Only later did we discover that they are not even the tallest people in this Galaxy, but only**

considered average. To us, well really my great-grandparents and grandparents they seemed enormous. It was my Great-Grandparents' and my Grandparents' generations that landed here and with each new generation that is born on Gardia, we grow taller. The Gravity on Gardia is very light, only .96 Gauss and I am sure that is the primary factor in us becoming taller.

We were lucky, Gardia is a beautiful planet and 'the Tall Ones' bid us welcome with open hearts.

Gardia is a very old planet with an old Sun, but it will never go Nova. Our Sun is a G-Star-it is a reddish-yellow color; it has just started its journey into becoming a Red Sun, but it will take many millions of years before it get into the red stage where it will start to expand. It is however the center of a very small solar-system, there are only four other planets and none of them have any sentient life. The inner planet is close to the Sun and is a scorched rock, two are gas-giant, of not quite equal size, and the third one is so far out it a frozen Methane Ice ball.

Our system is placed in the middle of a Galaxy Arm, close to the center of our Galaxy, but on the side of the arm that faces away from the Galaxy Center. It is a little outside the main populated area, in a way it is the third point of a triangle between two more populated systems. As such, it was

ignored until the 'Tall Ones' landed. It was as the planet did not welcome visitors back then and it did not have any Space Port.

In addition, the whole of the arm is highly inhabited with populated Solar Systems on both side of our Solar System. Many of the systems have more than one planet that are habitable, but not always by the same type of species. Thus, after the Space Port was build, the 'Tall Ones' had no problem in becoming another port on the Trade Route, and the planet also ended up as a popular Holiday Resort.

Because of the planet's age it has long since ceased to be a geologically active planet and it is weather-beating to the point that there is little left of former high mountains. They are now rolling green hills with rocky out-cropping here and there. In places where rivers and stream flow over those rocky areas, they have produced some of the

most spectacular, powerful and beautiful waterfalls, and besides being a great tourist attraction, they also provide us with all the electrical power that is needed on Gardia. But, in certain areas we also make use of both Wind and Solar power. Another reason for using natural power sources is the 'Tall Ones' absolute passion against anything that may damage the environment. They fled their planet of origin because the planet's ecological system had been destroyed by their ancestor's industrial society. Also, Gardia has no metals, precious or otherwise, nor any oil or gasses, only a few minerals and some semi-precious stones. We do not know if there ever were any natural resources of the type used by industrial societies.

The Flora, on Gardia, is a mixture of what is native to the planet, the seeds that were brought by the 'Tall One' and what my people brought from our planet of origin, which was little, since we left in a great hurry, but all plant species seem to get along well. Gardia is very much like a huge garden or maybe a park, even the wild areas has a groomed look to them. Whether we seed or plant plants native to Gardia or from off planet; it all grows very orderly. For example, in a field of grass, only grass grows, no weeds and it limits its own size, thus requires very little maintenance; it is like that with all plants and trees all over the planet. The planet appeared to have been modified, sometime in the past maybe, so it requires a minimum of work. Don't misunderstand me, everything grows well, it is a green, lush planet, but orderly, as I said like a well-kept park.

Because of the type of planet Gardia is, most of what we export is of agricultural nature or handycrafts. The rest of our national income is from visitors from all over the Galaxy and with a large modern Space Port; Gardia is a favorite holiday planet of many species. Most of our visitors prefer the spring and summer seasons, but quite a few like our fall. Not so many do we see in the winter, since it never gets really cold, only as far as minus 10 Celi, with a little snow and frozen-over ponds, but it never stays around very long, most of our winters we see more rain than anything else. And, with no high mountains, we are not a planet for winter sports. Houses are built mostly of natural rock and baked clay bricks of a color that range from red to brown to almost black; other towns may be red, yellow, grey,

blue, sand colored or any other type of tints depending on whatever are the colors of their rocks and clays. Our streets are formed of laid-down bricks or natural cobble stone. Since those early days no vehicles are allowed in our towns, we do have electric cars and trains that runs between the towns and in the countryside.

Each of ours houses is built in similar fashion, but they have their own individual looks. Nearly all have store-front, since we all, in one way or another are in the tourist business. The store-fronts are built level with the street and each has an apartment in the back, a step or two down in level with the garden. Some houses back apartments are level with the front stores and seem from the back the gardens forms many different levels of terraces. There is also an apartment over the store, which is a bit larger than the back apartment. Even if our houses are built similar, no two look the same, since windows, doors and other decoration are different and follow the individual owners' taste. They, the 'Tall Ones' has allowed for expansion of the population in building our towns, so much so, that even today there are ample room to further population growth. We still have the majority of houses only filled to less than capacity. Of course, our Inn are always full (in the Tourist Season), but nobody arrives without prior booking their rooms, and the Inns are build in same style and the same material as our houses: The way we have built our Towns, Inns and Houses, are seen to many people from other planets, as rather small and have a Fairyland look to them.

This is how housing was when my Great-Grandparents crashed on Gardia and that was when the strangeness started that puzzle my great-grand parents for a long time. All the Senoolies was received by the 'Tall Ones' as long lost dear relatives. They all wanted to take in a family to live in their houses. So much they drew lots, because there were not enough of my people to go around. To begin with my people did not question their action, because of the crash they were in bad shape and needed care. Most of the descendants are still living with the families their ancestors were first assigned to, and new couples or single people, find their own housing with people they are comfortable with. Most houses consist of one family of 'Tall Ones'(may only be a single person) and a family of my people (may also only be a single person). But, there are houses

with both families are 'Tall Ones' or both are Senoolies; it is a personal choice. I for one share house with a 'Tall One,' a Lady, and we are both single. She lives upstairs over the shop, her shop. She is a Herbalist, natural medicine and sweets and for the tourists she dressed up as an old fashion witch (according to the 'Tall Ones' tales), tall black pointed hat and all, and I am sure no real witch would not be caught dead in such an outfit. The sweets are similar of witches brew, licorice mini witches' brooms, eye of newt hard candy and so on. I live in the back apartment, facing the garden, I like gardening and I am a Historian and a Teacher. But, sometime I help in the shop when she needs help.

One thing is different on Gardia than many other planets; housing is considered a right, not a privilege. No one on Gardia pay for their housing other than helping built it, when a new house is needed; the whole community gets together and built it, with community funds, since the whole community owns the resources. I do not pay rent, the 'Tall One' and I own our house together and pay for expenses-of up-keep together. However, we cannot and do not sell our houses if we want to move. When I or we move out, the people who move in will own the house and be responsible for it, as we will own and be responsible the new house we move into.

That is the way it is done in all our towns and communities and all without monetary exchange. As a nation and a people we make enough profit from our tourist trade. Besides our building material is free and freely given to us from the planet and belongs to all, only our labor is needed to in house-building. It has been like this since the 'Tall Ones' handed on Gardia, which brings me back to why did they act like we were dear relatives. The story finally came out, the 'Tall Ones' told my Great-Grandparents that our people was part of their past, part of their history and it was considered good luck to have one of us living with them and now they had whole families.

My Great Grandparents went over everything in the legends and stories they had about what they call 'Leprechauns' and there could be no doubt about it, after their description, they were definitely Senoolies. They even had the same powers we have here. Powers, which seemed to the 'Tall Ones' as supernatural, but they were only due to us coming from a heavy-gravity planet and

an awareness of that Reality is made up of energies and energies are easy to manipulate, provided one can see them. But, how could their ancestors have known Senoolies, how could this be?

All the Senoolies' Ships left our home planet all in a span of a week, mind you, all set out in different directions. One of those ships, landed in the Past on the home planet of the 'Tall Ones' and my Great-Grandparents' ship landed on Gardia in the Future of the descendants of those people, who recognized the Senoolies as Leprechauns. It seems that the Past and the Future has certain fluidity to it. That Space-Time can be shifted or twisted in different area of the Universe; that the Highways and the Byways of the Universe may lead to every Time and Space. I am not really as surprise as my Great-Grandparents was then, because since this planet has become a popular tourist-vacation-resort, we see and talk to many persons from near and far. Thus, I have heard many strange tellings, which lead me to believe that the Universe is a strange, complexed and extra-ordinary place, and the more I hear, the stranger it becomes.

In addition, one more puzzle, which has my people and the 'Tall Ones' shaking our head, both our DNA are almost identical, except for our sizes. We have not been able to come up with an explanation for that one, except somewhere in our past we have common ancestors.

But, one thing we both agree on is that our planet Gardia is the closest thing to living in Paradise while still having a physical body.

Nanna's website: <http://www.ofpoetryandprose.ca>

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### QUOTES FOR THE MONTH from St. Germain

Courage is not the absence of fear, but the willingness to step through it and find out what is on the other side. You are a pathfinder, an explorer of the vast New World that is emerging right where you are. The discoveries are not physical land, but space that is yours, not gold and gems, but the golden essence of divine awareness that is worth more than gold. Your worth is now measured, not in dollars and

cents, but in a value that far exceeds what the world could even consider. It is called LOVE!

--St. Germain

The EGO shuns surrender and calls it a weakness. It takes far more strength to accept the wholeness and oneness of God than it does to turn the back on it. Surrender and claim the power that has always been yours. --St. Germain

You're not here to find a new spirituality, you're here to found it. You're not here to uncover a new world, but to create it.

-- Lazaris

Humanity has stood at this point of evolution before and chosen to turn back. That was before the Illusion ended. Now the idea of turning back is just a construct of times that once were. It is time to come home to yourself and realize the amazing future that awaits you in Love connected with God/Goddess/All That Is. --St. Germain

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### ST. GERMAIN'S MESSAGE



Dearly Beloved Master Magikians, you are being confronted with the last vestiges of the Illusion. The words are flying and the EGO seeks to draw the mind into the whorl of confusion—"What can I trust, who is telling the truth, how can I be safe for sure?" The old ways of knowing what is true were by the standards of the finite mind that held formulas as the measure of what is was *right and true*. Now, everywhere you turn there are those who tell you that they are telling the

truth and you are required to recognize the energy of clarity, wisdom and integrity. These spiritual virtues have stood throughout time as the REAL measure of worth in all things. There are staunch opinions and arguments about everything. There are those who simply refuse to move because they are too frightened to know where their next step will take them and they want to appear as though they have an inside track. There are the instigators who swear that they have the good of the people in mind, but who frankly do not care who gets hurt as long as they get power. When someone constantly changes their direction depending on what it will get them they are creating smoke screens in order to encourage confusion. Like magicians who say, "Watch this hand, but do not look at the other hand", they are attempting to distract those who only want to see what they want to see rather than what is really there.

The masses are being entertained with "bread and circuses", but what is going on behind the scenes? There is much speculation, which generates fear and anger. Races, religions, segments of society are being put into the spotlight of ridicule and ostracism. Many think that this means safety for themselves. They do not believe that they could be the next group or individual who is singled out to be punished for who they are. "If everyone were Christian, Jewish, Muslim, White, Black, Hispanic, Democrat, Republican, rightwing, left wing the world would be a better place". The attitude of closing the doors and hiding from the inevitable simply adds to the fear because whatever you avoid must always be with you. What you most want to escape is always hiding in the shadows of your worst possible nightmares.

We see you! All of you! We see who you are truly. You are integral parts of a divine whole. Billions of pieces of the cosmic puzzle, each one significant and important; your choices make a difference. Fighting has been considered a solution in the Illusion, but war begets war. There is no peace that comes from conflict. When you are involved in the midst of an argument, there is always the attempt to steal energy from the opposition. The struggle to get the upper hand, prove that you are right and *win the battle* may cause you to feel strong in the moment, but when the *game* is over you feel a letdown. Soon winning the battle is no longer enough and there must be a new fight in order to get more energy. The life becomes devoted to the addiction to stealing energy from others, but there is no end. It is simply a drug of choice. You must have more and more and more energy and soon that is not enough. In the desperation of an addict the drive to obtain what momentarily

soothes the pain and/or fear becomes the focus. There is no success in the battles, only small infusions of someone else's energy and that becomes less and less affective. Winning at all cost becomes the only thing that is seen through the haze of striving for more. Money is a symbol of the currency flow of God, therefore it is energy. The insanity of winning is consuming the planet, whether it is in the political arena, the corporate scene, the making of money in any way possible or any personal battle to gain energy from others, there is a blindness in it that prevents any sustainable outcome. The old ways are dying and the Old Order is passing away and attempting resurrect the past is like digging up what would best be left alone.

The new paradigms are calling each and every person on the planet to come home to themselves. No longer can the intimidation of forcing all to comply to the wishes of the few continue. There is one last massive push to gain control of the planet. The results are proving to be disastrous. Fear is a poor Shephard. Love calls all together and Love does not demand that anyone be less than their best self. The constant preaching of how low humanity is, how sinful some are and how righteous others are and the assumption that only a few are worthy of the Love of a God that created all of this in unconditional joy. God has not been shocked to find that His creation is a failure because God does not even consider failure. God is not dismayed by what is happening because change always stirs chaos. We, in the Heavenly realms are not rallying forces to descend on Earth to destroy the wrong and bad. There is no necessity. Humanity believes that they are taking care of the destruction in God's name. We are holding powerful intensions that the Love of God can touch the hearts of every Soul and transform the fearful desire to destroy to one of reconstruction in the highest and best ways possible. Revelation is shining its light on all, ON ALL of the inappropriate actions and activities everywhere. It shines on the just and the unjust, because no one is perfect and all require the balance that karma brings. Just because the finite mind can sight laws set by man and call them the law of God, it does not mean that the intent is not obvious to us as we are holding everyone in Love. Control and fear are destroyers. Love is the source of all creation. Love can take the darkest shadows and turn them into Light.

When you pray, pray as though you trust that God will bring what you ask for. Be mindful that if you ask for the destruction of "the Enemy" that it will visit you first because you are calling it. The Lord's Prayer does not

beg God for bread, but states with faith and trust “give us this day our daily bread”. The prayer does not ask for more than is required but operates on the faith that the sustenance will always be there. When doubt becomes stronger than faith the shadows of limitation move in. The EGO has questioned the will of God and created the belief that God is a punishing father. People have been taught to fear God, when the interpretation is “Be in Awe of God or God is Awesome”. To be in awe of the wonder of a creator that is beyond the keen of the finite mind, to appreciate the magnificence of that which you are and know that all, no matter how they have forgotten, are indeed wonderful.

The planet is being recreated and no mind, no matter how cunning its attempts to gain control can bring down what God has set in motion. It may take time to see that this is true, yet even time is not what it once was. The desire to kill is still suicide because to destroy another is to destroy a part of self. You have come to believe in separation so completely that you would doubt that you are part of the whole and yet even self-sufficiency is beginning to diminish in its illusion of strength. “I can do it all by myself”, is becoming more obviously lonely all of the time.

The EGO shuns surrender and calls it a weakness. It takes far more strength to accept the wholeness and oneness of God than it does to turn the back on it. To harden the heart is to block the influx of new energy of Love flowing from the fullness of the cosmos. To attempt to live in the old ways is to deny that moving forward is the only way. **THE PAST IS DONE. THERE IS NO BACK TO GO TO.**

We do not see that any group or individual is bad. We do recognize that the choices that many are making are having most unfortunate outcomes. The EGO says, “The Masters are fools because something has to be done to stop what is happening **RIGHT NOW.**” “How can you sit by and let these things happen? How can God allow what is going on and not step in?” The surrender, “Not my will, but Thine be done” is an offering of self to God’s will rather deciding that God cannot possibly know what is going on because you know so much better what is required than God does. Free will is not just doing whatever one wants, but making choices according to the highest good of all. When you include yourself in all then you receive the good that is intended for you. When there is the assumption that the highest good of all excludes you or that your good is far more important than theirs, it is also a choice. There is so much that is held beyond the veil by the disbeliefs of humanity; things that would

clarify and augment the changes that are occurring. The finite mind assumes that “If what I see in this moment is not what I want, then I will not get what I want and I must push to change things”. Patience reveals aspects of every situation that could not be seen until the timing was aligned. ***Timing is everything!***

Time will reveal that what is happening in the political war of the United States is just a reflection of the world affairs. No one country or continent is without conflict. This is a global war because the battles that are occurring are an out-picturing of the inner unrest in each person; this unrest requires much more attention than what is happening out there. Fighting to make other people stop fighting is an exercise in futility.

Look deeply within yourself and find, beyond the fear, hatred and doubt, the tremendous reservoir of peace, patience, personal power, that lifts you to higher consciousness and grand potential for a brilliant future for all of humankind. Forgive turning the planet into a graveyard in the name of freedom. Many are worried about how much money they will have when all of this is over. It will take more than the mind can conceive of to restore the Earth if the madness is not healed. Blind fury solves nothing. Mob mind is a collection of destruction which leaves a path of no return. The hearts of so many have hardened to the point that when people die or are wounded so deeply that the healing takes a long, long time, they just turn away. The devastation is becoming overwhelming, but it is **NEVER TOO LATE TO CHANGE, NEVER TOO LATE TO LIVE THE LIFE THAT YOUR SOUL CAME TO LIVE IN THESE TIMES OF REVELATION.** Find the highest and best within in you. ***You are a part of the new becoming!***

God will never turn away. It is for you to turn within to find the strength and courage to move forward, rather than trying to go back. We are not here to lead you into battle. We have your back so that you cannot fall. You are Loved beyond measure and each one of you is a gift to God. It is not your job to change the world. It is for you to joyfully recreate yourself and move into interdependence with grace. We are with you **ALWAYS!**

I remain your most humble servant. I AM the Lord St. Germain



**ADS**

In a world where there is often little laughter or when it is there it can be derisive, Cynthia leads us to joyful, heartfelt, soul-fulfilling laughter that touches places within us that set us free.

Relaxing ~ Centering ~ Smooth Energy  
Allowing Transformational Magik



[www.cynthiainfieldsoflaughter.com](http://www.cynthiainfieldsoflaughter.com)

**Jessica Robinson** is a massage therapist with training in Swedish, Deep Tissue, Reflexology, Aroma-therapy with doTERRA oils and Thai “Yoga” Massage. Jessica’s business is **Sacred Space Yoga and Massage** 307 349-4986, [www.mysoterra.com/sacredspace](http://www.mysoterra.com/sacredspace)



**Linda Thomas** is the **Woman of Crystals**. **Eternal Ice** is her treasure trove of crystals and jewelry. Linda has so many beautiful stones that when you see them you will want them all.

You can contact her at:

(307) 754-4396

[www.eternal-ice.com](http://www.eternal-ice.com)  
[eternalice@bresnan.net](mailto:eternalice@bresnan.net)



Here are pictures of my new Magik Shoes that Linda Lube painted for me. They are wonderful!!



Left to right: The Delicious Life, Walking in Light and Galactic Citizen



**Linda Lube** is an amazing artist who creates textile painting, as with our beautiful valance above which says, “Living Well is a Sacred Art”. She has wonderful paintings and she paints shoes. I have a very fun pair of shoes that she painted for my Hawaii trip.

Hand painted shoes, boots, purses, scarves and shawls

Fabric message scrolls (wall hangings) cotton or silk

Email Linda and she can email examples

You can reach her at [www.lindalube.com](http://www.lindalube.com), [lindalube@gmail.com](mailto:lindalube@gmail.com) or 828 777-8540.

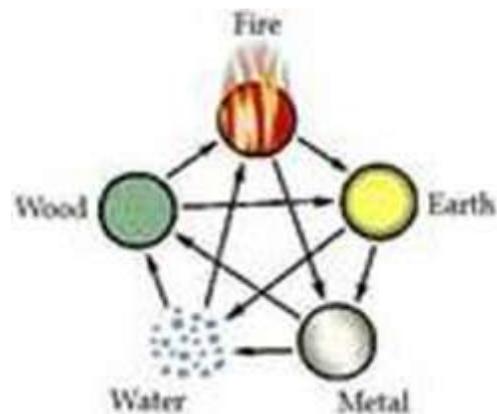
## HIGH VOLTAGE NATURE



**Karen Singer** photographs beautiful nature photos and creates digital transformations as Prints, Posters, T-Shirts, Calendars and Greeting Cards that assists and inspires to powerfully re-connect with our own nature and the beautiful Earth we are so blessed to live on.

Karen also creates custom, one of a kind wire wrapped jewelry that weaves and amplifies energies of Light and Love, your own personal Angels and Masters (if desired & with permission) into each piece or similarly with individual crystals.

Email: [highvoltage@nature@gmail.com](mailto:highvoltage@nature@gmail.com)



**Nancy Wadda** is an acupuncturist with over three years of training. She is trained in the FIVE SEASONS technique and has an amazing intuition in her work. She is located in the Rainbow Center, 177 N. 4th St. in Lander. You can reach her for appointments at 307 438-6203.

### **OF POETRY AND PROSE by Nanna Hansen**

This is a special and very personal website that shares the dreams and visions of Nanna L. Hansen from past, present and future. Nanna's Visions come from many timelines. The writing is often in old style and yet it addresses modern subject matter.

Her website: <http://www.ofpoetryandprose.ca>

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**Maia Rose** does sacral cranial work and massage, as well as other therapies. She is located in the Rainbow Center, 177 N. 4th St. in Lander. For appointments call 307 345-3262.

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**Annalaiya** is an iridologist and flower essence practitioner and natural healer, who has a background in chiropractic medicine. She can assist in physical, emotional and spiritual healing through the music table, color box, nutritional counseling and many other offerings. Wholistic Options, 214 Main in Lander is open by appointment.

Call 307 332-9882 for appointments and information.

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**Delphinia Bey** is returning to Lander. You can reach her for massage appointments at 307 349-2120.



**“The Pot Of Gold”** is a monthly publication created by Molly Rowland. Graphics by Dorian Zumwalt. If you would like to advertise in “The Pot of Gold” ads are \$10 per month for up to six lines and \$2 per line after that. Contact us: [mollyrowland22@gmail.com](mailto:mollyrowland22@gmail.com) or 307-335-8113.