



January Newsletter

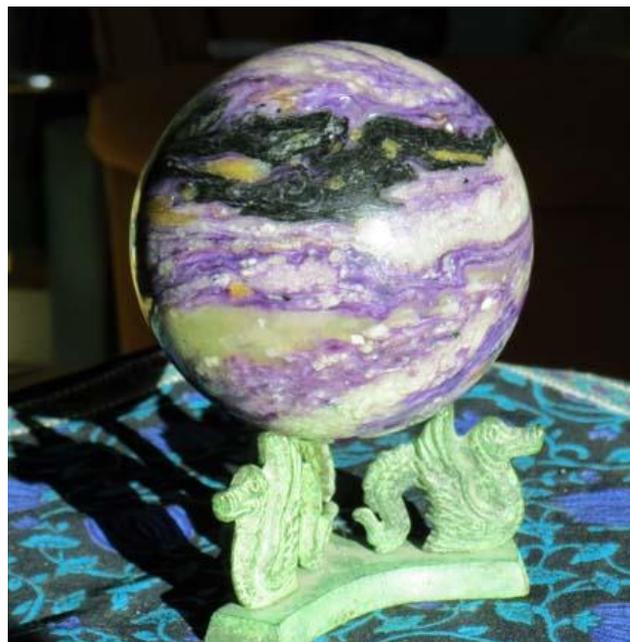


Red Butte taken from the cemetery about ten miles away from our house.

What exciting times we live in. Every day I hear about people all over the world who are quietly, without fanfare going about creating good on the planet. The media inundates us with negativity, but there really is far more good happening all of the time, than negative. There are so many places in the world to put our positive energies into action. Unfortunately, the EGO mind feeds on drama and so the terrible sells. We are being constantly reminded with each event in the world that if we focus on what is wrong we magnetize it into our lives and it works exactly the same when the focus is on positives, only better. When we allow fear, anger and hate to control us we empower those who are also frightened and hate-filled to act out their emotions with more strength, because when we want to fight them we simply engage our energy in their battle. Inadvertently, we are supporting the very things that we swear we do not want. It takes presence of mind to keep our thoughts and emotions directed positively, but it is truly a gift to ourselves as well as others when we do.



Here is the amethyst cluster that we got in San Francisco at the Lazaris event. It acnighted our other amethysts right away.



This is the charoite ball that Dorian says reminds her of the Universe.



This is Jule Joba, which means “top of the mountain”, according to St. Germain. It is a magnificent citrine point. Notice the portal to the future (sworl) in the upper left part of the crystal. It dances with rainbows. It has a cocoon and a caldron, aspects of our spiritual development, near the base. Lazaris calls it an Ancient One’s Ancient One.

Beginning in January 2016 St. Germain will be teaching about the understanding and application of Spiritual Alchemy. Each Teaching will move us further into a deeper recognition of who we truly are and how to apply spiritual values to our “every day” lives. LIVE THE MAGIK!!

New people are beginning to sign up for the 2016 Personal Growth. Don’t miss giving this special gift to yourself. As the energy on the planet is accelerating things are becoming more challenging. The logical approach to life is failing. Nothing is as it appears to be. Yet just beyond the tips of your fingers there is a whole new world just waiting for you to open the inner eyes and move aside the veil of Illusion. St. Germain is waiting to be of assistance, to clarify the confusion and help you to connect with your own inner truth; a truth that is not opinion or based on conflict, but a deep, solid sense of who you are within. This recognition of self is what changes the world. It is the magik and wonder of what you have been looking for.

“Personal Growth” has proven to be one of the most popular offerings that St. Germain has given. People are excited about the changes in their lives and express joyful anticipation for the future. Changes on all levels are bringing a whole new lease on life as we evolve into New Humans.

Each month you can get the Teachings, Q & A and a one hour private session with St. Germain to develop your personal evolution in spirit. The cost will be \$120 per month with a six month commitment which is a great deal as a one hour private session is \$200 normally. Just imagine spending an hour of valuable time each month discussing anything about your growth that you wish with the Master. We have the good fortune of spending time with him regularly and it is such an up lifting experience.

[Click here for 2016 Personal Growth Package Details](#)

Rainbow Center News

Spring Intensive

Our 2016 May Intensive will be “Realms of Remembering; Dreaming Yourself New”. This is the Year of Embracing your New Self. A year filled with the discovery of how personal alchemy changes your life. The realms of remembering have opened and the Earth is in the revolution of evolution. How you use your energy and where you focus your power is very personal. It influences the life you live right now and the future that you will experience as you move forward. You have the power to change the World, but it is not in what you do out there or how hard you try to make others change. As you are willing to remember who you really are you experience a sense of strength, confidence and compassion that has been hidden away within you. The Game of Illusion was anchored in pain and fear. The New Becoming is all about overcoming the limits of what has been.

The Intensive will be May 14-15 here in Lander. We invite you come and join us. The energy is uplifting and so is the beauty of this wonderful place where we live. Come and dream a new future, based on the remembering of all that you truly are. Call Molly at 307 335-8113 or email: mollyrowland22@gmail.com for more information about travel and/or accommodations.

CDs and mp3s will be available.

[Click here for the May Intensive](#)

Our group for January is “Once Upon a Time There was You”. This is not a myth or a fairy tale. This is reality. In the Illusion you began to believe that perhaps you did not exist. It felt as though pieces of you have been missing for a long time. It is time to explore and find the aspects of you that will make you whole and remember you to your true self.

The group will be at 2 pm on January 17 at our home. We invite you to join us. Call-ins are welcome. Let us know by 10 am MST on Sunday.

CD's can be purchased on the website at [Click Here for 2016 Groups](#)

Our Teaching with the Master for January is “Sacred Alchemy: Using Your Power in Love”. In 2016, St. Germain is going to talk about sacred alchemy and how it can change our lives. For January, we get the reminder that we are alchemists through how we use the creative essence of Love in our lives. It is more important than ever that we understand, where ever our thoughts and emotions are being directed has a huge effect on others, but an even bigger effect on us.

The Teaching and our call-in for the Teachings is the second Wednesday evening at 7 pm MST.

If you haven't had the experience of the Teachings that St. Germain is offering this year they really help us to understand what is going on. It just might be worth your while to check them out. The deep healing power of the Master is there to experience again and again as you listen to the awesome wisdom that he brings. CDs are \$15 for each set—Teachings or Q&A. It is \$25 to call in one time or \$40 for both sessions each month. Postage and handling are separate.

To order CD's or DVD's
[Click Here for 2015 Teachings with the Master](#)

ASTROLOGY

NEW MOON-Capricorn, January 9-10

At this New Moon in Capricorn, our attention is being directed to check the path that we have been following. We can attempt to follow the direction of another, but ultimately we are called to listen to our

own inner directive. As we find our own way we suddenly experience a rush of new energy and a deep feeling of inner alignment.

Capricorn represents the quest for mastery of the physical plane in awareness and respect for the laws of matter. We are finding that in the Illusion we have allowed our focus to wander and slowly avarice and greed, domination and control have slipped in, replacing the enlightenment of power and falling into the shadow land of the EGO driven self. The mountain goat that Capricorn represents will climb to the tiniest point on the top of the mountain to make sure that it sees things in the clearest way. Capricorn gives the strength and perseverance to climb to the heights of our own spiritual awareness and see where our life is going, rather than dwelling in the valley of shadows and thinking that that is all there is. In Egypt and Babylonia, Capricorn was seen as a sea-goat, a hybrid creature with mythological links to the sea-goddess, Tiamat. In China Capricorn was also depicted be a dolphin, an aquatic mammal that evolved from terrestrial origins. Alice Bailey stated that Capricorn has three stages and images: The crocodile, representing a more instinctual phase of development; the mountain goat, a more evolved state and the unicorn, whose single horn represents the unified vision of the third eye.

On January 8, Saturn exactly cojoins Venus at 12 degrees Sagittarius, directing our focus to greater clarity around our values, commitments ad priorities. Venus brings us our sense of personal value, feelings of love and appreciation of beauty. Saturn sets our boundaries in the physical world and supports us in the expansion beyond the limits we have put on our selves. When Venus cojoins Saturn we are advised to make wise choices now, rather than live in regret later. Five regrets most often expressed on the death bed are (1) I wish I had been truer to myself (2) I wish I had expressed my feelings and lived my life real (3)I wish I had not worked so hard (4) I wish that I had stayed in touch with friends and loved ones (5) I wish that I had allowed more joy in my life.

Two planets station retrograde, just before this New Moon, intensifying their archetypal essence. On January 5 Mercury makes its first retrograde of the 2016, at 1 degree 02minutes Aquarius. It remains retrograde until January 25, going direct at 20 degrees 16minutes Capricorn. Because of this retrograde Mercury doubles its time in Capricorn, providing extra time to consider the things in our life that no longer serve us so that we may find a new alignment with our highest good. Jupiter makes its

yearly retrograde on January 7 at 23degrees14minutes of Virgo, appearing to move backward until May 9, when it stations direct at 13degrees 15minutes Virgo. Any time a planet turns retrograde it provides opportunities to complete unfinished business and potentially release old ideas, judgments or beliefs that are preventing our forward motion in life. Jupiter retrograde in Virgo nudges us to spend time with our “inner critic” and come to terms with old laws we have lived by in order to have an ally rather than an enemy when it comes to removing dead wood from the life and attending to unresolved health issues resulting from holding on to things that just take up space. When the Sun squares Pluto on January 5 and Uranus on January 7 we can receive new insights that stimulate us to take steps that we have been resisting. Pluto and Uranus are separating, but they remain within 1 degree 18 minutes from exact square at this New Moon, so any heavenly body that crosses the mid degrees of cardinal signs re-stimulates their innovative, transformative energy.

FULL MOON-Leo, January 23-24

This Full Moon in Leo draws our emotions to the personal ideas and feeling that we are experiencing while the Sun in Aquarius opens us to a greater awareness of universal At-One-ment and unity. Our potential for new levels of creativity is exploding into things that go beyond the physical realms and embrace the frequencies of higher consciousness and interdependence.

We are living in a unique time in all of time. We, as a race of people, are bringing in a new age of evolution. This is a time of remembering who we truly are—the Awakening, Revolutionary Evolution, the end of an experiment called Separation and the beginning of a new set of opportunities for living beyond the limits that we have come to believe are all that there is. This Full Moon reminds us of the magnitude of our personal realm of influence and how, as we remember who we are, we share that power with everyone. No longer a time where power belongs to a few, but a huge transformation, that reminds us of our capability to change the world from the inside of us outward to others.

We hear all of the time, every day of good works being done. In this time of shift we also hear of those who are still attempting to live in the energy of the old ways and abuse this transformational change. We are required to make our own choices about which direction we will go. The old order was built on

separation that led to suspicion, fear and isolation. The new age is bringing an influx of greater love, which in turn, is causing major upheaval around letting go of how things have been as long as time remembers. As we reclaim our power and remember our divine source, we can transcend fear and move our energy to the soul center, in the solar plexus, just below the heart, so that we move forward in a soul centered, lighthearted way. In this our light shines brighter and adds to the illumination of the whole planet. If you could change one thing in the world, what would that be? This could well be the key to exactly why you are here, the dream that you soul had before you came to Earth this time.

Retro grade planets always bring the focus to the archetypal energy of what that planet is about. Mercury ends its first retrograde of 2016 on January 25 at 14 degrees54minutes Capricorn, stressing the importance of being mindful of how our thoughts and words influence the direction that our life will take and create the reality of our life. Our thoughts are prayers!!! In less than six weeks Mercury makes three conjunctions with Pluto at 15 degrees Capricorn (December 19, 2015, January 22 and 29, 2016) and three squares to Uranus at 17 degrees Aries (December 20, 2015, January 20 and 31, 2016). These aspects require us to be more honest with ourselves as well as others. All one has to do is watch the morning news each day to find new revelations of things that people have been keeping secret. Lies will out in the accelerated energy of the times. We are also impelled to be more open to new ideas, ways of doing things and involvement with people and concepts, that perhaps in the past, we refused to examine.

This Full Moon delves into the deepest, most hidden aspects of our old patterns and requires that we look at our own victim tendencies. We can see the victim in the mirror of others, but now we must have the courage to admit that we to can feel helpless, hopeless, incapable of initiating and energizing the new earth that is emerging. We do create our own reality. It is time to forgive giving our power away to others by making them bigger and stronger in our life than we are. Life is not an accident of fate, but the outcome of where we direct our creative potential. We can create Heaven or Hell right where we are by what we allow ourselves to affirm. Rather than what can they give me, focus on what have I got to share. This is not a giveaway of power, but an inventory of one’s own skills, tools and value, so that you understand what you can offer to the world. When you own your own worth you benefit the most, but so do others.

Molly is a professional astrologer and does personal charts, solar returns and couples or relationship charts. Contact her at 307 335-8113 or mollyrowland22@gmail.com

wait, you'll see, one of these days my 'ship will come in'.") Masters live NOW!!!—St. Germain

ST. GERMAIN'S MESSAGE



Dearest Masters, it takes tremendous courage to Love, far more courage than to fight a war. Anger gives a temporary strength that fades away. Love, in and of itself, provides support, but it also calls the uplifting essence of the Universe and the protection of the angels, which makes Love thrice strong.

When your thoughts are on revenge, the more you dwell upon hurting others, the more your mind clouds over. It is as though your inner vision has encountered fog. Such is the way of Illusion. Many wonderful people are contributing to the evil of the world by looking for ways to stop the enemy by force, control and destruction. The controllers of the world are using current events to build a wall of fear. The media keeps the terrible events that are happening before the public, until it seems that this is all that there is. **FOR EVERY ACT OF TERROR, THERE ARE A HUNDRED ACTS OF KINDNESS THAT ARE NEVER MENTIONED, NEVER NOTICED BECAUSE THE ILLUSION HAS ALWAYS DRAWN ATTENTION TO LIMIT AND LACK.**

People ask, "What can we do?" When you were created you were given the ability to create great things in Love. You were given a mind to think, imagination to bring new good, The Soul connection to your higher self and the God within and then the gift of free will to direct your creations in the most positive, powerful ways to honor God and yourself as partners in creation. When Jesus taught the disciples to pray he instructed that they ask as though they trust that what they are asking for is already given. Positive prayer sets

QUOTES FOR THE MONTH from St. Germain

As you stand at the gateways to wonder, thank your great teachers, Logic and Reason, for they have served and guided you well. Know that Logic and Reason can bring you to the gates, but they cannot take you beyond them. They may hint at and whisper about them, but they will never truly reveal that treasure that lies beyond these gateways. Thank them, yes. Then be on your way. What awaits? Oh, great wonder... --Lazaris Weekly Quotation

The other caterpillars did not congratulate her when she emerged from the cocoon. They simply thought that she was weird. They wanted her to be the way that she had been, but she had wings. --Unknown

Knowledge without wisdom is like bread without wine; the communion is incomplete. --St. Germain

Victims live in the past ("My life was great until you came along"). Martyrs live in the future ("Just you

a field of intension that can be built both stronger and larger by the addition of those who are holding the same prayerful intensions. When the prayers are of negative intension they lose strength quickly. They fall apart, but not before they cause dis-ease within the ones who keep the negative prayer-fields going. The energy of these times is accelerating higher and higher and in that frequency things happen quicker. You can prove to yourself that your prayerful intensions work by noticing what occurs after you think of setting something in motion. Example: Think of someone that you haven't seen in a long time. As you wonder what they are doing, where they are, perhaps you get a picture of them—maybe it is how they looked when you saw them last or perhaps it is showing them in a place that you have never seen or would not associate with them. You may remember things that you did together and find that you miss them. The energy of a desire to connect may be a conscious or unconscious part of your contemplation.

You may let the thoughts go and “forget” about it, only to have the phone ring or someone stop you and ask, “Have you heard about, Your friends name?” The changes that are happening on the planet now get your attention by bringing coincidences into your daily affairs. Are you restless? Do all of the things that are happening on Earth now cause you to feel that there has got to be more to life? There is and you are feeling what the Master Book calls the Clarion Call. Another way that this has been described is “To be ready to go at a moment's notice when the Master calls”. Some believe that the call will come from someone outside of you, but the call is an inner voice, an awareness that feels as though you cannot ignore it, a sensation that can be very quiet or like a clap of thunder, but when it comes you absolutely know that you must respond and there is no turning back. When you are attuned to faith and the call of spirit, it is as though your vision has cleared and you see beyond what is right in front of you. The Illusion has taught that what you see with your physical eyes is all that there is, but right now things are changing and the shifts that are taking place can only be witnessed by those who are willing to turn away from the wiles of the logical, practical mind and feel the pull of higher calling. There is a whole new world that is birthing in the chaos of change. As the veils of Illusion are being torn apart, the inner temple of self is exposed to the “eye that is single”. Love looks at everything with soft vision, so Love sees what intensity and control cannot.

The finite mind keeps referring to what is right in front of you, but logic cannot see what is really there. It is time, past time to look beyond the facades of what

things appear to be and discover what and who is truly there. There are attempts to do harmful things going on all over the planet and those who hold tightly to the continuation of these concepts do so for power rather than purposeful good. When two people are joined in marriage the phrase “What God hath joined together let no man put asunder”, is spoken. It is time to look at your planet and live by that understanding, not as a point of conflict or debate, but as a standard to feel within yourself. Food that is genetically altered so that a few can control the food intake of millions by selling only genetically altered seeds and grains that no longer have the spirit of God in the heart of them will continue to sicken people more and more. The medical profession and pharmaceutical companies that follow such antiquated ways of dealing with disease, focusing on what is wrong and getting rid of it, rather than devoting their attention to how to keep people well and help them live in their own natural state of wellness. The military persists in killing and making more guns and bombs and weapons of destruction to kill people that are doing exactly the same thing that they are. **THERE MUST BE NO ENEMY!!!**

It is up to you to change the direction of your thoughts, emotions and reactivity from shadow boxing an Illusion to reaffirming the faith, hope and Love that you were given in the beginning to create a new world. The more you open your heart and mind to remember the magnificent being that you are the more that you will see the glory of the creator in all. Rather than feeding fear by thinking about how to stop it, feel what you most desire deep within yourself and allow the glow of those supportive energies lift you up, out of the valley of the shadow of death and into life that is waiting for you. All of the conflicts on Earth are simply struggles to gain power over others. Whether it is the ongoing fights within families that keep the members at odds or the global battles that are being waged everywhere now the issue is over power, Universal energy that belongs to all, but a few people want to control how much or if others can have power. Oil companies control the cost of fossil fuel, yet it is becoming less and less viable on a planet that requires to cleanup its environment. Keeping the pressure on and “selling” the idea that no one can get along without oil is beginning to crumble as clean fuel is being revealed. The fact that many people have died to keep the secret that oil is not necessary to global efficiency is being exposed. The power games of the Illusion cannot continue, because the energy of the whole planet is up spiraling and new frequencies are moving into place as the old paradigms are passing away. This is not a mystery that few may know any

longer. This is becoming known at every level of society.

It is now for everyone to say, “Good bye” to logical, practical thinking and step to the next level of consciousness. The intellect has isolated itself to protect the information that it has or has gathered from someone else “stealing” the idea. When you consider *knowledge* as a cold, lonely building with marble floors that echo in the emptiness, large rooms filled with shelves of books, but no place to relax and take in the information and the fear that someone is going to take what you have amassed and leave you totally alone. Visualize that *Wisdom* is accessed through a beautiful door, craved from fine wood with a golden handle. When you open the door to wisdom you step on plush carpet that gives a sense of opulence and maintains the quietness of contemplation. The walls here are also filled with shelves and many, many books, but there are comfortable couches and inviting tables surrounded with chairs that suggest that sitting and sharing are welcome. The books are beautiful and if you take one to sit with you feel the energy of what is in the book through your hands. In fact, you can feel yourself awash in the flow of wisdom that fills the space. In the halls of knowledge if you do pass someone they look away and hurry on. In the places of wisdom people not only stop and greet you, but they take your hands and look into your eyes, without fear or doubt. Wisdom is warm and embracing. It is all inclusive. There is no conflict there because in the depths of wisdom there is the understanding that there really is no enemy at all, anywhere.

Knowledge without wisdom is like bread without wine; the communion is incomplete. –St. Germain

When knowledge enters the places of wisdom it is welcomed and included. In the places of wisdom the cold and loneliness of knowledge alone is forgotten.

And so it is, Beloved Masters, we have come full circle to the place where we began this discourse; it takes far more courage to love, to live in the places of wisdom, than it does to fight a war. We abide in the places of wisdom and you are always welcome there. We are with you no matter where you journey and our most sincere desire is that you will find the places of wisdom and choose to abide there also. In the greatest of love we are with you. I am your most humble servant. I AM the Lord St. Germain. I bid you, Adieu.

ADS

Jessica Robinson is a massage therapist with training in Swedish, Deep Tissue, Reflexology, Aroma-therapy with doTERRA oils and Thai “Yoga” Massage. Jessica’s business is **Sacred Space Yoga and Massage** 307 349-4986, www.mysoterra.com/sacredspace



Linda Thomas is the **Woman of Crystals**. **Eternal Ice** is her treasure trove of crystals and jewelry. Linda has so many beautiful stones that when you see them you will want them all.

You can contact her at:

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ADS



Linda Lube is an amazing artist who creates textile painting, as with our beautiful valance above which says, "Living Well is a Sacred Art". She has wonderful paintings and she paints shoes. I have a very fun pair of shoes that she painted for my Hawaii trip.



Hand painted shoes, boots, purses, scarves and shawls

Fabric message scrolls (wall hangings) cotton or silk

Email Linda and she can email examples

You can reach her at www.lindalube.com, lindalube@gmail.com or 828 777-8540.

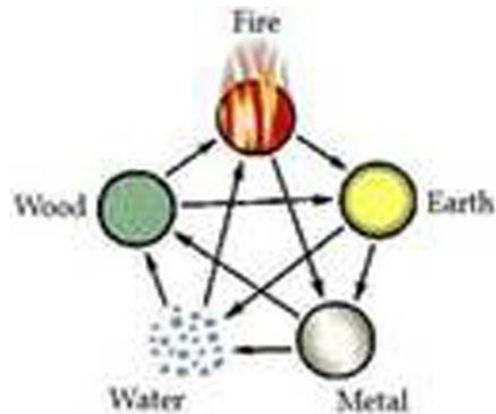
HIGH VOLTAGE NATURE

Karen Singer photographs beautiful nature photos and creates digital transformations as Prints, Posters, T-Shirts, Calendars and Greeting Cards that assists and inspires to powerfully re-connect with our own nature and the beautiful Earth we are so blessed to live on.

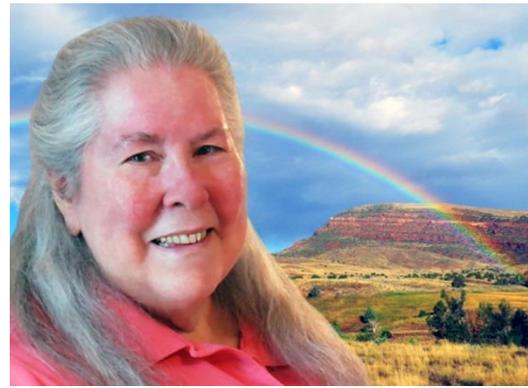


Karen also creates custom, one of a kind wire wrapped jewelry that weaves and amplifies energies of Light and Love, your own personal Angels and Masters (if desired & with permission) into each piece or similarly with individual crystals.

Email: highvoltage@nature@gmail.com



Nancy Wadda is an acupuncturist with over three years of training. She is trained in the FIVE SEASONS technique and has an amazing intuition in her work. She is located in the Rainbow Center, 177 N. 4th St. in Lander. You can reach her for appointments at 307 438-6203.



OF POETRY AND PROSE by Nanna Hansen

This is a special and very personal website that shares the dreams and visions of Nanna L. Hansen from past, present and future. Nanna's Visions come from many timelines. The writing is often in old style and yet it addresses modern subject matter.

Her website: <http://www.ofpoetryandprose.ca>

Kimberly Rae Hansen

Digital Artistry

Kim does computer generated fractal art. We have one of Kim's pictures and it is most amazing. Do check out her website!

www.kimberlyraehansen.com

Maia Rose does sacral cranial work and massage, as well as other therapies. She is located in the Rainbow Center, 177 N. 4th St. in Lander. For appointments call 307 345-3262.

Annalaiya is an iridologist and flower essence practitioner and natural healer, who has a background in chiropractic medicine. She can assist in physical, emotional and spiritual healing through the music table, color box, nutritional counseling and many other offerings. Wholistic Options, 214 Main in Lander is open by appointment.

Call 307 332-9882 for appointments and information.

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