



## July Newsletter



Happy Fourth of July and to Canada Happy July 1<sup>st</sup>. I want to take this time to thank all of our military in this country and all over the world for their courage and generosity of time and love. I realize that there are so few doing a huge job to protect so many. If you don't know someone who is in the service of our country it is time to find out just what you can do to assist these brave families that often are attempting to deal with financial, medical and emotional issues by themselves. You do not have to agree with war to support the men and women in the service. We celebrate on the 4<sup>th</sup> of July, Memorial Day, and Veterans Day but the vets deal with what war can do every day of their lives.

Our pictures this month are Green Gentian, Indian Paintbrush and Yarrow.

We are planning to have a group at Linda Thomas's, in Powell, WY on July 24 at 2 p.m. The group is open to the public. The cost is \$55 per person. For more information, to sign up for the group or for directions call Linda at 307 754-4396. I will am available for private readings with St. Germain, Medical Intuitive readings, Astrology readings and Tarot readings July 18-August 28 at Linda's. Call Linda at 307 754-4396 or call my home 307 335-8113.

I am moving along well in my healing. I feel very good and am planning my annual trek across the country in the fall. I will be in Georgia and North Carolina. I had a good two week check up and I will begin radiation treatments in July. As I write this it has been three weeks since the surgery and I drove for the first time today. The doctor told me that I could drive after two weeks, but I am attempting not to push too fast. My schedule is filling up and I am doing my best to pace myself.

This is June 27 and I am heading to Billings for my six week check up. There is a possibility that I can do internal radiation and only have to be in therapy for a week. We will find out tomorrow.

Update: I will be doing five weeks of external radiation in Cody, WY and a week of internal radiation in Billings. Six week check up was excellent.

We continue to have a very wet spring and now that we are passed the Solstice perhaps we can have a bit of summer before the snow flies in September. We had a cold front move through this afternoon and it dropped the temperature 25 degrees, from almost 100 to the middle seventies.



## Rainbow Center News

We will have two groups in July. The first group will be July 10, "Divine Law" and the second group will July 24, "Bringing Hope to a World in Flux". July 10th will be at 2 p.m. at the Rainbow Center for the Humanities, 177 N. 4<sup>th</sup> in Lander. The July 24<sup>th</sup> group will be at Linda Thomas' in Powell, WY. Call Linda for information, to sign up for the group or to set up a reading with Molly. Linda does wonderful crystal layouts and has an amazing crystal shop. Stop by and see her!

CD's can be purchased on the website at  
[www.voiceofthegatekeepers.com/2011groups.html](http://www.voiceofthegatekeepers.com/2011groups.html)

St. Germain brings the Seventh of our "Personal Magik" series "Casting the Circle". It is the July Evening with St. Germain.

Both CD's and DVD's of the first six parts of the series are available. If you purchase the set of six "Personal Magik" CD's or DVD's you will get the sixth one free.

To order CD's or DVD's  
[www.voiceofthegatekeepers.com/evenings.html](http://www.voiceofthegatekeepers.com/evenings.html)

**Please note change of intensive dates:** Our next intensive, "Beauty and the Beast: Love Transforming the EGO" will be November 5-6 in Newborn, Ga at the Crystal Organic Farm. Molly will be available for private readings from October 28-November 9. Call Helen Dumba, 770 784-1060 for registration and appointments.

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## ASTROLOGY

### NEW MOON—July 1

July 1<sup>st</sup> brings the first New moon of July. It is Solar Eclipse and potentially the hottest "Hot Spot" of the year. This is the third of three eclipses in a row and it involves the Sun, Moon, Saturn, Uranus and Pluto in a cardinal grand cross. This tells us that we have reached a major crossroads, where the old ways must be broken down to prepare the ground for the new to break through. The dynamics of this New Moon include three outer planets and six squares. The outer planets (Jupiter and beyond) represent the transpersonal energies and the processes of our evolution. Squares mark turning points where we must change or be changed. There is no compromise about whether we will or not. Saturn squares the Sun and

Moon from Libra to Cancer and puts major emphasis on relationships with partners, family and how our ethics work in these most intimate involvements. Saturn stationed direct on June 12 and continues to square Pluto at the time of this New Moon.

Uranus represents the volatile situations and the flux that is necessary for the new order to emerge. Uranus can bring bizarre results and strange or unique happenings. It would appear that the media is loving what Uranus is bringing to the fore, as the old order forgets itself and acts out in familiar ways only to find that now everyone is watching them, where in the past they operated "behind closed doors". Reform is inevitable and Uranus is just the planet to push the innovation. Uranus awakening and liberating qualities are intensified as it stations to go retrograde on July 9. It will not turn direct until December 10.

Pluto will be exactly opposite the Sun on June 27<sup>th</sup> and remains within 3 degrees of opposition as this eclipse forms. Plutonian oppositions require that we deal with our fears, our shadow and our power. The Saturn/Pluto square and the Saturn/Uranus opposition are passed, however the Uranus/Pluto square is moving to its exact peak. During the 60's Uranus and Pluto joined to bring about a decade of exceptional creativity and worldwide turmoil. This square impels us to manifest what was seeded by the last conjunction. We will see more and more demands for freedom and reform as these two powerful planets align. Saturn opposed both of these planets during the 60's and the fact that the three are again in within a few degrees of aspect, in the wake of three eclipses provides a cosmic tailwind for both global and personal changes. Jupiter trines Pluto and sextiles the Sun and Moon to support these new priorities and brings wide-scale restructuring of the economy, social standards and political parameters. Those who believe that "business as usual" will continue are not paying attention to what is happening right in front of them. The GOP is flooding the political market with runners, but no one seems to have any really good solutions because there is the tendency to want to solve the problems in the same place where they were created and anyone who attempts to move the point of solution to a new arena is squelched immediately. Saturn, Uranus and Pluto will move the debates to a new level and they won't necessarily issue invitations to the changes.

Everyone is being required to put down their sword and shield and seek to find peaceful outcomes rather than attempting to slay the enemy "that is us". There is a Divine Blueprint in the DNA of each being. That blueprint *must* be consulted. We can no longer ignore

who we truly are. The time to remember is NOW. We are creating our future right now. Is this where you want to keep living? Is this what you wish for your children? If not then the changes begin inside, not outside.

### NEW MOON—July 30

On July 30<sup>th</sup> the New Moon will occur in the sign of Leo. The changes that are being inspired by the heavens are staggering if you attempt to deal with them on a purely mental level. We are rapidly moving to a place where heart and Soul must be the priority rather than the dictates of the mind. “This is how it is done”, “This is what is courteous, this is what is right or this is how you must act” are limits that we no longer fit into. This New Moon features a square between Uranus and Pluto. Venus joins the Sun and Moon to increase the emphasis on the Divine feminine, an open heart and addressing our issues in love rather than war.

The New marks the activation of a new cycle and in Leo new levels of creativity. Each one of us is a creator connected to the Divine. Never before has it been so important that we keep that understanding in our consciousness. **WE REALLY DO CREATE OUR OWN REALITY WITH EVERY THOUGHT, WORD AND DEED.** We write our future in this present moment. We as artists venture into the unknown, experiment and seek to find new ways of conveying what is inside of us. More important than ever is that we dare to love beyond what we have known. There is a lovely Sufi saying: “Each day is a gift *from God*; what you do with it is your gift *to God*.” As each one of us remembers, the collective expands its awareness of what lies beyond the limits we have embraced as all.

Mercury at 0 degrees 43 minutes Virgo closely opposes Neptune in Pisces. This brings an opportunity for greater inspiration, it heightens the imagination, as well as, opening the Inner Child to the wonder of fantasy and reconnection with the faeries and elementals. The second retrograde of Mercury begins on August 2 and the mythic messenger turns direct on August 26. This retrograde double Mercury’s time in Leo this year and generates three exact oppositions to Neptune. This is an excellent time to allow your muses to inspire you.

These oppositions between Mercury and Neptune lead us to trust our inner guidance. We are reminded that we don’t have to figure out the “how” (how we can get a job, how things will all work out, how we are making a difference) just the “what”—What is right

under our noses that we are missing? What is really being asked of us? Who and what do we really love?

This New Moon reminds us that when we want to calm the tempest the best thing we can do is reveal our Soul in our daily affairs. Soul shines a light in the darkest night, it can send up flames, build a signal fire and ignite the most mundane of situations to blaze beautifully. Be fierce in your endeavors and in all things show mercy for others; both are acts of immense bravery and great necessity.

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### FULL MOON

On July 14-15 the Full Moon in Capricorn amplifies the universal command for quantum leaps encoded in the last three eclipses. The first two eclipses highlighted our flawed perceptions and values; the third eclipse and this Full Moon reveal how much we are being influenced by our fears and emotions.

We are half way through the Ninth Wave of the Mayan Calendar, which began March 9. We are experiencing the same amount of change every few weeks that we were living in one year before. You may have noticed that the time between the thought and the manifestation is getting shorter all of the time. Consciousness and creation are moving so much faster. There is no longer any question that we are the designers of our lives. The nameless, faceless “they” is too involved in their own life to do things to us. We are responsible for our reactions to what “they” are doing. We can find ourselves in daily tsunamis of change—depending on where you are standing it can be awesome or terrifying. It has never been more important to find your center and stay there. Let your feelings (not emotions, but feelings) guide you (Cancer), and keep your eye on the goal (Capricorn). Fear can motivate you or paralyze you—it is your choice.

Ceres enters Aries on July 11, just a few days before the peak of this Full Moon. The first degree of the first sign, called the Aries Point, represents an important initiation. It makes the emergence of something entirely new and unfamiliar. Last year both Jupiter (expansion and spiritual enlightenment) and Uranus (chaos and brilliant change) were in this beginning point off and on throughout the year. We are experiencing the changes that were set in motion as the old order is fighting harder and harder to hold on to “status quo” while the necessity for innovation in all areas of politics, medicine or corporate affairs is becoming more blatant each moment. As in the movie

*Avatar* we step into the unknown and the ground appears beneath us. What seems crazy in the old perspective can make perfect sense in a higher frequency. Ceres presence in Pisces for the first half of 2011 has helped facilitate humanity's ascension into unity consciousness, which may be grasped more deeply and fully through a fluid, intuitive awareness than by linear reason or logic.

Venus in Cancer will be close to the Sun in this Full Moon. Her presence is compelling as she forms a cardinal grand cross with Saturn, Uranus and Pluto. Venus represents the power of the heart and the power of relationship. Partnerships are challenged and alliances must be defined from a point of freedom rather than the old standards of inequality. More and more the intentions of the Soul must be considered in all relationships.

If you are experiencing overwhelm or exhaustion take the time to go out into nature—sit by a stream or lake, put your hands/feet into the earth and get grounded. You are a Child of the Universe and you are connected to Love above and below. In these accelerated times when you ask for help it is there almost immediately—“Are you paying attention or are you still acting as though nothing has changed?” ***Ask and you shall receive is more true than ever.*** Ask for guidance and direction and be willing to follow the advice that comes. In the speed of change we must slow down and get our perspective. No longer can we run to keep up. We must be still and allow what we create to catch up with us.

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## CRYSTAL CORNER

Here we are again! The summer solstice is past and the heat is setting in. The Fourth of July is upon us and before we know it, fall will be here! Wow, how time has speeded up!

June 21<sup>st</sup> through July 22<sup>nd</sup> in the zodiac is the sign of Cancer. The most agreed upon birthstone is the Moonstone with Pearl and Emerald also listed. When we think of Moonstone, we usually picture a white or creamy stone with a play of light within it. Moonstone also comes in a variety of colors, from a soft grey to green to peach and a wonderful variety called Rainbow Moonstone. This one has many colors within it but primarily a blue fire.



Moonstone has always been an aspect of the purity of the Goddess, an aspect of the inner nature, the feminine self and how to receive. It draws in and allows the love of the feminine nature, the Goddess. With your Sun in Cancer, you are highly sensitive and somewhat prone to mood swings. The Moonstone can keep you emotionally balanced. Many will have a great fear of it, being attracted and repelled as by a cobra for they desire the powerful love of the Goddess and fear their abuse of it in other times.



The Pearl brings compassion and deep levels of understanding within self. Both the Moonstone and the Pearl are moon-ruled and will be especially powerful at the full moon. Choose a stone and color you are attracted to and reserve some time for meditation and inward reflection under a full moon.



The Emerald is essentially a heart stone but when used in the throat area it lifts the purity of truth into the will center. The Ruby, another heart stone, may be used by those in the sign of Cancer to propel them forward into realizing their ambitions and it will attract an outlet for their hidden talents. It is a marvelous access stone to the royalty of self.

The stones for this sign are some of my favorites and I use them a great deal in the crystal layouts. Explore

these stones and find those that will benefit you the most.

A hearty thanks to all of you who have supported me through my medical challenges. You are much appreciated.

For more information on the stones or just to visit, call me!

Eternal Ice  
Linda Thomas  
(800) 757-8478 or (307) 754-4396  
[www. eternal-ice.com](http://www. eternal-ice.com)

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## THE GARDEN FAIRY

### Molasses



As I sit here this morning eating waffles with molasses on them, this thought came of "what exactly is molasses and what is its history"? As I started to research it I found it to be very interesting. I hope you will enjoy the information!

Molasses, from the Latin word melaceres, meaning honey-like, is a thick, dark syrup that is a byproduct of sugar refining. It results when sugar is crystallized out of sugar cane or sugar beet juice. Molasses is sold both for human consumption, to be used in baking, and in the brewing of ale and distillation of rum, and as an ingredient in animal feed.

The pressing of cane to produce cane juice and then boiling the juice until it crystallized was developed in India as early as 500 B.C. However, it was slow to move to the rest of the world. In the Middle Ages, Arab invaders brought the process to Spain. A century or so later, Christopher Columbus brought sugar cane to the West Indies. Another two hundred years later, cuttings were planted in New Orleans.

Molasses figured prominently in the infamous slave trade triangles of the late seventeenth century. English rum was sold to African slave traders who brought

slaves to the West Indies and then brought West Indian molasses back to England.

Using sugar beets to produce sugar was not developed until the mid-1700s when a German chemist Andreas Marggraf discovered the presence of sugar in the vegetable. By 1793, another German chemist, Franz Karl Achard, perfected the process for extracting the sugar from the beets.

Molasses figured prominently in two peculiar events in United States history. The first was the Molasses Act of 1733, which imposed duties on all sugar and molasses brought into North American colonies from non-British possessions. The second was the Great Boston Molasses Flood of January 1919 when a molasses storage tank owned by the Purity Distilling Company burst, sending a two-story-high wave of molasses through the streets of the North End of Boston.

The huge 50 ft high, 90 ft diameter steel tank had been used by the U.S. Industrial Alcohol Company for storing up to 15,000 tons of molasses. The tank was ordered from Hammond Iron Works in 1915 by the Purity Distilling Company on authorization of U.S. Industrial Alcohol. The treasurer of Purity ordered it without consulting an engineer. The only requirement used in making the order was that the tank have a factor of safety for the storage of molasses weighing 12 lb per gal (50% heavier than water). All the steel sheets used in construction of the tank actually proved less thick (5-10% less) than shown on the drawings used to obtain the building permit.

The tank was completed early in 1916 and tested only by running six inches of water into it. On a dozen occasions during the tank's three years of service it contained a maximum of around 1.9 million gallons (for periods up to twenty five days). The content that dark day in January was some 2.3 million gal -near capacity. It had been in the tank for four days. Months later, at the legal proceedings, several recalled that the seams of the tank were leaking molasses, but no one seemed to be concerned.

It was 12:40 P.M. when eyewitnesses said they heard sounds like machine-gun fire and then saw a torrent of molasses, two stories high, exploding out over adjoining property. Six children were immediately swallowed up.

The tank had fractured and burst open. A 2.5-ton section of the lower part of the tank was thrust out onto a playground 182 ft away. Another section of the structure wrapped itself around and completely sheared off one column of an adjacent elevated railway. Traveling at about 35 mi per hour, the molasses swept over and through everything in its

path. At its most destructive moments, the gooey wave was 15 ft high and 160 ft wide.

People and animals lost their lives either by drowning or by being struck by wreckage. Occupied houses were demolished, while the cellars of others were filled with molasses. Rescue crews found one man and his wagon embedded in a mountain of molasses, man and horse both frozen in motion.

By mid afternoon the flood had settled. It covered more than a two-block area and the general vicinity looked like it had been hit by a cyclone. Buildings were destroyed or bull-dozed off their foundations, rails from the elevated railway were dangling in the air, and the tank itself lay on the ground, a heap of crumbled junk metal.

Police and firemen used huge hydraulic siphons around the clock to pump molasses out of flooded cellars. It was nearly a week before all the bodies were recovered and months before signs of the disaster disappeared.

Sugar cane or sugar beets are the primary ingredient for the sugar process of which molasses is a byproduct. Sugar cane (*Saccharum officinarum*) is a tall thick perennial that thrives in tropical and subtropical regions. It can grow to heights range from 10-26 ft measuring 1-2 inches in diameter. Colors range from white to yellow to green to purple. The Everglades of south Florida are a major producer of sugar cane with 425,000 acres grown annually that yields 90 million gallons of black strap molasses. At harvest time, the stalks are stripped of their leaves and trimmed.

Sugar beets (*Beta vulgaris*) can tolerate more temperate or colder climates than sugar cane.

Therefore, the choices of growing areas is greater. At the end of the twentieth century, the leading sugar beet producers were Russia, France, the United States, and West Germany. The sugar is contained in the vegetable's root, approximately 15 teaspoons per beet root. At harvest, the tops are removed and used for cattle feed.

Milk of lime is used in the clarification process. Essentially burnt lime, it is produced in the factory by heating lime rock in a kiln. The lime rock is then mixed with sweet water—a byproduct of a previous clarification process.

Carbon dioxide is released in the lime milk process. It is purified in tanks and also used in to clarify the sugar juice.

#### The Manufacturing Process:

1. Beet roots are loaded into a tunnel-like machine called a flume, in which leaves, weeds, and rocks are separated out. A pump pushes the beets into a washer fitted with a large shaft that moves the beets through the water to remove any remaining dirt. The beets

move through a slicer that cuts the beet roots into thin strips called cossettes.

2. In the sugar beet factory, the sliced beet roots, or cossettes, are loaded into cylindrical diffusers that wash the beet juice out with the aid of hot water. The discarded beet juice is used to pre-scald cossettes in the mixer so that they absorb even more of the sugar.

3. The extracted juice is clarified by adding milk of lime and carbon dioxide. The juice is piped into a decanter, heated and mixed with lime. The juice passes through carbon filters, producing a mud-like substance. Called carb juice, this mud is pumped through a heater and then to a clarifying machine. Here the mud settles to the bottom and the clear juice is piped to yet another heater and treated again with carbon dioxide. Once again the mud is filtered out, leaving a pale yellow liquid called thin juice.

4. The juice is pumped into an evaporator that boils the juice until the water dissipates and the syrup remains. The syrup is concentrated through several stages of vacuum boiling, a low temperature boil to avoid scorching the syrup. Eventually, the sugar crystallizes out of the syrup, creating a substance called massecuite. The massecuite is poured into a centrifuge to further separate the raw sugar crystals from the syrup. In the centrifuge, the sugar crystals fall away from the syrup that is being spun at a significant force. This remaining syrup is molasses, and it is forced out through holes in the centrifuge.

5. The molasses is piped to large storage tanks. It is then pumped, as needed, to the bottling machine where pre-measured amounts of molasses are poured into bottles moving along a conveyer belt.

Sugar and Molasses are made!!

Reference:

<http://www.madehow.com/Volume-5/Molasses.html>

Did you hear the one about the Mole Family! The Daddy mole peeks out of the hole and says, mmm I smell butter. The Momma mole peeks out of the hole and says, mmm I smell pancakes. The Baby mole peeks out of the hole and says, mmm I smell mole - asses!! LOL

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## Bobby Marchesso - Spiritual Coffee Workshop & Gallery at the home of Isa Kirk, SD

By reconnecting with our long time friend, now living in California, Jack and I had the chance to go to one of Bobby Marchesso's "Galleries" last fall, where he offers his very unique gift of connecting telepathically for you with loved ones who have crossed over. He can hear / feel them clearly and learned over many years of practice how to express their thoughts and messages to their loved ones here in the physical realm. It was an incredible uplifting and wonderful experience, as he could tell me several things from my father, I never talked about or had even considered. He told me a number of specifics, certainly no one else knew - very comforting. I finally found closure.

Bobby has long since he started to use his gift, expanded his ability to coach and help people with all kinds of spiritual questions not necessarily only questions directed towards deceased loved ones.

Jack and I are very much looking forward to having Bobby at our place for the first time, offering this Q&A workshop/gallery at Plenty Star Ranch, 9.5 miles South of Custer on Hwy 385, 605-673-3012 Date August 7th, 2pm - 4pm. \$35/per person - call or e-mail for reservations. Upfront payment required.

## TAROT TALK

Our tarot cards this month are the sixes which all relate back to the Lovers in the major arcana. The sixes deal with family issues as well as the energies around work, service and spiritual values.

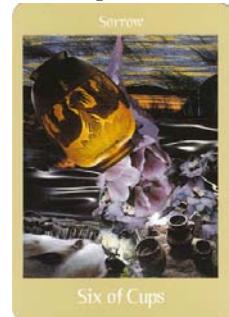


The **Six of Crystals is Confusion** which is the chaos before creation manifests into material form. When you deny the mind the ability to entertain opposing ideas the mind shuts down. Especially, in relationships we are required to keep an open mind and investigate all possibilities in any

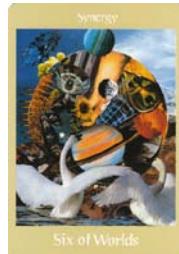
situation where the ideas and feelings of others are concerned. Brainstorming over family decisions is a good idea. Allowing every member of the family to input on important situations brings children into the family more and teaches them about making decisions in every area of the family life. It helps everyone to see that their suggestions are valid and that no one person holds the complete right to make decisions for the whole group. Knowing that things are relative to one's

own perspective, you can see truth as transcending the thinking mind. Truth is a composition of opposites that form whole new concepts. Always be willing to see the other side of any situation. When the Six of Crystals turns up in your reading know that changes are on the way. There will be movement that brings a different point of view. If you are really open to manifestation you might even find that a move is in the offing.

The **Six of Cups is Sorrow** which is now required to



heal for families to mend and enter into deeper relationships for the New Age. The beliefs in wrong, bad and improper have bred guilt and shame for as long the ideas have been in place. Often people carry a sorrow about how their family treated them or even sadness about being a part of the family that their Soul chose for this life time. Sorrow makes a heavy heart. View the heart as a jar that has accumulated sorrow over time and now it is time to empty the jar, cleanse it with love and fill it with new joy and inclusion. Letting go of the past is not something that can be said and then dismissed. If that were the case no one would have any burdens to forgive. Forgiveness must be felt and often, in feeling the emotions that require forgiveness, we experience anger and revisit the whole event all over again. It is not necessary to go over and over the past in order to let it go. In fact, the less attention that is given to *what was* the better. Be willing to forgive, even if you cannot remember what it is, is the most Masterful step of all. The EGO needs to know what is being forgiven so that it can supervise the process. Feeling a heart felt opening to new love and embracing the possibilities of inclusion rather than more exclusion is extremely powerful. Prepare yourself for new, loving experiences with people that, perhaps you had "written off" as a bad cause. Be open to changes, but don't expect them or keep looking for something to happen. That kind of hard vision prevents the good from reaching you. It is EGO driven activity.



The **Six of Worlds is Synergy** defined as "The sum total of all of the parts is more important than any one part alone." Synergy draws ideas, thoughts, plans and actions together in such a way that the focus is on the development of the project rather than who is right or wrong. When the group mind is directed to one delightful outcome,

rather than “how things have to work” everything just falls into place.

This card brings together the elements of power and success. Whenever there is six energy think of the Star of David or the six pointed Star of Lord Michael—as above, so below. The highest good is sharing itself with the world. Blend your own resources and abilities. Integrate the resources and abilities of others and be amazed at what develops. This is another place where the total input of ideas and concepts of the family can bring about big changes. Sixes always call for a blending of opposing ideas, theories or points of view. In these times of greatest crisis some of the most profound entrepreneurship is emerging. Inspiration is flowing if there is a willingness to tap into it. Trying to make something happen just dries up the flow in the accelerated energy. When we speak of family it may be the blood relatives you were raised with, the spouse and children that you have or it could be social and/or spiritual family. The most delightful service is that which occurs naturally. Someone has a requirement and you know just how to fulfill it. Stepping in when it is appropriate to assist in times of crisis. Many people have come up with very lucrative ideas from just such occasions as this. When the intension is humanitarian the good benefits everyone—financially, emotionally and spiritually. Give your best and you will in turn, receive the best. We only give our true best when we are NOT calculating what we can get out of the situation or looking for a return. The best blessings come from the unexpected places. When we share our power and energy willingly the returns are everywhere. When the Six of Worlds appears in your reading is prepared for unexpected potential and fulfillment. The project that seemed to be going nowhere suddenly takes off or the benefactor that you require shows up at the very last minute.

The **Six of Wands** is Trust which is imperative to family cohesion. Trust yourself and your own beliefs and ideas, while remaining open to new concepts from others. Faith is an element that allows you to walk forward into the Unknown with a sense of confidence because you can feel the loving assistance of both seen and unseen worlds. The teachings of the World have given us an idea that the unknown is potentially dangerous. The Universe is a friendly place and creation has our best interests at its heart. Trusting is not an intellectual process because if we do not experience the energy of trust the idea is one dimensional. Trust you own



instincts and intuitions for everyone is not trustworthy. Remain receptive and pay attention.



### ST. GERMAIN'S MESSAGE

Beloved Masters, very often the mind has a tendency to view us as parents or teachers from the World perspective. We are considered judgmental and harsh as judges of the World have been. Many of you look to us for help and then wonder

what the price will be for the assistance, because you put a price on aid and assistance. God is viewed as a stern father and often the patriarchal rigidity is laid at God's door as though God were a man rather than an essence of Love. This is true of all divine images—whatever the consideration of discipline in the religion then the example must be tough and hold the line on rebellious children.

We want to remind you again that the PARENTAL ORDER IS PASSING AWAY, the Order of Doing is dying; the outer focus on the World has been a grand distraction of the game of separation. The Age of Aquarius is not about either/or it is about unity of all things. Multi-tasking is a word that has become popular in recent times and it applies to adapting to working in mental, spiritual, emotional and physical realms all at the same time. What is going on out there is important, but much more important is your integration of self with self. There are people who are experiencing the traumas of destruction of all that they have known and are finding a resiliency that they would not have believed they could find within themselves. It isn't mental alone, because that would not support at such deep levels of emotional stability. Some would call it the Love of God—others might simply say that they feel renewed strength. Whatever, the description it is showing up more and more. It is the reconnection to the All-ness that is rising up from the very depths of the Soul and is changing the fiber and magnitude of each life. It is happening with those who do not yet feel it as well as those who are beginning to recognize the differences inside of themselves.

Still the EGO will say, “I want to be a Master. How do I become a Master, what do I do?” The same EGO that asks these questions will become very resistant to the answers that we would bring. “That's not what I want. That's not what I meant. That's too hard or too much trouble.” Only when you are ready, at a deep

Soul level, to make the changes involved in recognizing that you already are a Master will the light come on inside of you. You are not *trying* to become a Master, but seeking to remember that you are and always have been a Master. The EGO says, "But Masters create only good." I will tell you again that God empowers **free-will** and in that empowerment all of your creations are supported. As you remember that you are one with all love and you are loved without limit your choices and intentions become more focused on the highest and best good for all. God does not see "good and bad", therefore, God does not judge your creations. Good and bad are definitions of separation and in separation even though you are Masters, you have forgotten, so many of your creations have not been of the highest quality if you must judge them. God does not judge them. The Mind has decided that God, like a patriarchal father, judges the actions of humanity and meets out punishment. So I will tell you again and again, "**UNCONDITIONAL LOVE WILL NOT PUNISH IT'S CREATION, UNCONDITIONAL LOVE WILL NOT DESTROY OR KILL IT'S CREATION NOR WILL IT EVER ABANDON IT'S CREATION.**" Human limits imposed upon God are just that—limits of separation.

Love has waited within you throughout all time. Call it "God, the Mysteries or the Inner Merlin" it waits in the Soul center for you to remember who you are and that it is there.

In the chaos of the current times the EGO is doing everything that it possibly can to cause fear and resistance to remembering all that you are. You can hear anything—"black is white, dark is light, day is night"—and it is up to you, not to *figure out* what is right, but to discern from your Soul center the Truth for you. **ALL TRUTH IS TRUE**, but all truth may not be true for you in this moment. Timing is everything. The Mind operates in the limit of what it knows. The EGO controls the mental realms. Soul is guided by Spirit and has access to unlimited potential and possibilities. Making the shift from relying on the Mind alone, to allowing the Soul's awareness to be your guidance, reveals (**REVELATION**) greater Truth with each event or experience in your life. The more Truth you access the stronger you become in the shifts to higher frequency—the more you understand that We, the Masters, as does God, have your very best interests at heart. We would not push you to be or do something that does not align with you, but We will hold you in such powerful Love essence in the desire that you will open to more profound enlightenment for yourself. Nothing that is occurring on the Earth at

this time is about **THEM**—mostly, because the world that you are perceiving is your own creation. Here the Mind rushes forth to the front of the courtroom to defend its right to be a victim. "You don't understand what they are doing to me, to others, to the world." Beloved Masters, there are no victims, only volunteers. What are you as a Master choosing to create for yourself and others in your world. Will you hold both friends and strangers in victimization by your words and thoughts, or will you be mindful to always speak well of yourself and others to support positive change in "your world"? Victimization is a Masters choice. YES, VICTIMIZATION IS A MASTERS CHOICE. You are a Master—choosing victimization is your own personal choice. Explaining that others are victims is a painful choice because it means that in "your world" those that you hold in victimization can never be anything more than that until you stop thinking and speaking of them as victims. Pity and sympathy are like a prison. It isn't kind to hold anyone—yourself or any other—in that cell of limit. The teachings of the Game of Separation have been to feel sorry for people because life isn't treating them right. If you don't hold a positive intention for their overcoming how can they move out of the limits and into the Light. Be willing to think and speak empowering words about everything and everyone all of the time. Shame and guilt are products of a lack of Spiritual discipline. You have gotten caught by yourself not living up to the highest and best that you know, from a Soul level, you can give and be. Be Faithful to yourself. Forgive looking to us to do things for you. Forgive being angry at God for not making your life work the way your Mind thought it should, Divine, Beloved, Creative, Masters.

When you stop looking for a parent to make your life work, when you forgive being a victim to the past, you can begin to realize your Mastery. Who you have been is no longer important. Who you are today and what you truly desire to become is all there is. "The past is history, the Future a mystery and NOW is a gift—that is why it is called the PRESENT. You, Beloved Masters, are great gifts right NOW. Feel that energy, take it in, let it be yours. Stop pushing the blessings away and then swearing that you never get any praise. Love is all around you, within and without. Own it. **OWN IT! OWN IT ALL AS YOURS!!** What is yours is yours and no one can take it away from you, but you can create such a blindness, and you have, that you will avow that someone else took your good. Everything that you desire is right at the tips of your fingers, just beyond the veil (blindness) of your disbelief. Masters, you have spent life times creating that blindness and now it is time to let it go. It is your

creation. No one else can take it away. You are required to release it.

The hell of these times is a Hell of long standing, a well established belief in fear, guilt and shame dished out by those who wished to control the Mind. If you don't believe in Hell then forgive creating right where you are. You can create Heaven just as easily, but the EGO does not see Heaven as nearly as dramatic as Hell. In fact, the EGO keeps asking if you really want to let go of the conflict and chaos, because "what if the alternatives are less exciting"? The addiction to adrenaline rush, in many ways, is delaying Spiritual progress. "What if there is no fix in Spirituality?" You are, Beloved Masters, required to let go of control and step into the unknown on FAITH. Allow yourself to connect to the Soul essence in the depth of your body, in the Soul Center. It isn't physical, but We assure you that you will be able to feel it when you stop trying to. The Mind is looking for something fixed to cling to, called Soul Essence. Spirit is not and never has been fixed. Spirit is not static, but ever moving, changing and expanding. Allow, Masters, that you may flow with that river of Love and Light that makes your everyday, ordinary life exquisite. You are not going somewhere else. You are changing you "right here and right NOW". The Mind resists change. It sees change as a judgment against what it is and what it is doing. "I dare you to make me change", the Mind says. In that moment you catch a glimpse of the angry, frightened four year old that is the EGO. Change is glorious! Now that is exciting. Change holds promise and delightful potential. Let yourself be unfettered to experience the life beyond limit—fifth, sixth, seventh, eighth, ninth and tenth dimensional frequencies. The third and fourth dimensions are not going anywhere, literally. You can cling to what you have known, that is finished or you can allow yourself to make movement, Divine, Beloved, Creative, Masters. Either way it is a Masters choice.

And so, Beloved Masters, We await what you the Master will choose. We adorn you no matter what. The choice for acceleration is entirely up to you. Until we meet again, in what ever manner that may be, in the greatest of Love, We are with you. I remain your humble servant. I AM the Lord St. Germain.

## ADS

**Nancy Sehnert** is a Healing Touch Certified Practitioner offering sessions in Riverton and Lander. Healing Touch is a light touch or near body energy

therapy in which practitioners consciously use their hands in a heart-centered and intentional way. Nancy has learned to gently manipulate the naturally occurring human energy field to enhance wellness through body/mind/ spirit connections. Call her with questions or to schedule a session 307-850-6208 or visit her web site [energyflowtherapies@wyoming.com](mailto:energyflowtherapies@wyoming.com)

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**Kathleen Edwards** is a Reiki Practitioner and Teacher who brings loving essence to her healing. Kathleen is located in Lander. You may reach Kathleen for a Reiki healing session or Reiki attunement at 772 532-4210.

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**Nancy Wadda** is an acupuncturist with over three years of training. She is trained in the FIVE SEASONS technique and has an amazing intuition in her work. She is located in the Rainbow Center, 177 N. 4th in Lander. You can reach her for appointments at 205 566-1424.

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**Maia Rose** does sacral cranial work and massage, as well as other therapies. She is located in the Rainbow Center, 177 N. 4th in Lander. For appointments call 307 345-3262.

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**Delphinia Bey** is a massage therapist, reiki master and healer, who does deep tissue massage, hot rocks and other modalities. She located at 150 S. 2nd in Lander. For appointments call 307 349-2120.

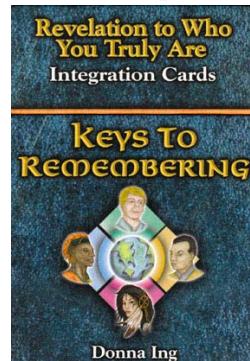
## OF POETRY AND PROSE by Nanna Hansen

This is a special and very personal website that shares the dreams and visions of Nanna L. Hansen from past, present and future. Nanna's Visions come from many timelines. The writing is often in old style and yet it addresses modern subject matter.

Her website: <http://www.ofpoetryandprose.ca>

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## Donna Ing presents



## Keys to Remembering

Donna Ing has her card deck and book through her website. She and St. Germain spent almost ten years developing this amazing tool to assist us in the remembering process. Watch

for a video on YouTube about the book and deck soon.  
<http://www.RememberingInsights.com>.

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## ART BY ISA



Isa Kirk has been an artist all her life and offers personal "Painted Portraits & Visions in Pastel", some LE prints and unique, inspirational greeting cards featuring her paintings and photos.

[www.paintingsbyisa.com](http://www.paintingsbyisa.com)  
She also offers personal

readings for people and their animals, as well as Black Hills Flower Essences. Visit her art gallery at her home at Plenty Star Ranch, Black Hills, SD For directions and appointments call 605-673-3012 Love to connect with your on facebook

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[www.plentystarranch.com](http://www.plentystarranch.com)

"Painted Portraits & Visions" [www.paintingsbyisa.com](http://www.paintingsbyisa.com)  
Ranch Blog: [www.plentystarranch.com/wordpress](http://www.plentystarranch.com/wordpress)

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## Shaylinn Kaiser dba

Subtle Impressions offers Craniosacral Therapy blended with Reiki, Kinergetics and Energetic Rewiring. She is located at the Rainbow Center for the Humanities, 177 N. 4th, Lander. For appointments or information, please call 307 332-4471 or 307 349-9837. Gift certificates are available.

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**Annalaiya** is an iridologist and flower essence practitioner and natural healer, who has a background in chiropractic medicine. She can assist in physical, emotional and spiritual healing through the music table, color box, nutritional counseling and many other offerings. Wholistic Options, 214 Main in Lander is open by appointment. Call 307 332-9882 or 307 438-0927 for appointments and information.

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## Kimberly Rae Hansen

Digital Artistry

Kim does computer generated fractal art. We have one of Kim's pictures and it is most amazing. Do check out her website!

[www.kimberlyraehansen.com](http://www.kimberlyraehansen.com)

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**Delores DeVore** owns Sound-Works, healing with voice and tuning forks. [www.sound-works.biz](http://www.sound-works.biz)

Delores has a background in web design.

[www.ddswebdesign.com](http://www.ddswebdesign.com)

or call Delores DeVore 678 634-1249

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