



# The Pot of Gold

from the Rainbow Center for the Humanities  
Lander Wyoming

## December Newsletter

**MERRY CHRISTMAS and HAPPY HOLIDAYS to ALL!**

**OUR NEW YEAR'S EVE EVENT WILL BE ON December 31. It starts at 8 pm MST. St. Germain has named 2016 the YEAR OF EMBRACING THE NEW SELF. The CDs will be \$25. Call-in for the evening will be \$25. We would love to have you join us in person , by phone or energetically.**

November was, perhaps, the most intensive month I have had in many years. We were in California the last part of October for a Lazaris intensive, St. Germain did the Fall Intensive, November 14-15 and then Dorian decided to order another Lazaris Intensive on longevity and we had 30 days to do it. It was an evening and three days and had about twenty segments. So with the Teaching, Intensive, group and Q&A in November I was also working the time to do the Lazaris Intensive along with orders for CDs, Personal Growth sessions and Private sessions. December is not going to be too much lighter in schedule. I am sure that everyone is feeling the shifts as much as I am and some much more.

This is a powerful time on the planet and one for celebration of our changes even though they test us to the max. I saw a bumper sticker on a car in the Safeway parking lot that said, "I'll keep my freedom, guns and money. You keep the change." We really do not have a choice to change or not. The choice is how we will be with the changes that are occurring. It isn't how will we fight the changes or kill the enemy, but how can we be different within ourselves that will change the direction of where the Earth is going now. Where is the focus; love or hate, peace or war, leaving the past behind or dragging that old heavy sack of stuff with us?

As this holiday season approaches, it is my passionate desire that people all over the planet can find the healing to feel the love that is pouring in.

The CDs for St. Germain's fall intensive "Your Life is Your Mastery, NOW!" are available.

This intensive is timeless and timely, coming right after the bombings in Paris. The Goddess Isis joined us for this intensive. It is the first time that we have had a Goddess to bring her energy to an intensive. Another timely point is Isis represents the Ancient essence of our beginning and St. Germain's association with France brings the focus on healing the world one country at a time into a clearer space. You are a Master Healer and how you set your intentions and direct your prayers to the world now is vitally important. It is also equally as important that you recognize that where you put your attention today is what your tomorrow will bring. How we use our energies for the highest and best good of all, rather than only a few, will be a deciding factor on world future.

Goddess Isis sings beautiful and haunting songs to our soul and St. Germain lifts us up with his usual clarity and vision.

This nine CD or mp3 intensive covers many questions that are on our minds and hearts at this time. The set is \$100 plus \$5 shipping.

Beginning in January 2016 St. Germain will be teaching about the understanding and application of Spiritual Alchemy. Each Teaching will move us further into a deeper recognition of who we truly are and how to apply spiritual values to our "every day" lives.  
**LIVE THE MAGIK!!**

St. Germain is continuing the "Personal Growth" package in 2016. This has proven to be one of the most popular offerings that St. Germain has given.

People are excited about the changes in their lives and express joyful anticipation for the future. Changes on all levels are bringing a whole new lease on life as we evolve into New Humans.

Each month you can get the Teachings, Q & A and a one hour private session with St. Germain to develop your personal evolution in spirit. The cost will be \$120 per month with a six month commitment which is a great deal as a one hour private session is \$200 normally. Just imagine spending an hour of valuable time each month discussing anything about your growth that you wish with the Master. We have the good fortune of spending time with him regularly and it is such an up lifting experience.

[Click here for 2015 Personal Growth Package Details](#)

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### Rainbow Center News

Our group for December is “Sacred Alchemy—How to Integrate into Your Life”. Alchemy has been a subject of much intrigue over time. The EGO desperately needed to find out how to turn lead into gold in order to be rich. Only someone who desired to understand, but did not need money could discover the truth of the process. Throughout time there have been a few who found the chemical process for changing lead into gold, but they lacked the spiritual balance required, so that when they returned to the gold to count their riches they found only dust. Alchemy is not a science of the World, but a timeless wisdom that cannot be used for material gain from the understanding of the World. The group will be at 2 pm MST on Sunday December 20. You may call-in to join us.

CD's can be purchased on the website at [Click Here for 2015 Groups](#)

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Our Teaching with the Master for December is “Envisioning Your Future Self”. St. Germain has named 2016 the Year of Embracing the New Self. There are many potential futures that we can choose as we are experiencing the newness of Revelation. We have dreamed dreams of these times throughout the whole journey into Separation. It has been so long and often we have felt like giving up, but we are here now and it is time to experience the vision of who we are as New Humans. What is REAL within you and what is passing away because it has nothing to do with where

you are going NOW? This is an opportunity to define your glorious self—to bring the Golden Thread of the Ancient and connect it into the New Self that is emerging. WHO ARE YOU?

The Teaching is on the second Wednesday evening of each month at 7 pm MT. There is a call-in for the Teaching. If you would like to join us you may go to the website: [www.voiceofthegatekeepers.com](http://www.voiceofthegatekeepers.com) and pay for the evening or you may call Molly at 307 335-8113. You will be given an access code for the conference call.

To order CD's or DVD's [Click Here for 2015 Teachings with the Master](#)

The Q & A is on the fourth Wednesday evening at 7pm MST. You may call-in by going to our website or calling Molly to pay for the evening and get the access code for the conference.

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**ETERNAL ICE ENTERPRISES**  
Crystals, Certification Classes, Crystal Layouts

Eternal Ice Enterprises is having a  
**20th Anniversary Open House**

**Friday, Dec. 11**  
**Saturday, Dec. 12**  
**10am - 5pm**

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### ASTROLOGY

## NEW MOON-December 11

This New Moon in Sagittarius along with other factors brings us an expanded perspective on where our future is going. Sagittarius is the sign most focused on our purpose for being and the life that we live. When we feel our truth rather than basing truth on concepts we begin to live True to ourself. Each person looks at life through a series of filters based on childhood conditioning, gender, race, nationality, educational opportunities, religion, exposure to media and cultural programming and the influences of the stars through our own personal horoscope. We generally have the feeling that everyone in the world is like us until we are exposed to people and/or conditions outside of our customary frame of reference. Jupiter is the ruler of Sagittarius and squares this New Moon, requiring us to pay more attention to discerning fact from fantasy. Squares always bring a turning point and this one helps us to discover where we may be operating on inaccurate, biased or outdated information. We can get a much clearer picture now, of how judgment and criticism are a huge waste of time and energy. Where we are putting our attention today actually creates the future we will live tomorrow.

Chiron in Pisces also squares this New Moon and opposes Jupiter generating a mutable t-square which challenges us to re-evaluate our most basic beliefs. No matter what religion has shaped our beliefs the concept of original sin is deeply embedded in the psyche of the collective consciousness. The Illusion has presented us with the idea that we are fundamentally flawed and separate from the love of God, which makes us extremely susceptible to manipulation and control from authority. We are now being called to find the truth within ourselves and live as the valuable beings that we are. We are nearing the end of the Piscean Age which involves releasing the archetypes of sin and redemption, victim and savior, encoded in the Biblical story of the fall from the Garden of Eden. The Illusion has led us to believe that we can only have the fulfillment of Eden through death. We are now being shown in many different ways that Eden in all of its wonder exists within us. Rather than waiting to be saved by something or someone outside of us, it is for us to remember that the second coming is our own Revelation of who we truly are and always have been.

Venus trine Neptune (7 degrees Scorpio-Pisces) furthers potential for heart opening and expansion beyond the limits of love that we have known. This supports the remembrance that we are all one as

Neptune, the higher octave of Venus, focuses on unconditional love rather than love based on biases of Illusion. Masters are interdependent and we are all expressions of the Universe offering divine creativity and new vision to the world. Science fiction is prophetic; therefore we are coming to live the future that we have dreamed of for lifetimes. We have not begun to discover the wonders that are awaiting us. Just a matter of hours before this New Moon Mars makes an exact opposition to Uranus encouraging us to “think outside of the box” in even bigger ways. Imagine a world at peace with itself, rather than fighting to force other into our limits.

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## NEW MOON-December 25

Christmas is a time of sharing, of giving and receiving. This Full Moon puts a lot of emphasis on family vs. status in the world. The Moon in Cancer represents home, family and the values surrounding that life. The Sun in the sign of Capricorn represents how we succeed and what the world sees that is used to define us. We have had specific roles or standards by which we are measured and those old definitions are crumbling. Men are staying home and taking care of the children, while the woman goes out and pursues a career. The old order may still complain, but if the choices are pleasing to those who are choosing to live them, then it is not the world's place to decide. The role models of the patriarchy are disappearing to be replaced with a whole new definition of self.

This Full Moon carries an extra charge because it stations direct on the same day, pointing out that it is time to make real, rather than abstract changes in important places in our lives. Uranus in Aries dares us to be bold, think for ourselves and not be dependent on external approval. When new paradigms are moving into place the first reaction often is extreme; rather than self-assurance there is the arrogance of the EGO pushing the new ideas at others and demanding that they be accepted. When we insist on holding on to things that no longer support us—a job, a relationship or any situation that doesn't really fit our current life and affairs, an unexpected turn of events may force us to go in a new direction.

Another element of potency is the proximity to the winter solstice. Cancer and Capricorn are the two solstices of the year and they come at the pivotal points where the tilt of the Earth's axis shifts, allowing an increased influx of cosmic energies into the Earth's

electromagnetic field for several days before and after the exact time of the solstice. Esoteric astrology tells us that Cancer is the gateway into human experience when the soul enters into human experience and Capricorn is the gateway out, the ascension and return to the spiritual realms. As we cultivate our inner life, our soul illuminates and the essence radiates out to others. We ultimately discover that our true home is the soul center just below the heart.

As we reach a greater understanding of ourselves as soul centered beings the gateway of Capricorn opens so that we may have the blending of spirit in physical form. The Cancer-Capricorn polarity describes the profound reorientation that results when we realize that we are Masters experiencing humanity, rather than humans attempting to become Masters.

In the Northern Hemisphere, this is the "Return of Light". This lengthening of days is a metaphor for growing awareness, with Christ consciousness being the ultimate goal. Many cultures continue to celebrate the ancient festivals with gifts and candle lighting. Yule, the pagan term for solstice, means "wheel". The twelve days of Christmas can still be seen as a visioning time, with each day representing the progression of months in the coming year.

Celebrate this powerful time by considering the gift of free will. Where will you put your focus in this time of light? Will you darken the light with fear or pull away that curtain of darkness and allow your light to be a lamp unto the world.

May this be a blessed time when you begin to see through the distortions of separation to find the unity of Oneness for all in Love.

Molly is a professional astrologer and does personal charts, solar returns and couples or relationship charts. Contact her at 307 335-8113 or [mollyrowland22@gmail.com](mailto:mollyrowland22@gmail.com)

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## WORDS FROM NANNA

### Reality?

Through fragments from the whole, one may see pieces of Reality.  
A Reality much larger than we hold and are told.  
In the midst of the Universe, walls we have of illusion spelled and  
With vibration held. Freedom will be found and the walls unbound  
When consciousness is round. Time for awakening is here.  
Awake we will find, whether big or small, we are part of all.

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## QUOTES FOR THE MONTH from St. Germain

It is never too late to live the life you came to live!

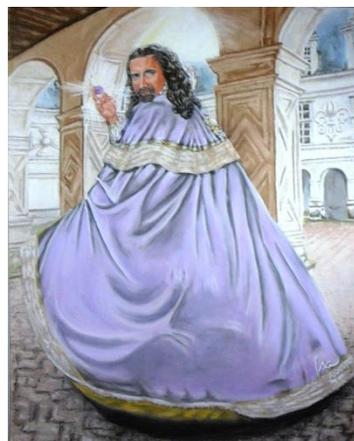
It is not only that I may have a good life, but that everyone can have the good life, also.

Change is inevitable! Growth, up to now, has been optional. As the paradigms are changing it is no longer to ask, "Will I grow" but in what direction?

What is it to a man, if he gains the whole world and loses his own soul? First Corinthians, chapter 13

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## ST. GERMAIN'S MESSAGE



Dearly Beloved Masters, the Earth has experienced a total reprogramming of the internal computer in each and every human being on the ball. You are now in a process of rebooting to begin operating on a new paradigm system. These changes are deep and they will allow you to begin remembering who you really are. Many of you may be asking "Who am I?" with more intensity than ever before. The changes that have been implemented are cosmic. This is NOT a conspiracy of some kind. This involves the totality of the collective consciousness so no one could opt out. This shift is because the Game of Separation is finished and it is time for all souls to begin to move forward much more consciously. The EGO still wants to run things as it has for as long as anyone can recall. The difference is that the frequency that supported separation is diminishing. There is a FEAR that all of

these strange feelings are bad things being caused by **them**, (whoever they are). I assure you that the changes that are occurring can potentially bring you to a place within yourselves that will show you how safe, how loved and how protected you are: not by military or police or guns in your homes, but by a strong, clear connection with higher consciousness. The FEAR is a nameless, faceless haunting emotion that is a remnant of the Illusion.

We truly appreciate that keeping your energy high is a challenge when you experience this FEAR. The reprogramming will begin to redirect your cellular focus and help you to feel, with new appreciation, the deepening clarity that comes from clearing the old programs of Illusion so that your DNA can reveal the new way of living. This new way is not a control game or marshal law of some kind. It is a realization of the truth of who you were created to be in the beginning before the choice to enter separation was made. You have been programed by the finite mind to doubt yourself and question your own choices. Some have become so addicted to a certain belief system that they are willing to kill others or die to defend those beliefs in the Illusion.

The New Programs are activating your understanding of what Masters are and how Divine Law operates for the highest good of all concerned. This truth exists within each and every person on the earth. It requires to be remembered. The children are being born with the memories, but often are punished by the fearful rulers and leaders who want to keep their power in tact through perpetuating conflict. Young men and women are programed to believe that death is noble and are sent to fight the wars of men who would not want their own children to die. Some of the youth are instructed that death is the key to heaven, so to die guarantees them a place in the higher dimensions. All of the old programming is beginning to fade into the past as new fires of spirit are being kindled within. Moving into higher dimensional frequencies is blocked by hatred, control and domination. Hating self or others becomes so consuming that it occupies the mind and the flow of new information cannot be translated into conscious form in the density of old operations. The systems of Illusion are as antiquated as a 1947 computer. Where there is a paradigm shift, the behavior becomes erratic. Things become extreme; extreme violence and extreme goodness.

There are terrible acts being perpetrated by humans against humans. This dehumanizing strategy simply causes more **fear** and increases

the desire to stop the “enemy” from striking again. One religion is turned against another, just as the predictions of Revelation have said. **THIS IS NOT A HOLY WAR, FOR BELOVED MASTERS, WAR IS NOT AND NEVER HAS BEEN HOLY!!**

Terrorism arises from the collective consciousness as a shadow and is fed by the media all over is world. How do you stop smoke or catch the wind, yet the suggestion is that if you have enough weapons somehow you will be able to force positive changes?

It is time for each and every human on the planet to consider the power of your own Prayer Field, your personal Realm of Influence. Where is the focus of your mind, your thoughts, your energy? Are you allowing anger and hatred to take over your life? Are you caught in the Cycle of Revenge? The more energy that you give to the ideas of conflict the weaker you feel because you are giving your power away to an illusion. The word terrorist suggests danger and triggers the fear of loss—losing your goods, your family, those that you love and care about or your own life. The challenge is that no one knows where the terrorists are, yet everyone probably knows someone who terrorizes family, friends, co-workers . They could be anywhere. So you begin to pull your energy in tighter and tighter, until you cannot think or breathe or live a full, free life because of some unknown group or individual. As you focus on **fear** you draw it into your life like a magnet. **Fear** stalks you, but when you turn to find it nothing is there but you.

The changes in consciousness that love is bringing into the planet are causing everything that is not about love to come to the surface so that it can be forgiven. It takes twenty-eight days to change a habit, break a pattern or shift your conscious awareness to a new perspective. Make a commitment to **yourself** that for twenty-eight days you will keep your focus on positive direction and grand potential. Refuse to allow yourself to dwell on the conflict of the world and stay aligned with thoughts, ideas and feelings that lift your spirit. Instead of listening to the news, listen to quiet music or information that reminds you to stay present with the good in your life. Make a vision board and put it where you can be reminded of the goals for happiness in your daily affairs. If someone wants to discuss things that bring your energy down turn the conversation to positive, uplifting topics. If they just do not want to be positive, bless them and move on. Telling them that you will not listen to what they are saying only provides fuel for another war. If the negativity is in your family

or with your friends find things to think about that make you happy and put your focus on what brings you joy rather than all of the woe of the world. The life that you are living is not the way it is because of others, but because of how you perceive others.

Changing your focus takes discipline and presence. It doesn't just happen and it is not about what others are doing to distract you. It is about *allowing* yourself to be distracted. **You cannot make others change!** You can only change yourself. When you make the effort to shift your way of seeing things others begin to be drawn to what you are creating. Remember, the world functions at the level of the greatest number of minds, whether it is the highest value or not. If you wish to change the world it starts with where you are holding the world—in love or limit. The strength of Love is amazingly strong. Each person who chooses to focus on good is like a beacon in the darkness. Focusing on Love is an aligned perspective, undivided by looking around to see if others are paying attention to what you are doing. Love is an unseen force, yet it is the strongest of all energies in the cosmos. Without it everything would disintegrate.

Twenty-eight days may seem like a long time, but it passes quickly. How do you desire your future to be? You are designing it right now. Are you complaining about everything and everyone? They cannot rise above where you hold them in your consciousness. Change your judgments of others and they begin to look, act and feel better very quickly and so do you.

The threat of war is an old, tired way of being. The EGO says, "We must get them before they get us". What if they do not want what you have got, but the life they desire? What you have will not serve others in a positive way if they take it away from you. That is Divine Law. "Thou shalt not steal" is a commandment. Stealing is taking anything that is not yours including the lives of others. War steals the lives of others whether they die or are displaced.

Even the planets are calling for new vision and different perspective. Make positive changes in your life because they lift you up and the shift can assist others to be lifted up, also.

You cannot change your life just because you say you want to. You have to follow the path of the idea and build on the energy. You have to change in order have different life. There are people all over the planet that want life to be what they say while they continue to live the way that they are. Change always begins within.

Focus on what is going on outside of you and try to change it there and all you get is another war. Dearly Beloved Masters, We hold the intensions that everyone will find within themselves the understanding that will help them to feel included, part of the Oneness, loved without condition. In that internal climate, war, control and the limits of the Illusion cannot function. In the energy of love the Oneness is nurtured and shared. In the greatest of Love We are with each and every one on earth. I remain you most humble servant, always. I AM the Lord St. Germain

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## ADS

**Jessica Robinson** is a massage therapist with training in Swedish, Deep Tissue, Reflexology, Aroma-therapy with doTERRA oils and Thai "Yoga" Massage. Jessica's business is **Sacred Space Yoga and Massage** 307 349-4986, [www.mysoterra.com/sacredspace](http://www.mysoterra.com/sacredspace)



**Linda Thomas** is the **Woman of Crystals. Eternal Ice** is her treasure trove of crystals and jewelry. Linda has so many beautiful stones that when you see them you will want them all.

You can contact her at:

(307) 754-4396

[www.eternal-ice.com](http://www.eternal-ice.com)

[eternalice@bresnan.net](mailto:eternalice@bresnan.net)



**Linda Lube** is an amazing artist who creates textile painting, as with our beautiful valance above which says, "Living Well is a Sacred Art". She has wonderful paintings and she paints shoes, purses and most anything that you would like to see renewed or improved.

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You can reach her at [www.lindalube.com](http://www.lindalube.com), [lindalube@gmail.com](mailto:lindalube@gmail.com) or 828 777-8540.

## HIGH VOLTAGE NATURE

**Karen Singer** photographs beautiful nature photos and creates digital transformations as Prints, Posters, T-Shirts, Calendars and Greeting Cards that assists and inspires to powerfully re-connect with our own nature and the beautiful Earth we are so blessed to live on.



Karen also creates custom, one of a kind wire wrapped jewelry that weaves and amplifies energies of Light and Love, your own personal Angels and Masters (if desired & with permission) into each piece or similarly with individual crystals.

Email: [highvoltage@nature@gmail.com](mailto:highvoltage@nature@gmail.com)

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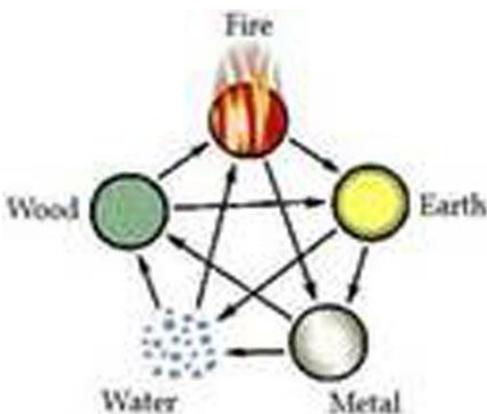
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### **OF POETRY AND PROSE by Nanna Hansen**

This is a special and very personal website that shares the dreams and visions of Nanna L. Hansen from past, present and future. Nanna's Visions come from many timelines. The writing is often in old style and yet it addresses modern subject matter.

Her website: <http://www.ofpoetryandprose.ca>

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**Nancy Wadda** is an acupuncturist with over three years of training. She is trained in the FIVE SEASONS technique and has an amazing intuition in her work. She is located in the Rainbow Center, 177 N. 4th St. in Lander. You can reach her for appointments at 307 438-6203.

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### **Kimberly Rae Hansen**

Digital Artistry

Kim does computer generated fractal art. We have one of Kim's pictures and it is most amazing. Do check out her website!

[www.kimberlyraehansen.com](http://www.kimberlyraehansen.com)

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**Maia Rose** does sacral cranial work and massage, as well as other therapies. She is located in the Rainbow Center, 177 N. 4th St. in Lander. For appointments call 307 345-3262.

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**Annalaiya** is an iridologist and flower essence practitioner and natural healer, who has a background in chiropractic medicine. She can assist in physical, emotional and spiritual healing through the music table, color box, nutritional counseling and many other offerings. Wholistic Options, 214 Main in Lander is open by appointment.

Call 307 332-9882 for appointments and information.

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**“The Pot Of Gold”** is a monthly publication created by Molly Rowland. Graphics by Dorian Zumwalt. If you would like to advertise in “The Pot of Gold” ads are \$10 per month for up to six lines and \$2 per line after that. Contact us: [mollyrowland22@gmail](mailto:mollyrowland22@gmail.com) or 307-335-8113.