



October Newsletter



Our first picture this month is our new statue of Pegasus. St. Germain named him Pygoris. We have lots of choke cherries for jam and jelly as well as wine. The third picture is autumn on the PopoAgie River.

Here we are into the fall season and October is upon us. The colors are almost finished here in the Lander Valley and surrounding mountains. We have thoroughly enjoyed the beauty of autumn this year. We have many beautiful drives that can be made in this area and we have taken the time to drive the "Loop Road" that runs from the Sinks Canyon through the Shoshoni National Forest and up into the high country. There is the Reservoir, Fry Lake and Louis Lake. We had not driven this road in several years because it was in such bad condition. There has been a lot of road work and the pine beetle infestation has created a need for many of the trees to be cut down. There are now beautiful vistas that did not exist before and the road is wonderful. It is a twenty-six mile drive from one end of the Loop Road to the other but it takes about three hours if you spend time and really enjoy the amazing scenery.

I am doing very well and will be leaving the end of the month for my east coast tour. I truly do hope that the weather will settle down for everyone's sake. Again I

offer thanks to those who have sent prayers and well wishes. I accept the Love totally.

The excitement over the intensive in Georgia and the 11-11-11 event in North Carolina has been building. The information that St. Germain is providing is uplifting and expanding. St. Germain has told me that the Evenings for 2011 will be "Personal Magik II: Discussions with Merlin". I have found the Personal Magik series to be most helpful and would suggest that you consider the tools and support that St. Germain has been offering over the last three years "The Virtues", "Know Thyself" and the "Personal Magik" series.

For myself I am finding that the changes are most challenging. I feel as though the old ways of doing things are just slipping out of reach and the growth that is necessary to evolve is quite demanding. I feel a requirement to be still and listen within, often to find that the EGO is right there to attempt to distract my thoughts and cause me to turn back to the "old, familiar ways". I find that those ways become progressively more futile all of the time. It is to stay very present with the allowing process and keep reminding myself that trying accomplishes nothing but frustration. Often I go for days and feel very centered and then the EGO finds some old pattern that must be cleared and drags out old belief systems that can trip me up if I let them. The old order looked for solutions that "cured" everything and then "we would never have to do that again". Moving into the new understanding requires recognizing that every time we live a situation "over again" we must come to the recognition that though it appears the same we are in a different place with it. The changes absolutely can not be made mentally, "I told myself not to do that" or "I said that I must make changes this way or that". Telling oneself how to do things without feeling in agreement with the idea brings in the old rebellion against the "parent" and the EGO is delighted by all of the "I told myself" concepts. Paying attention to all of the places where you are arguing within yourself about choices is very important. Confusion is always the

work of the EGO. In Spirit there is no “right or wrong” way, only Love’s way. Making choices for the highest good of all concerned cannot be done in the head, because the mind looks for justification of what it wants rather than what is best for all.

As we let go of the old ways it is as though there is more space within and the energy feels lighter and more peaceful, not because of something that was gotten rid of, but because of something that was let go of. My advice to all is stay with yourself. **YOU ARE NOT LOSING YOUR MIND. YOU ARE JUST LEARNING TO LET GO OF IT!** The emotional roller coaster is a natural part of the process of change. Learning to live without knowing exactly what is coming next is a stretch. St. Germain has said that Wizards and Masters remember the future, rather than the past because we understand how to create what we want and do not need to *review* what happened that did not work. I hope that your fall transition into winter is fun, beautiful and pleasant.

Rainbow Center News

Our October group will be held at the Rainbow Center for the Humanities, 177 N. 4th, Lander, WY. The group will be from two to five p.m. on Sunday October 9th. The title is “EGO: The Two-headed Dragon and the Gollum Syndrome.”

CD’s can be purchased on the website at www.voiceofthegatekeepers.com/2011groups.html

St. Germain brings the tenth of our “Personal Magik” series “The Joy of Magik”.

Both CD’s and DVD’s of the first six parts of the series are available. If you purchase the set of six “Personal Magik” CD’s or DVD’s you will get the sixth one free.

To order CD’s or DVD’s www.voiceofthegatekeepers.com/evenings.html

Our next intensive, “Beauty and the Beast: Love Transforming EGO” will be November 5-6 in Newborn, Ga at the Crystal Organic Farm. Molly will be available for private readings from October 29-November 9. Call Helen Dumba, 770 784-1060 for registration and appointments.

ASTROLOGY

FULL MOON

Aries and Libra are the polar opposites that help us to understand relationships. This Full Moon on October 11-12 brings us to the next level of awareness and understanding about how relationships have not worked and why, so that we can powerfully shift our focus to loving acceptance of ourselves and all others.

It has never been easier to realize quantum and galactic truths. Saturn, The Great Teacher, will exactly conjunct the Sun and oppose the Moon at this Full Moon and that brings in the cosmic principles of cause and effect so that we will be, once more, reminded that the thoughts and ideas that we entertain influence everything. There are no “idle thoughts” and anything that we give power to will potentially manifest in our “world” in some way. Saturn will bring us the gift of our own personal authority and with it the responsibility for what we create. There is no one that is exempt. “By reason of insanity” is no excuse as Divine Insanity is everywhere.

Mayan scholar Carl Johan Calleman states that the Mayan calendar is ending between October 11-28 of 2011. No waiting until December 21 of 2012 for the shifts and changes that have been contemplated for so long. In Mayan cosmology the evolution of consciousness has been changing for the last 16.4 billion years. This corresponds with the scientific community’s estimate of the age of the Universe.

Just as December 31 marks the end of a year, the end of the Mayan calendar marks the completion of one great cycle and the beginning of a new one. The end of this cycle of the Mayan calendar marks a dimensional shift into universal consciousness. We can no longer pretend that we are small.

The Aries Full Moon at the end of the Mayan calendar emphasizes portals into universal consciousness that can heal the conflicts between opposites and bring equality and interdependence. Aries always symbolizes new beginnings and Libra represents the power of Love, living authentically by being objective and recognizing the mutual importance of each being on the planet. Aries highlights the places where true courage is required to make the breakthroughs into new concepts and ways of interaction.

In these final days of duality we are settling our karmic debts at warp speed which is creating a lot of “strangeness” that cannot be put into an old box for

identification. This time the frontiers are within more than without, but “We still must go bravely where no one has gone before.”

Learning to understand exactly what being means cannot be *done*—being is an allowance. Moving into our hearts and letting love guide us to live each day with more gratitude and less fear or judgment is a monumental change that cannot be avoided. Because we will never gain Love through a war the forgiveness of our penchant for conflict is imperative. Those who are shouting that we must not wind down the war are clinging, perhaps unsuccessfully, to the old ways that are passing. Battle will turn to dust and blow away in the new essence.

NEW MOON

The New Moon in Scorpio on October 26 puts our attention on releasing “what was” in order to make room for what is becoming. Scorpio is the most amazing of all the signs when it comes to transformation. Scorpio tells us to let go of what no longer serves us and Pluto—its ruler is holding forth in Capricorn, the sign that rules the patriarchal order. We must let go of the need to be governed by those who only have their own best interests in mind. We must let go of being told what to do, rather than decide from the depths of our own spiritual strength what is going to bring the very greatest outcome for all. This does not mean “I decide what is good for you”. This means holding an intension that each and everyone will allow his or her own best good to manifest in their lives NOW. No more “They must stop what they are doing”—much more “How am I contributing to what I don’t want by my anger, fear and hatred?”

Scorpio is the sign that is most concerned with the shadow self and the power of the unconscious. The shadow is all that we “love to fear”. It holds the secrets that we cannot let anyone know about and it holds the secrets that we keep from ourselves. The shadow holds our most repressed and undesirable qualities, but it also hides our true value, our shining gifts and the light of the world within us. Releasing the judgments and the need to take sides lets us out of the prison of our own making that has been our worst, darkest secret. When there is no “winning side” we can feel our own divine connection and naturally choose for what is good for all.

Jupiter opposes the Sun, Moon and asteroid Juno in Scorpio and urges us to deeply question our

assumptions and motivations. St. Germain is always saying, “Ain’t nothin’ what it seems” and as we approach the point of letting go of “what was” we must stop making decisions based on appearances and truly feel into what is really going on. This clears the paranoia of the EGO and allows the light of truth to shine in each situation.

Mars, the traditional ruler of Scorpio before Pluto’s discovery, quintiles (72 degrees) the New Moon, squaring Venus and Mercury and opposing Neptune. These aspects can stimulate new creativity, but they can also cause misunderstandings. Clarity is a virtue. Do not assume that everyone knows what is going on. Make sure that each person involved is aware of any changes—no tricks by “accidentally forgetting to tell everyone”. Emotions will run high during these aspects so it is up to each person to find their own center and stay there. This is exaggerated by the fact that this is the fifth of the six SuperMoons this year. This occurs when the Moon is both at perigee (its closest approach to the Earth) and syzygy (in line with the Sun and Earth). This puts tremendous pull on the gravitational fields of the Earth and on our psyches.

We stand at a crucial time in the Earth’s history when humanity must choose its future. This future holds both peril and promise. There are not two planets called Earth, but different dimensional frequencies where the choices of these times will be played out. We are responsible for the positive shifts, but not by how we force others to comply as much as how we make the powerful, positive changes within ourselves. Our responsibility to future generations is how we live now. It really isn’t about refusing to change or making sweeping reforms nearly so much as it is letting go of the necessity to continue along the same worn path that goes no where.



CRYSTAL CORNER

The scales--this is the sign for the Librans born between September 23rd and October 22nd. Being born in the sign of Libra, I have always considered my birthstone to be the Opal. Blue Sapphire and Pink Zircon are two other stones linked occasionally with this sign. The Opal has been labeled as unlucky for anyone not born in the sign of Libra but that is probably because it is so fragile and breaks easily.



Opal occurs in many different colors which work similarly but mostly it is about celebrating the goddess emerging. It works with moon energy nearly like Moonstone.

Blue Sapphire exhibits the vibrant color that makes you feel good and delights your heart. It brings dreams to fruition and imbues your life with lightness and joy. It aligns the physical, mental and spiritual levels and restores the balance which is so vital to you. It will aid you in the opening of the throat and third eye chakras. This is known as the Stone of Peace and resonates with your desire for a tranquil life. There is nothing those in the sign of Libra dislike more than confrontation and wearing a Sapphire assures peace of mind and overcomes our chronic indecision. We value quality, aesthetics and good taste and Sapphire's ability to attract prosperity is useful here. As with many of the rare stones and gems, its energy is very high. Use it wisely. There are those who could not bear it.



Libra is a diplomatic sign with a flair for creating harmony, especially in the environment, and for finding creative compromises. It is in negotiation and conflict resolution that your potential can shine and crystals such as Celestite support you in this as it promotes wisdom.



Lapis assists in expressing your opinion on a matter. (Think of the blue of the throat chakra and speaking the truth.) Sugilite supports overcoming conflict without either party having to compromise and carries the heart to higher levels of understanding once the heart has been opened. Ulexite goes to the core of



problems, aiding in resolution and activating solutions. As it would be rubbed, touched or held, it would be almost as though energetically one is absorbing the sweetness that would allow life to be much more digestible. Dendritic Agate helps you to create a peaceful environment and Mahogany Obsidian supports your aspirations, removing blockages to your life's work.

With so many beautiful tools to play with, we can overcome the challenges we face and create a wonderful life for ourselves. Happy journeys!

The information in this column comes from several different sources. 'The Crystal Zodiac' by Judy Hall is a good basic start for those interested in the zodiac. While some definitions for the stones might not resonate to your understanding, keep in mind that crystals and stones are multi-faceted and can accomplish many things. There are tools available if you look.

Contact me at:
Eternal Ice Enterprises
Linda Thomas
(800) 757-8478 or (307) 754-4396
www.eternal-ice.com

A reader sent me these most interesting and artistic pictures of the Moon. It brings a whole new perspective to our relationship with this celestial body. En-joy!

www.voiceofthegatekeepers.com/pdfs/moonpictures.pdf

TAROT TALK

There are many different layouts that can be used and no one of them is better or worse than the rest. Most important, always, in doing a reading is what feels good to you.

Some people pull a card for the day at the beginning or end of the day to define what is going on. Here at Rainbows End we pull three cards (past, present and future) at the Solstice, Equinox and on special days like Christmas, New Year's and birthdays. Over the next few newsletters I will be discussing different layouts so that you may get a feel for what might work best for you.

I started out using the Celtic Cross when I first began to read cards. The Celtic Cross is six cards laid in a diamond shape—one for departing energies (behind), one for what is coming (above), one for now (center), one for the past (below) and one for unseen influences (crossing the center card). The sixth card lies in front of the Now card and represents the future. Next to this diamond a column of four cards is laid—foundation of the issue (bottom), negative influences (second), friends or helpful influences (third) and outcome (fourth).

One of the things that I strongly suggest when doing a reading is—always look for positive outcomes. This does not mean ignore influences that can hamper your success, but seek to find the potential gift in each situation. The mind can jump to conclusions based on “worst possible outcomes” and you will miss important information that can guide you around obstacles. When I began to read cards I was told and I read in books “You must never attempt to read your own cards.” It didn't take me long to discover why. It takes personal objectivity in order to see clearly what the cards are saying. Looking to be “scared” or finding terrible things are aspects of the old order and really have very little to do with a good reading. Dire warnings can often simply be power trips of the EGO—who ever the reader may be.

Look to be supportive, not sympathetic. Sympathy is a cloying emotion that holds on to things that can limit

progress. Honesty and tact are a good blending. Be aware of those who want to tell you what to do, especially, if they become angry or upset because you don't do what they told you. There are still shreds of the old order that want to say how things must work. Consider carefully; dictators want to tell you what to do and how you must live and they want to enforce their directives. A Master is willing to appreciate your own amazing power to determine your where your life will go. The Master will point out potentials and let you discover, for yourself, the absolute best way for you to go. There is no exactly right or exactly wrong way to live. Caution about choices must be a yield sign, not a stop sign. We never know for someone else the best choice, even if we think we do. This is true because we never have ALL of the information. When we would doubt our own choices why would we be in a better position to say what someone else must decide. In the end, after all advice is given, it is up to you to make your own choices, even if the choice is to follow what someone else told you to do. The first admonition of being a good reader is “Know Thyself”. Understand that no two people will make the same decision for the same reason. Each one will have a different perspective and that must always be respected.

As you lay out your cards feel each one and then consider how it fits into the whole reading. No one card constitutes the whole picture. If you lay the cards face down and turn each one in its turn, hold off on deciding what the outcome will be until all of the cards are turned. Preconceived notions do not usually make a good reading. As you look at the cards allow them to speak to you. You probably won't hear “voices”, but you will get a sense of the card, just as you would get a sense person that you have just met. Be willing to change your perspective as things develop.

In the Celtic Cross reading you may wish to begin by speaking of influences that are passing out of the picture and making space for the new ideas. You might, instead begin with the NOW card and address the nature of the subject of the reading. You may find that having a set pattern of reading will change as you begin to get more comfortable with the cards and how you relate to them. Use a deck that you can be comfortable with so that you gain a measure of trust with the cards. Get to know your cards. They are like people in your life. You can not always predict that any one person is going to be the same all of the time, so don't expect your cards to tell you the same story for every person. Look at the setting the card is in. What cards are around it and where does it fall in the

reading? All of these factors will change the color, tone and presentation of the card.

I have laid out a reading which is given here. [There is a large visual image here.](#)



I have laid out a reading which is given here.

The Celtic Cross
Incoming Influences
 Sage of Worlds or
 Knight of Pentacles

Passing influences
 4 of Worlds or
 Pentacles

Now
 10 of Worlds or
 Pentacles

The Future
 3 of Cups

Crossing Card
 5 of Crystals or
 Swords

The past
 2 of Crystals or
 Swords

The Column

Outcome
 The Eight of Major Arcana
 Balance or Strength

Friends or Helpful Influences
 4 of Cups

Negative Influences
 Man of Crystals or Swords

Foundation
 8 of Worlds or Pentacles

For those of you who read cards, I will let you decide what you see. Next month I will tell you what I see in the cards for this unknown person. The question is “Where will I go next?” Have fun with the reading and be good to yourselves.



ST. GERMAIN'S MESSAGE

You feel the anger and frustration every where you turn. You turn on the news to hear what is happening now and you feel even more helpless than before. What is wrong with the government? Why can't people do what is right?

How can the attention be on things that are not important? When will I get a job? How will I pay the bills? The mind is wild with fear and speculation. What are you thinking? **WHAT ARE YOU THINKING?** Are you listening to what is going on in your mind or are you on automatic pilot? When have you checked in with yourself to see how you are creating your world? **You are creating your world you know.**

The mind fights for its right to keep fear going. It shouts about wrongs that remain unstoppable. The analysts and the warriors keep going over and over the same bits of trivia. The world is starving for hope and peace and it is constantly given empty ideas that satisfy nothing. Why? **Why? WHY?** Because you are not thinking clearly. You are allowing the EGO to continuously introduce “new” ideas of lack and limit.

You are the peace maker in the midst of conflict. **You** are the wise Master in a world of insanity. **You** are the absolute light and the totality of darkness and it all exist within you. When you own the darkness within the darkness without has no hold on you. When your secrets are no longer something to fear you live your Mastery. Take your life one idea at a time, Masters. When the whole scene is thrown at you at once you go into overwhelm. When you simply focus on the moment things gain perspective and you are more than capable of taking care of each event that happens.

STOP!!! Take a deep breath and rest your mind for a while. Notice that when you attempt to rest the mind, it wants to keep cranking out thoughts. Where do these thoughts take you? How long have you gone over and over the same ideas in the hope that this time

you will find a different solution? **THE ANSWERS ARE NOT OUT THERE!!** They never have been. You may hear people say things that you agree with about what others should do, but have you considered that to these people *you are the others*. The question “Why don’t **THEY** do something?” is rhetorical. You look into the mirror of others and ask the reflection of your self “Why?”

Listen to **I Beloved Masters**, “Nothing changes until it is time. It is now time for change and the old order still wanting everything and everyone *else* to change.”

What are you feeling in your solar plexus as we rerun your daily affairs energetically before you? You may say, “It makes me angry or I feel fear”, but what you are experiencing is your emotional reactivation to what is going on outside of you. What are you feeling? Everything that is going on out there is within you. In fact, you are the one who is creating it. The **EGO** shouts “Not fair. I didn’t make these things happen. It is not my fault that no one can get along. I didn’t cause the weather. God is punishing us”. What for? Why would God, who loves you more that you can imagine, punish you? Let go of the illusions that blind your vision to where you are going. God’s divine intension has always been your highest good.

Nothing is as it appears. You are punishing yourself by going over and over the same old limits. The intellect knows certain facts and each person has a scope of experience to **JUDGE** by. Your scope of limit was first instilled by your parents who taught you the limits that they learned from their parents. It does not matter how educated or uneducated your parents were, it is how you have chosen to use of the limits that they taught you. Brilliantly educated people still operate in the small box of what they know. The educated mind may understand the manipulations of the World game somewhat better, but the World operates in limitation. The World believes that if you have money you have power. However, there is the underlying fact that there is a fear of power in the World and the more power one gets the more they may fear losing it. When you understand that anything that exists in the World exists in you, you begin to be free of the fear that something outside of you can take what you have. **FOR EVERY RULE THAT THE WORLD (EGO) HAS SET BEFORE YOU THE SAME “EGO” HAS SET A CONTRARY RULE TO CONFUSE YOU.**

Example: Men have created the belief that women are far too emotional to be good at making decisions when it comes to war and World affairs. Yet “The hand that rocks the cradle rules the world.”

When it comes to sexual affairs (the biggest power game on the planet) men are ruled by their gonads and swear that they are helpless to restrain themselves.

Women weep and men will pretend to be stoic, but emotions—even though they are played out differently—still tend to undermine life on the planet and distort things. The truth is that everyone has emotions and each person experiences their emotional responses differently. People stand and judge, yet they cannot see themselves. Forgive the separation and accept that each person is part of you. They may represent the parts that you have rejected throughout life times, but each one is a part of you and the healing is in accepting them. The mind says, “I cannot accept a murderer or a rapist. I am not like those people. I would never (fill in the blanks).” **Everything that you see out there exists within you.**

The only thing that is internal about men is their emotions so they believe that they can convince the World that they are completely steady in all things. When a man has a problem he wants to go inside and think until he gets a solution that he believes is the answer. The only thing external about a woman is her emotions, and because she wants to talk about feelings—men are disturbed by the exposure of, often raw, emotions. Women do not want solutions; they want to understand what they are feeling. They will talk about how they feel until they begin to “get it”. There is no right and wrong in this set of oppositions—it is the requirement of balance. Because over the last several thousand years’ men have held sway in how the affairs of the planet function, there have developed a set of judgments around the rights and wrongs of male and female behavior.

The illusion is full of directives about how to live. Have you ever noticed that dictators want to tell you how to live and they are there to enforce it? A good Teacher will give you an example or set you a task and allow you to find the answers yourself. The Mind gets frustrated when there are not immediate answers, yet the personal experiences that you have teach you far more than someone else telling you how to have an experience or how you should experience certain things.

Many students will pay out great sums of money to go to a college where the teachers have a certain mindset about how things work. The “smart” students will catch on quickly that in order to get a good grade one must simply know what the teacher wants and give it to them. A Master in the becoming (rebel) will see that

there is truth in what is being said, but there are also illusions. These students will probably not get the best grades, yet they will emerge with a broad new scope of possibilities. Here is another of the downfalls of the illusions. The fantasy has been that if one is well educated they can get ahead. Now there are thousands of well educated people who are out of a job because they are “over qualified”. The EGO always plays both ends against the middle. It is not whether one is educated or not but what one chooses to do with what they have.

There are brilliant people who are so caught up in the illusion that they just keep repeating over and over “I can’t get a job”, “There are not enough jobs” “I will never get ahead again”. The sad part is that they are absolutely right. There are those who “don’t know any better than to believe that they will succeed no matter what” and they do. The fire in the belly is often far more powerful to motivate one forward than the knowledge in the brain alone.

So now we come to the point of shift in these times. Letting go of how things were and adapting to new ways of accomplishing is imperative. Defending what no longer works is inefficient use of energy. Look around you and see that those who are still *trying* to get a job, but keep bad mouthing themselves and everyone else, are having a much more difficult time than ever. You can keep repeating what you have been taught or you can pay attention to the fact that those old ways are falling to dust. You can keep throwing yourself against the wall of the past or you can turn around and begin to move forward, even if you are not sure just where you are going—at least you are moving. You are no longer stuck in the muck of the old ways of thinking. Sometimes, just realizing which way you are facing can be a life changing event. Are you still looking back? How long have you been facing that direction when you swore that your desire was to move forward? The future is an unknown but backing into it will not ease the way. Often backing forward just slows things down even more.

WHAT YOU AFFIRM IS HOW YOUR LIFE WORKS!!! Are you listening to what you are saying about your life? People will make positive affirmations and then go about their day repeating the same old limiting ideas that they have always thought and they cannot understand why things do not get better. To make a positive affirmation in desperation cancels the outcome. Feel the energy in your solar plexus when you say, “I need or I want” before your statement of expansion.

Make an affirmation for new good with a mind full of doubt and a belly full of fear and the positive idea dies before it is born. **Get excited about your life.** Your EGO may say “I can’t”. Then it is up to you Divine, Beloved Creative Masters to care enough about yourselves to change the direction of your thoughts again and again until you find that you are focusing on the positive outcomes rather than looking for the next failure just to prove that you are right.

The answers are all within you. They are NOT in your head. They exist in the deepest, most powerful place—the center of your being, your Soul center. When you can just stop thinking it is amazing that the most brilliant answers come to you, shining in the light of Love. Another of the rules of the illusion is that Love is weak and if you live by Love you will lose everything. Beloved Masters, without Love what is there to lose?

There are the horrible tyrants—Hitler, Voldemort, in Harry Potter, the military in the movie Avatar, that are talked about over and over and Love always overcomes. That Love wins, is not a sugar-coated illusion, Beloved Masters, it is Eternal Truth.

The Earth is being brought to a point of Spiritual multi-tasking where you use your mind for identifying form and your Soul for the development of vast new good. This will assist you to see from a perspective that shows you what has value and what is waste. To give power to the old ways depletes you and leaves you feeling exhausted. To be open to different concepts empowers you and brings new vitality. You don’t have to ask, “Is this the right way?” Feel how the energy lifts you when it is Love. The momentary high of doing something you shouldn’t burns out far more quickly than ever before and leaves an emptiness that nothing seems to fill. “Sneaking around” was a child’s game from the Parental Order. Who are you fooling but yourself? God knows everything you create and so, Beloved Masters, do you. God does not judge you, so you are the only one who can decide what you are designing for your life.

Resisting the draw to the old ways takes strength and perseverance. You are called on to stand with yourself as you never have before. This is not the fight of the old order against what others are doing, but the recognition that you create every thing that happens in your world. They are creating what happens in their world. How do you wish things to be? **YOU CANNOT CHANGE THEM AND YOU CANNOT STOP THEM.** Your mind keeps wanting to take you to those places again and again, but the

changes will only happen when you stop attempting to make the shifts outside of your self. All creation begins within. Wanting a peaceful world, but focusing on conflict leaves no place for peace within, so what keeps manifesting is fighting, anger and strife. Make peace within and the world begins to comply. People may not change, but you see them differently. You begin to allow yourself to live well and life supplies the stage and all of the props for a great life. What will you do with the opportunities? It is your choice. It is no longer up to someone else to tell you what to do.

The chaos is a part of the changing times. Wanting it to go away so that you can have the space to create what you want is outer focus. If you are holding on to the chaos within yourself then you will find no quiet place to create change that is to your liking. Listening to your EGO defend the right to fight is a distraction that denies you new material to design a new life. You have help, but that help is the support to allow you to go a new direction, make a new way and find your own direction. No longer will you be told what to do just so you can rebel against it. You have the tools and the savvy. We are holding powerful intentions for your unformed future.

In the greatest of Love we support you. We give you the answers again and again until one day you say "Why didn't you say that in the first place?" and then you begin to realize that we did. You are so Loved. Until we meet again in whatever manner that may be I bid you Adieu. I AM the Lord St. Germain

ADS

Nancy Schnert is a Healing Touch Certified Practitioner offering sessions in Riverton and Lander. Healing Touch is a light touch or near body energy therapy in which practitioners consciously use their hands in a heart-centered and intentional way. Nancy has learned to gently manipulate the naturally occurring human energy field to enhance wellness through body/mind/ spirit connections. Call her with questions or to schedule a session 307-850-6208 or visit her web site www.energyflowtherapies@wvoming.com

Kathleen Edwards is a Reiki Practitioner and Teacher who brings loving essence to her healing. Kathleen is located in Lander. You may reach Kathleen for a Reiki healing session or Reiki attunement at 772 532-4210.

Nancy Wadda is an acupuncturist with over three years of training. She is trained in the FIVE SEASONS technique and has an amazing intuition in her work. She is located in the Rainbow Center, 177 N. 4th St. in Lander. You can reach her for appointments at 205 566-1424.

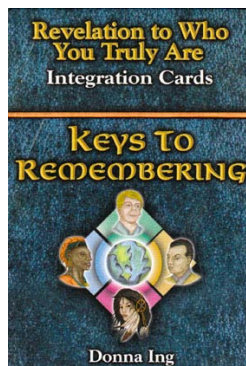
Maia Rose does sacral cranial work and massage, as well as other therapies. She is located in the Rainbow Center, 177 N. 4th St. in Lander. For appointments call 307 345-3262.

Delphinia Bey is a massage therapist, reiki master and healer, who practices deep tissue massage, hot rocks and other modalities. She is located at 150 S. 2nd in Lander. For appointments call 307 349-2120.

OF POETRY AND PROSE by Nanna Hansen

This is a special and very personal website that shares the dreams and visions of Nanna L. Hansen from past, present and future. Nanna's Visions come from many timelines.

The writing is often in old style and yet it addresses modern subject matter.
Her website: <http://www.ofpoetryandprose.ca>



Keys to Remembering

Donna Ing has her card deck and book through her website. She and St. Germain spent almost ten years developing this amazing tool to assist us in the remembering process. Watch for a video on YouTube about the book and deck soon.

<http://www.RememberingInsights.com>

ART BY ISA



Isa Kirk has been an artist all her life and offers personal "Painted Portraits & Visions in Pastel", some LE prints and unique, inspirational greeting cards featuring her paintings and photos.

www.paintingsbyisa.com

She also offers personal readings for people and their animals, as well as Black Hills Flower Essences. Visit her art gallery at her home at Plenty Star Ranch, Black Hills, SD For directions and appointments call 605-673-3012 Love to connect with your on facebook Plenty Star Ranch - Horse Boarding in the Black Hills www.plentystarranch.com

"Painted Portraits & Visions" www.paintingsbyisa.com
Ranch Blog: www.plentystarranch.com/wordpress

Annalaiya is an iridologist and flower essence practitioner and natural healer, who has a background in chiropractic medicine. She can assist in physical, emotional and spiritual healing through the music table, color box, nutritional counseling and many other offerings. Wholistic Options, 214 Main in Lander is open by appointment. Call 307 332-9882 or 307 438-0927 for appointments and information.

Shaylinn Kaiser dba

Subtle Impressions offers Craniosacral Therapy blended with Reiki, Kinergetics and Energetic Rewiring. She is located at the Rainbow Center for the Humanities, 177 N. 4th, Lander. For appointments or information, please call 307 332-4471 or 307 349-9837. Gift certificates are available.

Kimberly Rae Hansen

Digital Artistry

Kim does computer generated fractal art. We have one of Kim's pictures and it is most amazing. Do check out her website!

www.kimberlyraehansen.com

Delores DeVore owns Sound-Works, healing with voice and tuning forks. www.sound-works.biz
www.ddswebdesign.com

or call Delores DeVore 678 634-1249

"**The Pot Of Gold**" is a monthly publication created by Molly Rowland. Graphics by Dorian Zumwalt. If you would like to advertise in "The Pot of Gold" ads are \$10 per month for up to six lines and \$2 per line after that. Contact us: vog@wbaccess.net or 307-335-8113.

