



The Pot of Gold

from the Rainbow Center for the Humanities
Lander Wyoming

February Newsletter



Winter through a glass ball! This is a real snow scene.

Happy Valentine's Day to all! This is a year of Clarity. How do you Love yourself?

St. Germain is now offering a "Personal Growth" package. Each month you can get the Teachings, Q & A and a one hour private session with St. Germain to develop your personal evolution in spirit. The cost will be \$120 per month with a six month commitment which is a great deal as a one hour private session is \$200 normally. Just imagine spending an hour of valuable time each month discussing anything about your growth that you wish with the Master. We have the good fortune of spending time with him regularly and it is such an up lifting experience.

Rainbow Center News

Spring Intensive

Don't forget our intensive "The New World is a Master's Plan—You Are the Master". It will be May 16-17 here at our home. We invite you to join us in person. Call or email Molly for more information.

CDs and mp3s will be available.

Our group for February will be at 2 p.m. on February 15 at our home. The subject that the Goddesses Isis, Artemes and Kwan Yin will talk to us about is "The New Potential for Greater Love on Earth and in the Universe".

The very understanding of Love is changing at the core of humanity. We are being filled up from the Source. This is causing an expansion that is uncomfortable to those who wish to maintain the limit and lack of separation. Can you love yourself internally, energetically? Who will you be in Love? In gentle compassion and clarity the Goddesses share this new feeling with us.

CD's can be purchased on the website at www.voiceofthegatekeepers.com/2015groups.html

Our Teaching with the Master for February is: "Let's Talk About Energy (Power)". There is so much talk and even confusion over power on the planet, from the use of fossil fuel to ownership of one's own personal power. Let's talk about how power feels in the higher frequencies and how to live it in your daily affairs—in Love. Our call-in for the Teachings is the second Wednesday evening at 7 pm MST.

If you haven't had the experience of the Teachings that St. Germain is offering this year they really help us to understand what is going on. It just might be worth your while to check them out. The deep healing power of the Master is there to experience again and again as you listen to the awesome wisdom that he brings. CDs are \$15 for each set—Teachings or Q&A. It is \$25 to call in one time or \$40 for both sessions each month. Postage and handling are separate.

To order CD's or DVD's

ASTROLOGY



FULL MOON-February 3

This is the Year of Clarity. Each Full Moon shines a light on the dark, hidden places within us and into the world patterns and events. Leo is the sign associated with the heart and personal relationships, while Aquarius is about humanity and our bigger relationships—community to global. Relationships keep being highlighted as we are being lead to realize that even though there are over seven billion people on the Earth we are all connected. Everything that we see, from the most touching compassion to the most dramatic cruelty, is a part of us. We create by what we focus on, therefore each person designs his or her own perspective of what the world is about and creates relationships based on these beliefs.

Leo is a sign associated with the Sun (RA) and our ability to create our own world. Aquarius is associated with the synergistic aspects of the whole (the sum total is greater than any one of its parts). As creators we are extremely important parts of the whole. Each one of us is a singular spark of the Divine, an expression of the Source. Aquarius represents the expression of our identity beyond gender, race, creed or nation. We are constantly being, reminded in these changing times, that together we can co-create a new world. There are dynamic changes occurring in the collective consciousness from synergistic effects that multiply our personal efforts. The more we accept and integrate our shadow the more we reclaim power that has been hidden in the darkness. Each Full Moon reveals more good that has been hidden away in the fear of even looking at what we have judged as bad. As we find our power that has been hidden we have much more to share with others. If we hold to the belief that others only want to take something from us, we shun half of

our good. We deny much of our power and continue to operate as though there is not enough of anything. Uranus, the modern ruler of Aquarius, continues its ongoing square with Pluto in Capricorn, and trines the Moon and Jupiter in Leo, further energizing Aquarius call for freedom, *equality* and progress. Mercury, the lower octave of Uranus, has been retrograde in Aquarius since January 21, helping us to see more clearly what is not working and what has been blocking us from making real changes. On February 11, Mercury turns direct at 1 degree of Aquarius, signaling a time for taking action on what we have learned since Mercury entered Aquarius on January 4.

We are living in revolutionary times, literally, and we are required to make radical changes. We can no longer pretend that we are changing and continue along the same old ways. We are being pushed to make dimensional changes in consciousness that move us from the dualistic “us versus them” to a unified, heart-centered compassion that acknowledges that everyone is being affected by everything that is happening. Neptune, Venus, Chiron and Mars are all in Pisces now, stimulating empathy and a deeper recognition of our interdependence. We are being directed to acknowledge the Eastern concept known as *Ahimsa*, the principle of nonviolence toward all life. We can bring about democracy and human rights in nonviolent ways. Patience has not been a human virtue, but the changes that are happening, in many ways are occurring so quickly that we must be patient with the potential outcomes, rather than quickly deciding “that didn’t work”. We are in a massive gestation period as the New Age is being born all around us. We simply cannot rush the outcome with more technology. Nature, human and otherwise, takes time. The technology of human evolution is powerful and amazing and we do not know all of the answers and never will, so faith must be our guide.

The old order said that “death is the greatest healer”. That is being disproved as we allow Love to demonstrate that it is the basic principle of all creation. **Death is a part of the Illusion that is passing. LOVE IS NEVER ENDING.**

NEW MOON-February 18

This New Moon in Aquarius is the fifth in a series of six New Moons that either happen in the very first or the very last degree of a sign. This suggests that we are

in an extended period of new initiations that are opening neuro-pathways and new possibilities again and again. This is also the second of six SuperMoons this year where the Moon is both at perigee (its closest point to the Earth) and syzygy (in alignment with the Sun and Earth). Since a SuperMoon exerts greater gravitational and electromagnetic pulls, its effects on the tides, tectonic plates and physical/emotional bodies is much greater.

The New Moon in January occurred at 0.08 degrees Aquarius, and formed just three hours after the Sun entered Aquarius. This New Moon occurs at 29.59 degrees of Aquarius and just two minutes later the Sun and Moon are both in Pisces. This immediately transition from Aquarius to Pisces expands our identity from being members of the human race to experiencing our kinship with *all* of creation: plants and animals, wind and water, Earth and all of the Universe. Pisces symbolizes the ineffable, that which calls us to surrender our mind and drop into our Soul connection with the Divine.

This New Moon forms at a mid-point of the ongoing square between Uranus and Pluto. Mid-points are extremely potent, because they combine the energies of the planets involved into a release and resolution point. The fact that this New Moon closely semi-squares both Uranus and Pluto suggests that the resolution of their upcoming seventh and final square lies in our making the shift from talking about truth to fully living it, in interconnectedness and interdependence.

This New Moon marks the Chinese New Year, which falls on the second New Moon after the winter solstice. This is a time of festivals to honor the ancestors and deities. In Chinese astrology, in addition to the twelve signs of the zodiac, there are five elements (wood, fire, earth, metal, water). Each element has a yin and yang polarity that, when combined with the signs, comprises a 60-year cycle. The year 2015 is the Chinese year of the Yin Wood Sheep (also called the Goat or Ram). Traditionally, the Year of the Sheep is a more peaceful and creative period, when people are drawn to slow down and simplify, to express their artistic nature and follow their heart's desires. The Wood element emphasizes qualities of thoughtfulness and caring, morality and tolerance. This certainly goes along with the increased energy of the divine feminine emerging and our necessity to relate to each other in more compassionate ways.

We were created in Love. Fear is an element of the Illusion that is passing. As we are required to make monumental shifts from the ways of fear and separation to At-One-ment we must learn to fill ourselves up with the energy of Love and allow it to flow out to all. This in turn creates a magnetic attraction to the Love energy of others and they naturally return it causing the circle of Love that creates the spiral of divine ascension.

Molly is a professional astrologer and does personal charts, solar returns and couples or relationship charts. Contact her at 307 335-8113 or mollyrowland22@gmail.com

THE CRYSTAL CORNER

Crystals in Myth and History

Hello friends, old and new. I don't know where January went but here we are in February and I expect it will pass just as quickly. Hold on to your hat!!!

I was thinking about this column and the stones I've talked about over the years. That brought me to the point of wondering about the origins, myths and history of them and how they were used over the centuries. Some things I knew but there are always more to learn.

Today I will touch on a few stones that are volcanic in origin.



The first, Obsidian, cannot be called a stone as it is volcanic glass. It is formed from rapidly cooling lava and is only found in volcanic areas. Obsidian has been used for arrowheads and knives since the Stone Age. In Central America, where there is a plentiful supply of Obsidian, the Aztecs fashioned clubs, axes and swords from the 'stone'. In Europe during the Middle Ages, Obsidian was a popular material used for spheres and magical mirrors for scrying (the art of seeing into the future or into other worlds.)

As a material that is thrown with dramatic force from the depths of the earth and carries that energy, many believe it brings hidden emotions to the surface. This makes it extremely useful in releasing long-held stresses and buried traumas. Like a volcanic eruption, this process may be a turbulent, unpleasant experience while it is going on, bringing old wounds, fears and anxieties to the surface before they are released. Transformation always brings change and change can sometimes be difficult to accept. Nevertheless, change is necessary if we are to grow. Obsidian will aid in releasing outdated, unwanted remnants of our lives so that we can move forward unencumbered by the past.



Peridot is another crystal from deep within the earth. The first recorded use of Peridot as a gem was in 1500 BCE. It was mined on the Egyptian island of Zeberget. The green gems that Cleopatra wore when she met Julius Caesar were said, at that time, to be Emeralds that were mined in Egypt. Historians now believe those sparkling crystals were Peridot as no Emerald mines have ever been recorded in Egypt.

There is a place in southeastern Arizona on the San Carlos Apache Indian Reservation called Peridot Mesa where the precious green gems can be found in quantity. When the reservation was formed no one but the Indians knew about the stones. Over the years, the tribe has worked to see that only members of the tribe can collect there. Now, owners of a few

claims will allow outsiders in for a fee. I'll bet it would be worth it to hunt these little jewels! As this crystal promotes unconditional love and assists one to understand who he truly is, most would benefit from its use.



Celestite is a soft crystal with a wondrous sky-blue translucence and powerful energies. It usually forms as the result of volcanic activity. In India, it traditionally was used in religious functions. Priests in Bengal would throw Celestite powder onto fires to produce a vivid crimson flame. This igniting property is now used to make flares, fireworks and tracer bullets. It is also used in some types of food processing as well as in the making of glass and ceramics.

Celestite has amazing relaxing and uplifting abilities. It can help to relieve feelings of sadness, heaviness or depression. It can bring about a calm, joyous state where the subtle realms and finer levels of reality seem to be more easily accessible. All of these qualities make Celestite a valuable stone for meditation and intuitive frames of mind. It is a very beautiful crystal!

Have an amazing February and create some joyful times for yourself! To contact me call any time.

Eternal Ice
Linda Thomas
(307) 754-4396

EVERYONE IS A CHANNEL

Your channel is pure energy connected to the essence of inner knowing. It is often called “the higher self” and when we are using the energy increases of these times to the best advantage our channel is open and receptive to Synchronicity. As you begin the journey of higher awareness synchronicity is the first step to realizing that you are connected to Spirit. The energy feels electric and the sense of joyful anticipation is powerful. Synchronicity draws people and events into your realm of consciousness that have always been available but until there is a willingness to acknowledge that these connections exist they are simply positive force that is awaiting its moment to bring a gift.

Channeling is first and foremost, information to direct your own life in the most positive ways possible. The EGO has come up with the idea that if the energy is Spiritual it is not for you to use, but must be given away. Synchronicity is a loving sharing of ideas and up liftment that encourages greater interdependence with others which increases the opportunities for new understanding and support. Channeling really isn’t just getting ideas and information for others, but receiving, in the most direct and loving way, the direction for your own evolution.

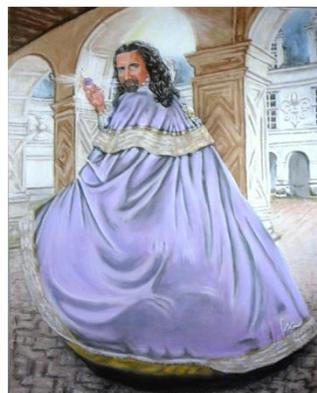
Trust is a major component in receiving information clearly for anyone. Often the things that come through are interpreted through the filter of EGO and therefore are either judged as negative or dismissed completely. As you learn to look for the gift in everything that happens it changes how life looks altogether. Nothing is exactly as it appears and it is better to give something odd or strange time to reveal itself rather than push it away in fear. A clear channel is open to allow all thoughts and ideas and then to take the best of each one and let the rest go. Fear can be a messenger of potential new power that you have not owned before. The EGO wants humanity to keep being a slave to the old ideas. Spirit is moving everything forward into higher consciousness. Restriction does not provide clarity. Staying relaxed is imperative to good channeling. Tension not only makes the body hurt, but blocks the full scope of the ideas that come through.

When you channel you can feel the connection to Spirit in your solar plexus. When EGO is attempting to falsify itself as higher energy you can get a headache from the force of lower vibrations. If you feel drained after channeling it could well be that neediness was involved in the situation. Either the

person you were channeling for was needy or you needed to be right and get the “right” information. We cannot know what is right for someone else. However, we can be honest enough to recognize when we are trying too hard or ignoring part of the story to make the telling better. Honesty in these times is absolutely necessary. Therefore, making things up isn’t appropriate to clear channel. Knowing yourself is basic to interpreting the information that comes through channel. The more you allow life’s experiences, the broader the scope of what you can share with others, as well as what you will recognize for yourself. Remember that whatever you find yourself telling others—the message is also for you.

You are all channels! It is an important gift from Source. Use it wisely and well and you will be amazed at the new vision that opens up.

ST. GERMAIN’S MESSAGE



Dearly Beloved Masters, every day the Fear is growing on the planet. The media is focusing on everything that could be interpreted as a “threat” to stir concern at the deepest levels. EGO is working overtime to keep control of humanity. This is a gift in disguise. **Don’t miss the possibility to reclaim your power that is hidden in the Illusion of Fear and Anger.**

Everything is energy and remembering that can help you to hold the clear intension to accept your power. This part of your power has been kept away because you have been taught to fight anything and everything that you don’t understand intellectually or recognize as something familiar. It is time to truly realize that you are Creative Masters of the most powerful levels. **EVERYTHING THAT YOU FOCUS ON, DWELL UPON YOU CAN MANIFEST IN YOUR LIFE—POSITIVE OR NEGATIVE.** Power is

neutral!--it doesn't make decisions about whether a thought or idea is good or inappropriate. You make choices about what you will share with the world with every thought or idea that you energize with emotions or feelings. You share your energy with the world in prayer. Prayer has, by its very nature been considered a positive energy. However, it is being discovered that prayer that is made in the faith that the answer will be given is more powerful than prayer that asks for something as though God might not grant the outcome. The "Lord's Prayer" doesn't beg for bread, but asserts "Give us this day our daily bread" in the trust that God already cares for us. Rather than, "Please, make this person well", the gratitude of "Thank you God for healing this person". To hold joyful anticipation rather than the limited expectation that things can only have one good outcome brings an opening to synchronistic possibilities that allow a brighter, more optimistic result than the mind might even dare to consider. The Fear of a "bad outcome" can limit the acceptance of positive outcomes. It takes constant focus on the "highest good of all concerned" rather than an attempt to decide what is best for others. No one truly knows what is best for another person because their Soul path and intentions are between them and God.

Making a connection to life in a powerful, positive way begins to open the gates of unlimited potential even in situations where it might seem as though nothing positive is possible. Always look for beauty even in the darkest of places. One star can lead you out of the depths of fear. Make a habit of looking for beauty and you will find it more and more. The EGO always looks for proof—"Prove to me that there is beauty everywhere". The truth is you cannot prove beauty to someone who is invested in finding only worst possible outcomes. In fact, if that person began to find beauty they would believe that they had made a mistake. People all over the planet are dying rather than change, even though the changes of these times can make things better for everyone.

When you take the time each and every morning to fill yourself up with beauty, to breathe in the energy and recognize how your energy levels soar in the presence of beauty you will find, not only do you look forward to each day, but you begin to have experiences that validate the truth that beauty is a gateway to Love and Love changes everything.

EGO loves drama and it will build a whole mountain of suffering from one experience by adding things from the past and terrible future potentials. It is up to each one of you to care enough about your own life to forgive building mountains of woe when you could

focus on how beautiful mountains really are. The pure essence of a mountain is totally up lifting, rarifying your energy and lifting your Soul to greater heights. You can allow a brilliant mind to dwell of worst possible scenarios and it will orchestrate great Fear. You can hold an intension for the same mind to focus on being shown the most powerful, peaceful outcomes and it can open you to the realms of Heaven right where you are. It is a Master's choice no matter which way you chose. Collapsing into Fear is a very common addiction on the ball. It doesn't matter what race, creed, culture or religion, Fear is prevalent. It takes great courage to Master your habits and rise above them. However, it is well worth it to gain the amazing new insights that occur when you make the effort for yourself. When you are willing to raise yourself out of the third and fourth dimensional constructs you begin to be able to send positive energy out to the whole world up lifting others everywhere. The energy of Love and the power of Prayer are cosmic in origin. They belong to everyone. If you would deny anyone the energy, in that very thought you deny yourself also. Judgment hurts the person who judges before it ever harms the one who is being judged, because judgment closes doors to opportunities that Spirit would bring to all, if the way were made open.

You can sit and empower the Fear and be so overwhelmed with depression that you soon cannot generate enough energy to move. Dis-ease follows the low vibrational effect and you feel worse until, perhaps a major sickness moves in. You are the architect who is designing your life right this moment. More than ever before the "mysteries" are beginning to be revealed. Those who only believe in the mental realms would lust after the knowledge in order to gain greater control. We will keep repeating that as the Earth accelerates into higher dimensional frequencies the negative energies that operate freely in lower vibrations begin to fall apart. Your own focus on the wonder of what you desire raises your levels of energy and new doors of accomplishment open for you. You can see what has always existed just beyond the veil of doubt and limitation. The EGO will say, "I wish all of that were true, but....." We say, "Prove it to yourself" rather than engage in disbelief. You will not obtain what you desire by trying. Trying is a "no thing". Fighting for scraps of energy and information simply increase the idea of *not enough*. This is a dynamic Universe that is filled to overflowing with abundance. The more that you are willing for all to be prospered, the more you prosper—it is a Divine Law.

Ascension requires that you focus consistently on the highest possible good and keep your energy high. The

more that you allow the synchronicities to come into your life and affairs the more magikal your life becomes, the more attractive you are to joyful outcomes and the more the mysterious workings of life are revealed to you. The magik has been there all of the time, but you cannot access it in low frequencies. Doubt and Fear prevent the connectors from opening. This is Divine Law. If you are not ready to enter the higher realms because of low vibrations this protects everyone including you from an energetic fiasco. People want to access Heaven without making the necessary changes in vibration. Sometimes they actually manage to break through briefly and it “blows their mind” literally. Some people use drugs to break the barrier and find that instead of Heaven they have accessed something that they might call Hell. The more that the dimensional frequencies change the quicker the outcomes to any desire can happen. It is a great wisdom to clearly consider what you desire before “trying” to get it. The mind wants immediate outcomes, but if you do not truly understand the impact of a desire it can cause you to fall into new levels of Fear and disbelief about your worth and value.

Example: People want more money. The EGO says, “I want enough money to pay the bills”. Sounds good—except that the limitations of that request are overwhelming. There is so much more in life than just bills, but the focus of the request is on paying bills. So there is not a consideration of fun or freedom, just bills. You probably will get the money to pay the bills, but then there is the quandary of whether to use the money for bills or for something that just came up or to have a night out—or, or, or.....

Suggestion: “I desire to have all of my obligations, all of my necessities and ALL OF MY JOYS met now in this moment. Thank you, God that it is so.” This is a statement, a prayer of FAITH. This does not mean that you will suddenly be flooded with money, necessarily. It does mean that you have the attention of the Universe and when something arises the currency will be available. Learning to live in trust is an inside job. The EGO wants proof that this can work. You can only prove it to yourself by allowing life to demonstrate, energetically, just how well it does work. If it worked once it will always work, but each time you bring forth a new demonstration you become different so you are required to adjust your expectations with each positive outcome. Each new “proof” will lift your energy, raise your frequency and extend your power to achieve more and greater things. You must always remember that this only happens as you are willing for everyone else to have the same good fortune that you

do. If you allow greed or lust for power to take over, the energy that you are building can collapse. It is up to you to keep your intensions on greater good for all and focus on seeing the best in all situations, even if you have to really look to find it. This is Mastery, pure and simple. If you let your energy drop, in Love breathe in beauty and raise the energy until you feel the beauty within and without. You will notice the difference quickly if you are willing to accept the changes.

You are faced, moment by moment, in these chaotic times with whether you will choose Fear or FAITH. It is up to you in each situation. As you open to FAITH help is always available. If you choose Fear the help is still available, but you probably won’t recognize it because your focus is on the negative outcomes. Every choice is a Master’s choice. We are there to assist, but we cannot “do it for you”. We are there in Love, if you can accept that you deserve Love. You are the Master and your life is your creation. Give up on yourself and the energy drops so that we cannot pull you up. Joyful anticipation is a necessity! Feel it. It exists within you. Look to the world outside and you lose the inner focus that changes your *everything*.

We have walked the journey you are now following. We can help if you allow. Our constant intension is that you **will** allow. In the greatest of Love We are with you. I remain your most humble Servant. I AM the Lord St. Germain and I bid you, Adieu!

ADS

Jessica Robinson is a massage therapist with training in Swedish, Deep Tissue, Reflexology, Aroma-therapy with doTERRA oils and Thai “Yoga” Massage. Jessica’s business is **Sacred Space Yoga and Massage** 307 349-4986, www.mydoterra.com/sacredspace



Linda Thomas is the **Woman of Crystals**. **Eternal Ice** is her treasure trove of crystals and jewelry. Linda has so many beautiful stones that when you see them you will want them all.

You can contact her at:

(307) 754-4396
www.eternal-ice.com
eternalice@bresnan.net



Linda Lube is an amazing artist who creates textile painting, as with our beautiful valance above which

says, "Living Well is a Sacred Art". She has wonderful paintings and she paints shoes. I have a very fun pair of shoes that she painted for my Hawaii trip.

Hand painted shoes, boots, purses, scarves and shawls

Fabric message scrolls (wall hangings) cotton or silk

Email Linda and she can email examples

You can reach her at www.lindalube.com,
lindalube@gmail.com or 828 777-8540.

HIGH VOLTAGE NATURE

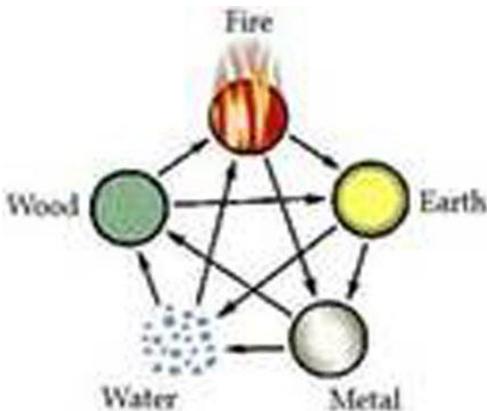


Karen Singer photographs beautiful nature photos and creates digital transformations as Prints, Posters, T-Shirts, Calendars and Greeting Cards that assists and inspires to powerfully re-connect with our own nature and the beautiful Earth we are so blessed to live on.



Karen also creates custom, one of a kind wire wrapped jewelry that weaves and amplifies energies of Light and Love, your own personal Angels and Masters (if desired & with permission) into each piece or similarly with individual crystals.

Email: highvoltagenature@gmail.com



Nancy Wadda is an acupuncturist with over three years of training. She is trained in the FIVE SEASONS technique and has an amazing intuition in her work. She is located in the Rainbow Center, 177 N. 4th St. in Lander. You can reach her for appointments at 307 438-6203.

OF POETRY AND PROSE by Nanna Hansen

This is a special and very personal website that shares the dreams and visions of Nanna L. Hansen from past, present and future. Nanna's Visions come from

many timelines. The writing is often in old style and yet it addresses modern subject matter. Her website: <http://www.ofpoetryandprose.ca>

Kimberly Rae Hansen

Digital Artistry

Kim does computer generated fractal art. We have one of Kim's pictures and it is most amazing. Do check out her website!

www.kimberlyraehansen.com

Maia Rose does sacral cranial work and massage, as well as other therapies. She is located in the Rainbow Center, 177 N. 4th St. in Lander. For appointments call 307 345-3262.

Annalaiya is an iridologist and flower essence practitioner and natural healer, who has a background in chiropractic medicine. She can assist in physical, emotional and spiritual healing through the music table, color box, nutritional counseling and many other offerings. Wholistic Options, 214 Main in Lander is open by appointment.

Call 307 332-9882 for appointments and information.

owns Sound-Works, healing with voice and tuning forks. www.sound-works.biz www.ddswebdesign.com or call Delores DeVore 678 634-1249



"The Pot Of Gold" is a monthly publication created by Molly Rowland. Graphics by Dorian

Zumwalt. If you would like to advertise in “The Pot of Gold” ads are \$10 per month for up to six lines and \$2 per line after that. Contact us: mollyrowland22@gmail or 307-335-8113.