



November Newsletter

For those of you who did not see my new tattoo on Face Book here is a picture. We designed the tattoo with an Iris (the fleur de lea is a stylized iris), a golden trine of energy and the rainbow ribbon representing our center and Lady Portia, St. Germain's divine counterpart.



The red tailed hawk, that is in the article about the election, was in a tree, out in the country on one of recent picture taking jaunts. He sat patiently while Dorian took several shots of him.

As you read this I will have driven across the country to Newborn, GA for my annual trip east. I will do a group in Newborn on October 27 and our intensive "Celebration or Limitation: A Masters Choice" will be November 3, 10 AM-6 PM and November 4, 10 AM-4 PM. I will be doing private sessions in both Newborn and Hendersonville, N. C. I will go to Hendersonville for the week of November 10-16.

We had our first snow on October 4. It was only about 4 inches, but it was a start for the winter. It was gone by Sunday.

I spent the month of October getting ready for my trip. We got caught up on the "Merlin" series so

everyone should have their November "Chats with the Inner Merlin—Smoke and Myst".

I love my new website more all of the time. I get a lot of assistance from the good people of Webgrain Web Design. If you are looking for a good web design company I highly recommend them. Give them a call at 406 534-9090. Allison and Mike are both very helpful.

For those of you who go to my Face Book page, I probably will not be doing much while I am traveling.

My latest opportunity, health wise, is going well. The doctor has apparently found a combination of two pills that assist in keeping my heart and my blood pressure happy. I am helping myself with Wholistic supplements and feel good. I keep a close eye on how things are going with my body. I am learning new things about the changes that we are all experiencing physically, mentally, emotionally and the spiritual evolution that they bring about.

The changes that are occurring everywhere are causing such dramatic shifts, moment by moment and day by day, from hot one day to cold the next and back, to who will win the election, back and forth, to the latest conflicts and many strange happenings all over the planet. The planets are moving us along with their energy and nothing is as it appears to be. It is important that we keep up with the changes and sometimes it feels as though we are someone else or so different inside that there is a wonder, "Is this really me?" Finding a balance takes constant adjustment, a bit like standing on a rolling log in a river.

Rainbow Center News

Our November group will be "Holding the Oneness", November 25, at 2 p.m., at the Rainbow Center, 177 N. 4th, Lander. As we shift more rapidly into higher frequencies we are being moved away from the gap of

separation and into a new awareness of unity and potential At-One-Ment. Holding an intension of Oneness in our daily affairs assists us to bridge the gulf of language, religious or political differences and other ways that we have kept ourselves apart from people all over the planet as well as at home.

CD's can be purchased on the website at www.voiceofthegatekeepers.com/2012groups.html

The November "Chats with the Inner Merlin-Smoke and Myst" is bringing us through the illusions of the past and into connection on deeper levels with our own sacred center. Merlin is a divine magikian and he helps us to own our own personal magik within. We are approaching 12-12-12 and the end of one of the most profound years of all of our times. Merlin will lead you through the smoke from the inner burning away of dross and the mysts of confusion to a higher point within your own nature that allows you to see clearly where you are going.

To order CD's or DVD's
www.voiceofthegatekeepers.com/evenings.html

ASTROLOGY

NEW MOON

This New Moon's energy is heightened by the fact that it is a Solar Eclipse. On November 13 the Sun, Moon and North Node all cojoin in Scorpio heralding a time of major endings and beginnings.

Twice a year our Moon blocks the constant stream of solar radiation and during those times the energetic grids supporting creation are reconfigured and rebooted. Old programs are erased; new templates emerge. Solar eclipses thus function as extra-powerful New Moons. On November 13, 1993, there was a partial solar eclipse at 21 degrees 32 minutes Scorpio. Where were you going in your life's direction at that time? What was important then and where in your life are you ready to move to the next level? Add to the intensity, the fact that this is a SuperMoon which increases the gravitational pull on the tides and the emotional tension in our personal lives. It affects the tectonic plates and our psyches dramatically.

When we feel unable to move forward it is to identify what is holding us back. Hidden agendas in the unconscious are floating to the surface to be forgiven. Our shadow self contains not only the parts of self that

we prefer not to look at, but all that we have disowned—our power, our truth and our brilliance. The light of this New Moon reveals our deepest desires worst fears and cosmic destiny.

The Galactic Center of our Milky Way galaxy has a massive black hole at its center. The Maya called this Hunab Ku, the Sun behind the Sun. Mars, traditional ruler of Scorpio is closely conjunct the galactic center at this Solar Eclipse. This focuses the electromagnetic rays emanating from the galactic heart to support the release of out-moded beliefs and assumptions. We are brought much closer to the revelation of our cosmic origins and our purpose for being here now.

Neptune and Chiron in Pisces signal our readiness to take giant steps forward, as both end a five-month long retrograde on November 10 and 14 respectively. Planets station to go retrograde or direct and the energy of what those planets are bringing us is intensified. Neptune went retrograde on June 4 and Chiron on June 11. What has changed in your life over the last five months? Saturn's stay in Scorpio continues to form a grand trine in the water signs—Cancer, Scorpio and Pisces. We are directed to pay close attention to our feelings (feelings are the higher octave of emotions), heal old wounds and follow the spirit, rather than just being logical. The T-square of Ceres in Cancer, opposing Pluto in Capricorn and squaring Uranus in Aries continues through the end of November pointing out that we are still caught in the throes of codependency and denial. Saturn's quincunx to Uranus (November 15) pushes us to change what we can and let go of what we cannot change.

We are being directed to illuminate the inner darkness with the light of Love. You possess a mighty wisdom that can serve you to heal and transform gently. This New Moon reminds us that "there is always help offered when you are willing to ask". There are always choices as we own our power and accept that we have an important reason for being here that might not be obvious to the logical mind.

The concept that we must die to live forever is being revealed as an allegory. The death of the old happens every day.

FULL MOON

Eclipses, as with all transits, call us to move forward along the path of our Soul's journey. At a lunar eclipse the Moon moves into the Earth's shadow for a few

hours and we experience the Moon without the light that it normally reflects from the Sun. This turns our attention to the hidden aspects of ourselves. There is increased awareness of our unconscious desires and fears. The Gemini-Sagittarius Full Moon puts emphasis on our assumptions (thou shalt not assume), the process of remembering who we, are in a clearer and better defined way and living honestly. Honesty is a key factor in the ascension process. We cannot “enter the Kingdom of Heaven” deceitfully.

Chiron and Neptune form a T-square with the Sun and Moon, revealing new dimensions, unexplored realities and Truth from a whole new perspective. As we look at life we see from the position we are in at the moment. If we shift our stance even a few inches the view changes and we become aware of things that were not available before. We are travelers in foreign realms in this time on the planet. We are in the process of reclaiming our true self and the experiences, even though we may have had them before, seem totally new and often quite strange. In this illusion of three dimensional view we are in a dualistic world defined by good and bad, right and wrong, up and down, etc. As we are emerging into higher frequencies we find that everything is connected and everyone is an inseparable part of a cosmic whole.

At this Full Moon both Mars (personal desire) and Pluto (the higher octave or spiritual passion) are in Capricorn. The higher and lower octaves of the warrior energy (the fighter and the Soul that dwells in peace) stand together, calling for a different way of approaching how we bring about the necessary changes on the planet and within ourselves. Pluto is “I will to will Thy Will Oh Lord” and waits for divine directive. Mars is “I am tired of waiting for something to happen. I am going to go out and make things change.” Mars conjunct Pluto and T-square to Uranus and Ceres—strongly advises us to grow beyond *us versus them* to recognize that we are all in this together and everything that happens to any one happens to the collective through the consciousness of One. Three asteroids form yet another T-square (Juno in Sagittarius, Vesta in Gemini and Pallas Athene in Pisces) challenge our preconceived notions and put a bright light on how we approach partnership, spirituality and social justice. Venus will cojoin Saturn on November 26 at 6 degrees Scorpio and form a close sextile with Mars-Pluto. The cosmic message is for us to move away from the love of power and begin to find the power of Love in and for everything and everyone.

Faith is the hope of the future and the proof of things yet unseen. We are now moving from religion to spirituality, from beliefs to the personal experience in our lives that makes the divine real, from continued separation to the unity that brings the divine into clear view in each one of us. We are required to return to nature. Several hundred years ago science was given the directive to define the world and how it functions, especially in the spiritual realms. It was so much easier to prove the physical world that science began to dismiss the unseen as unreal. We have been lead into a materialistic, separatist perspective by great Minds who did not want to look foolish trying to prove the unseen world of spirit. Now science is being moved to begin to tackle the part of their quest that they set aside for so long. This time it is not just a few Minds proving facts to the masses, it must be the experiential involvement of each Soul on the planet so that we all can come home to self. **THE KINGDOM OF GOD IS WITHIN!!!** God never left us, we just went exploring and turned our back on the divine. The home coming is when we stop looking only out there and look within to find the Heart, Soul and Mind of God inside of us.



CRYSTAL CORNER

Technology and the Mind

November already and how do we like the year so far?? No one can say it hasn't been eventful!! Just look at how far we've come and we don't even know exactly where we're going! How does it feel? What are we dealing with? I have a few very interesting stones and crystals that address future technology and how we get information that we can understand.



One such stone is FULGARITE. This isn't a pretty stone but it was created when lightning struck the earth. It doesn't get much more powerful than that. For those of you who would be interested, this would bring an understanding of the DNA that goes beyond any scientific concepts. It would allow the integration of memory and it would allow an understanding of how information is being brought in, the decoding of the things that humanity has always carried. It is very pertinent in these times because it assists in accepting how the information is being given and that it is not being given in such a way that the mind would necessarily even comprehend it. This will act as a translator. It will download or step down the information to a place where the mind can actually comprehend what it's receiving.



BISMUTH, with its beautiful patterns and colors, was created by heating a basic ore until it took on its innate DNA shape. At least that is my understanding! The picture doesn't do it justice. Each piece is very unique. As the veil of illusion slides aside, there are those who will get messages encoded in concepts like reading a schematic or receiving a very intricately encoded message. To those who are responsive to this stone, this will begin to open up to new levels of technology that assists in going beyond physicality. 'In the world but not of it', moving in a physical form but not trapped by its density. It can be, for those who are willing even if they don't believe it, an assist in connecting body and soul, mind and soul and physicality and soul so that there is an acceptance in the physical daily affairs that there's a lot more to this life and existence than what the eye can see and the ear can hear.



Let's look next at Lord Michael's blue APATITE. When a pharaoh was truly connected spiritually and desired to give the people the greatest of understanding and the greatest of protection, this kind of energy was created in the headdress. This is an awakening for those who are willing to begin to feel that empowerment again of just how vastly important it is that spirit is the guiding force of the life and not the mind. Most of these stones are double terminated which allows the energy to flow through so that it is not blocked or dammed, it's not cut off. It can flow from above to below and it is like electricity, information that flows like water. In many ways it is a combination of fire, air and water informing matter.



If each person would recognize what is coming to you through your crown chakra, your cranial cavity, it isn't just your physical brain, but the resonance of the pineal and pituitary and all of the connectors electrically. It is the energy, the power that is coming in, the crystal skull, the headdress of the pharaoh, all significant indicators that something is coming to the mind from a higher consciousness and that it requires some kind of a funnel. The SAPPHIRE will provide that energetic funnel. So, you have all of these indicators; the crystal skull, the headdress, anything that indicates that there's a download of

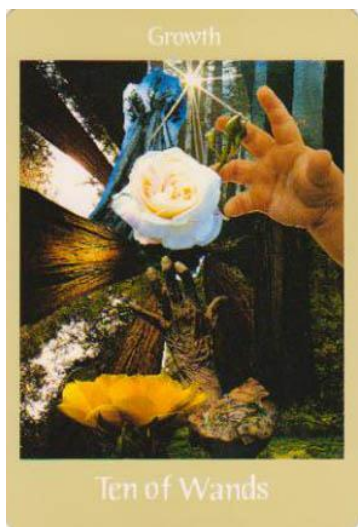
this essence, this energy, this dual quality higher consciousness.

I wish everyone a very happy Thanksgiving and hopefully you and I have many things to be thankful for! Blessings, on your journey!

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TAROT TALK

Our Tarot card for November is Growth, the Ten of Wands.



We are entering into one of the greatest periods of growth the planet has ever experienced. Be open to the unknown and expand into new growth. Explore your intuitive connection to all that is. Hold your intention for Oneness with all who are seeking the expanded connection to the divine. All of the secrets of the past are contained in your DNA. The Afterlife is waiting to join with the physical plane and share the secrets that it has held since the beginning. Only by experiencing the growth will you understand how it affects your evolution. Adapt to the seasons, be comfortable in your own skin so that you are at home anywhere. Experience the beauty of nature in a whole new way and grow again.

Our Rune for November is Disruption/*Hagalaz*.



As we grow we often encounter obstacles that question or challenge our growth. **DISRUPTION** brings change, freedom and liberation. There is a requirement to break free from the constricting identification with material reality and to experience the world of archetypal mind.

The events of your life may seem to be totally beyond your ability to control them. *Hagalaz* is the Great Awakener, though the form that the awakening takes may be surprising. The experience may be of a gradual feeling of coming to your senses, as though emerging from sleep. Some may sense an onset of power and a feeling that a veil has been ripped away.

To accept that, after all, this is not an outside force, but an internal shift. This is your own nature creating an opening into new dimensions of reality. There may appear to be losses or setbacks—relationships may end or resources dry up. Do not be dismayed as you are forewarned and being encouraged to realize that these things are necessary for your growth.

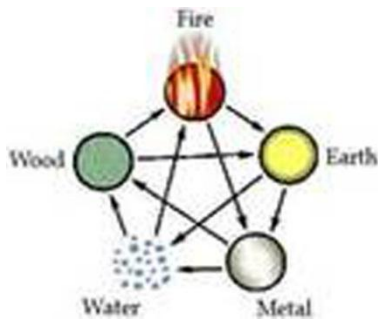
The more severe the disruptions in your life, the more significant and timely are the requirements for your growth. The term *radical discontinuity* best describes the action of *Hagalaz*.

When you draw these cards in your reading, you are being put on notice that your direction in life has come to a crossroads or a fork in the road and life simply cannot continue on in the direction that it has been going. How you have lived is going to a new level and what you have known is expanding, though in the moment you may not be able to recognize what or where the changes are moving—the mountain falls down to reveal a vein of gold. The flood brings rich new soil to an old, fallow field. Life is renewing and nothing is as it was. You could feel as though someone

just threw cold water into your face—the wake up is so strong.

Thoughts from the 5 Element Acupuncture Corner

By: Nancy Wadda, Acupuncturist, M.Ac.



Autumn Energy—the Metal Element

To follow the 5 Elements in Nature is to observe what is happening outside and to sense how your body responds to the seasons. In the spring we experience the fast rising energy of Wood, like plants that emerge from the earth. In summer we feel Joy and share that season with friends and family in the Fire.

So in autumn we experience the downward fall of the earth's energy and our own energy as well. To be in balance with the fall energy we start to slow down, follow the shortening days by being inside earlier. Warm foods are wanted and reflection starts within our minds over what we have done or not done over the past seasons.

As I mentioned before, Acknowledgement, Value of people, places and things, and Letting go of what no longer serves us is part of this downward feeling energy. This is to be in balance. To be out of balance with the Metal is to hoard or the opposite, to throw away valuables and valuable relationships at a moment of misunderstanding or hurt—to cut them out of our lives like a sharp metal knife, To hold onto grief of loved ones past or grief of the past that we might regret.

An imbalance of the Metal energy can show up physically. The Lung and Large Intestine are the meridians or channels in the body that represent the Metal Element. One may have chronic breathing difficulties such as asthma, allergies, bronchitis, or

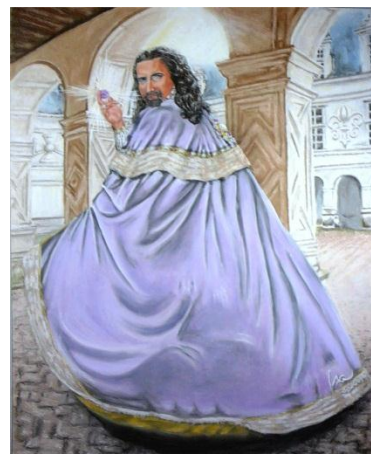
catch colds often. One may also have intestinal problems such as IBS, constipation (not letting go), diarrhea (letting go too much), or pain in the Large Intestine itself. Mentally one can be hard, judgmental and brittle (life is crap) or accepting of everyone no matter what to our detriment. Spiritually one can be so in awe that they forget they are also on earth “Head in the clouds”, or there is no sense of spirituality but the here and now such as “Sex, Drugs and Rock and Roll”.

Acupuncture can help the body/mind/spirit to become aware of these imbalances and in partnership between the patient, acupuncturist and the needles, one can create and move the stuck energy or Qi to a more balanced state.

Again, Acknowledge a person in your life, contemplate what is of Value to you, and Let go of what no longer serves you.



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Beloved Masters, the election of the President of the United States is upon the world. So We desire to offer some perspective. All over the World people are seeking to overturn their governments. A new leader comes in and very quickly there is unrest and soon there are conflicts over policy and focus on the flaws of the new regime. The “instant pudding” culture wants everything to get “right” in the length of a TV show or no more than a “mini-series”. Anything worth having requires time and attention. “I like it” or “I dislike it” are opinions on Face Book, but a Master lives in an essence of Love that does not harbor like or dislike. As the energy of the planet is shifting into higher consciousness, solving anything with an argument or even a debate is still putting attention on the old solutions.

This country cannot go back to the “good old days” because they are a part of a time that no longer exists. That does not mean that things are going to get worse, but that they must be dramatically different. Listen with your inner ear and see with your inner eye. Forgive being purely logical because logic alone will not save anyone now. Reaction to any situation will simply muddy the water so that nothing can be clear. You are Divine Creative Masters. You are crafting your future and the future of the planet by your thoughts and intensions. It is not which man you will elect that makes the difference so much as the thoughts, emotions and passions you put into your choices. Your anger will color your choice and the influence that you carry will have an ongoing affect. Your Love, your peace, your hope for the future, will flow from your realm of influence out into the world. This is not so much an election of a man for President as it is a powerful expression of where the people of this country are with themselves. Clarity begets clarity and fear furthers fear.

Many say that the Master Obama is saying the same things—nothing is new. If honesty is the answer then why give a different answer to please those who do not know a better answer, but still want to change the direction of forward motion to looking back. The Master Obama holds his center and seeks to find a clear path through each situation. He does not rush even though the Minds of others are pushing for quick results. As We stated last month, fear and hatred do not wish to give a moment for clarity, but want a “snap” decision. There has been quite enough “acting in haste and repenting in leisure”.

The Master Romney is a warrior and for all who still believe that a war is the only solution his standard may be the one to follow. It would be a great wisdom to get

clear and centered and recognize that the wars of the World are escalating, more and more people are dying and less and less peace or sanity emerges from the rubble of battle. It would be well for the average citizen to study how the Master Romney does business and decide for themselves if it feels uplifting or defeating to all of the people. Listen not only to what is said, but how it is said. Listen with your heart and not just an agitated Mind. Be very clear that “*you must take care of yourself*” is not so much a call to freedom as a move to divest the high officials of the land of consideration for the very people that they say they stand for.

When for a moment or a protracted period of time someone is unable to *be totally responsible* for themselves and their affairs they do not become bad people. If the perspective is that only those with enough money to pay their own way are viable citizens then, at this juncture of evolution, a vast majority of the world could be called *unworthy* by those who live financially insular lives.

Astrologically, the aspects suggest that there could be tampering with the polls as occurred in the 2000 election. It isn’t so much about fear and fighting to stop the political machines as it is for each citizen of the country to decide within themselves, to create a life that is reaching constantly for higher vision and greater value. Where do you want your country to go and what are *you* going to contribute mentally, emotionally, physically and most of all spiritually to the evolution of the United States and the planet? “I have nothing to give” is no longer an acceptable belief. The very fact that you are here on the Earth at this time means that you have something important to offer that no other person can give—YOUR LOVE!!!



Rather than approach the elections with anger, suspicion or fearful thoughts, give the very best, most Loving intensions for the highest and best outcome for all concerned. There is no *right way versus a wrong way*, but there can be a true way and an uplifting way as each Soul adds their own Loving desire to the election. Beloved Masters, more than ever nothing is as it appears. As you move into higher frequencies things reveal themselves in the divinely appropriate time and not one moment before. Second guessing, who is absolutely right and who is wrong, is a game of the illusion.

Sit quietly, still your Mind and listen into the stillness of your Soul self. The EGO is the last part of human nature to be tamed, but allowing it to continue to run your life does not lift your vision into higher realms. As you practice stilling your Mind, seek to feel the divinely appropriate direction for you to take in the days and months to come. What do you desire to create for yourself, your family, your community, your World and then proceed, not only in your choices at the poll, but in your daily affairs. Our most sincere intension is the sweetest, most prosperous and joyful world. Join us in these intensions and We will assist you in finding what you desire in the greatest of Love. Our unconditional desire is that the Love will begin to awaken within each Master and that the leaders of the World will be led to a new vision of a united planet rather than continued conflict over whose religion or political policies are right.

There are the warriors who will hold on to the belief that only by destroying the enemy will the planet or at least their part of the planet be saved. Divine Law stands clear that fighting to achieve peace simply creates another war. Aggressive ideology and political muscle will bring an end, but no one really wishes to live through the destruction only to find that nothing has been solved after all. The anger of the World game has created justified revenge—it is as old as the old Biblical Laws (an eye for an eye and a tooth for a tooth). You harm me or my family and I will pay you back ten-fold in misery has simply kept the pain going throughout time.

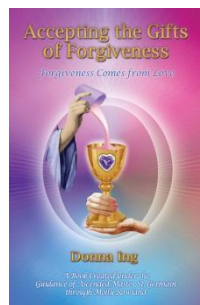
There are more and more people who are waking up to the realization that revenge will not bring back a loved one or heal what is broken. Only by reaching for higher Connection to the Oneness, can the planet be transformed into the Eden, Heaven or Utopia that all are seeking.

No one man can change the direction of a country or the World without cooperation. The cooperation can

only come from surrendering the absolute need to rule or be right and consider the greatest good for all concerned. Whether you live in a particular country or not, holding an intension for the highest and best outcomes for all people and their leaders, means compassionate objectivity rather than intellectual opinions. Since nothing is as it appears, logic does not always arrive at the best solution for the long term. Tuning in to the best way for all, often calls for getting your Mind, ideals and beliefs out of the way and looking and listening on higher bands of thought. Fear is never a good leader. Leaders who are chosen in fear often are revealed as something entirely different from what they appeared to be in the moment of desperation. Approach the election with a cool head and a warm heart.

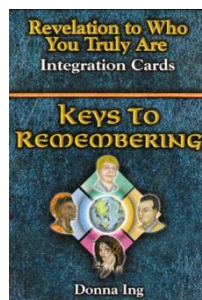
In the greatest of Love we are with you. Until we meet again, in whatever manner that may be I bid you Adieu.

ADS



Accepting the Gifts of Forgiveness

Donna's latest book is now available through Amazon.com and Donna's website. Donna Ing along with the Master St. Germain have brought you another winner. This book so very simply and clearly shows ways to heal through forgiveness.



Keys to Remembering

Donna Ing has her card deck and book through her website. She and St. Germain spent almost ten years developing this amazing tool to assist us in the remembering process.

<http://www.RememberingInsights.com>

Kathleen Edwards is a Reiki Practitioner and Teacher who brings loving essence to her healing. Kathleen is located in Lander. You may reach Kathleen for a Reiki healing session or Reiki attunement at 772 532-4210.

Nancy Wadda is an acupuncturist with over three years of training. She is trained in the FIVE SEASONS technique and has an amazing intuition in her work. She is located in the Rainbow Center, 177 N. 4th St. in Lander. You can reach her for appointments at 205 566-1424.

OF POETRY AND PROSE by Nanna Hansen

This is a special and very personal website that shares the dreams and visions of Nanna L. Hansen from past, present and future. Nanna's Visions come from many timelines. The writing is often in old style and yet it addresses modern subject matter.

Her website: <http://www.ofpoetryandprose.ca>

Shaylinn Kaiser-dba

Subtle Impressions offers Craniosacral Therapy blended with Reiki, Kinergetics and Energetic Rewiring. She is located at the Rainbow Center for the Humanities, 177 N. 4th, Lander. For appointments or information, please call 307 332-4471 or 307 349-9837. Gift certificates are available.

Kimberly Rae Hansen

Digital Artistry

Kim does computer generated fractal art. We have one of Kim's pictures and it is most amazing.

Do check out her website!

www.kimberlyrachansen.com

ART BY ISA



Isa Kirk has been an artist all her life and offers personal "Painted Portraits & Visions in Pastel", some LE prints and unique, inspirational greeting cards featuring her paintings and photos.

www.paintingsbyvisa.com

She also offers personal

readings for people and their animals, as well as Black Hills Flower Essences. Visit her art gallery at her home at Plenty Star Ranch, Black Hills, SD. For directions

and appointments call 605-673-3012 Love to connect with your on Face Book Plenty Star Ranch - Horse Boarding in the Black Hills www.plentystarranch.com "Painted Portraits & Visions" www.paintingsbyvisa.com Ranch Blog: www.plentystarranch.com/wordpress

Maia Rose does sacral cranial work and massage, as well as other therapies. She is located in the Rainbow Center, 177 N. 4th St. in Lander. For appointments call 307 345-3262.

Delphinia Bey is a massage therapist, reiki master and healer, who practices deep tissue massage, hot rocks and other modalities. She located at 150 S. 2nd in Lander. For appointments call 307 349-2120

Annalaiya is an iridologist and flower essence practitioner and natural healer, who has a background in chiropractic medicine. She can assist in physical, emotional and spiritual healing through the music table, color box, nutritional counseling and many other offerings. Wholistic Options, 214 Main in Lander is open by appointment.

Call 307 332-9882 or 307 438-0927 for appointments and information.

Delores DeVore owns Sound-Works, healing with voice and tuning forks. www.sound-works.biz www.ddswebdesign.com or call Delores DeVore 678 634-1249

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