



June Newsletter



The Elfin King, shy but curious, stepped into this picture that my daughter Sarah took in the woods at the top of the Switchbacks, above Sinks Canyon. Nature is filled with the most wonderful, magical mysteries.

FALL INTENSIVE

It is time to begin to consider our Fall Intensive—Energy and Creation; How You as a Master Use Them. The Intensive will be held here in the beautiful

Lander Valley of Wyoming on November 8, 9 and 10th.

St. Germain continues to furthers our spiritual growth with new information and understanding that assists us to make the deeper and more conscious connection to our inner Self. We are energy creators with every word, thought and deed. St. Germain demonstrates how this is becoming the way of designing our world and that *unconscious* creation leads to unexpected and often unfortunate outcomes. We have lived in an unconscious state due to the Illusion that the EGO Mind has used to gain control over humanity. We have used control to diminish ourselves and others. As we remember our divine ability to create in Love and compassion our use of the energy of creation changes. **IMAGINE A WORLD WHERE WE SUPPORT ONE ANOTHER, SHARE THE TRUTH OF OURSELVES WITHOUT SHAME AND GUILT AND LIVE IN A CONSCIOUS AWARENESS THAT WE ARE REALLY RICH, HEALTHY AND COMPASIONATELY LOVED AND LOVING.**

We invite you to join us in person. Call or email Molly for more information on price, accommodations and local attractions.

CDs and MP3s will be available.

Join us, in 2019, by signing up for the Personal Growth package. This has proven to be one of the most popular offerings that St. Germain has given. People are excited about the changes in their lives and express joyful anticipation for the future. Changes on all levels are bringing a whole new lease on life as we evolve into New Humans. This year St. Germain's Teachings, which are a part of the Personal Growth Package, will focus on The Path to Personal growth Leads Inward..

[Click here for 2019 Personal Growth Package Details](#)

Rainbow Center News

The June group is **“Feeling Your Power Frees You”**. As we make the shifts in consciousness that we are being moved to integrate we feel our own personal energy in much clearer ways. Energy is essential rather than physical, however, as we become awareness of ourselves in more inclusive ways, we can feel how our energy and power move. That helps us to recognize how we are using that flow of power for positive or negative creation. We have become accustomed to sending energy out into the future to grab what we believe we do not have and bring it to where we are. When we keep our power centered within us we begin to discover things, that we were sure we did not have, exist right where we are. They are ours and we are not required to take them away from some one else. As we become accustomed to recognizing our power there is an amazing sense of personal empowerment that is available to us; a source of power that changes who we are from the inside out.

The group will be June 16 at 2pm. Call-ins are welcome. Please, let us know the day before if you chose to join by phone.

CD's or MP3s can be purchased on the website at [Click Here for 2019 Groups](#)

St. Germain brings further enlightenment about the Inner Pathway with **“Pleading Victimization Does not Stand in Your Favor”**. Victimization is one of the four major control games that are discussed in the Celestine Prophecies by James Redfield. As we come to recognize our own control games, there is a sense of freedom and relief that is immeasurable. Pleading victimization has become a psychological game and people slip into victim mode as a defense mechanism. Powerful, amazing people will seek to present themselves as victims so that others will “feel sorry” for them and let them have what they want. When the presentation is filled with confidence and self-worth the outcome is much more apt to be IN YOUR FAVOR.

The call-in for the Teaching is on the second Wednesday evening of each month at 7 pm MT.

Our call-ins for the Q&A are on the fourth Wednesday evening each month at 7 pm MST. The call-ins allow you to join in to hear the teaching and ask questions at the Q&A.

If you haven't had the experience of the Teachings that St. Germain is offering this year they really help us to understand what is going on. It just might be worth your while to check them out. The deep healing power of the Master is there to experience again and again as you listen to the awesome wisdom that he brings. CDs are \$15 for each set—Teachings or Q&A. It is \$25 to call in one time or \$40 for both sessions each month. Postage and handling are separate.

To order CD's, MP3s or DVD's
[Click Here for 2019 Teachings with the Master](#)

IN MEMORY OF BRENWYN



Our indoor kitty, Brenwyn passed away from kidney failure on May 26, 2019. We miss her a lot.

ASTROLOGY

NEW MOON IN GEMINI – June 3

This New Moon draws attention to communication on all levels – internally and externally. The internal talk that often is focused on negative thoughts, as well as, critical judgments waged against self and others come under scrutiny in order to redirect how you create your life. It is not only what is thought or spoken, but

how those words feel within that will tell you what the outcome may be. Emotional floods actually can, activate flooding in the physical world.

The planet Jupiter sits opposite the Sun, Moon and Mercury. Jupiter, the planet of plenty, has much wisdom, knowledge and experience to offer, in the opposing position the tendency to over speak is strong. The challenge this month is keeping a balance in the expression of thoughts, ideas and opinions. Jupiter is a planet of Spiritual direction, however, Jupiter's direct approach could make the necessary changes feel uncomfortable if too much pressure is applied. It is a great time to be a good listener. Be amazed at what you can learn when you stop talking.

Even though events may seem to be beyond our control or what we thought we wanted, the truth is important and we must take the time to feel beyond limited mind sets to gain a bigger picture. Humanity has lived, so long away from reality that truth is often viewed as harsh or uncompassionate. Our limited perspective has denied us the recognition that we are much stronger and more resilient than we dare to believe. We become stressed when confronted with the opportunity to take the next step, because we have believed that we must plan thoroughly before stepping into life. The less you plan the simpler life becomes and in that utter simplicity, the freedom to be yourself is revealed. The tendency to fall back on the "old ways" can deter us from getting outside of the box of unreality. The asteroid Vesta is in Mars, sextile Mercury and we may feel the inner fires of creation motivating us to greater things. We are being called to realize that all things are now and past and future are distortions of the illusion. The mind loves to explore, but life times of programming in fear have caused the mind to doubt anything that it does not think it can see. The frustration is that nothing is as it appears to be, so relying on the physical senses can be very deceptive. Time and space are a part of the Illusion, also.

Mars is conjunct the North Node in Cancer, opposing Pluto Saturn and the South Node in Capricorn. Here again in a call for balance. Mars and the North Node are desiring action and the choices of what direction to take are important. Discipline is necessary and we are required to pay attention to where we are putting the focus of our lives.

This New Moon forms a trine with Pallas Athena in Libra, so we may access more enlightened or more significant ideas through this redirection process. Athena has been called the Goddess of Truth. And, in

this context, opens our mind to truths that may be quite different from any external or "official" versions we have been told.

FULL MOON IN SAGITTARIUS – June 17

The Sagittarius Full Moon continues the influence of Jupiter with its strong, optimistic energy. In the Full Moon the Moon allies with Jupiter to give support to a more positive emotional foundation. Jupiter's opposition to the Sun does not prevent the confidence and, perhaps, the still overbearing tendencies of the Jupiterian nature. Whether the personality is overly generous or greedy, this can bring out excessive habits that can be problematic.

When children are small, certain traits or habits can be considered cute and are encouraged, without the discipline to temper the actions that in an adult, can be obnoxious. Some families see eating and the enjoyment of food as, not only important, but a demonstration of love, in the giving and receiving of nourishment. Children may be led to believe that eating more is praised. In an adult the habit instilled in childhood can lead to gluttony or greed, around food or in other areas where fulfillment is the goal.

Jupiter is very open and speaks of things that "the World" may believe should not be spoken about. The feelings of guilt and shame have been avoided by not talking about what is going on within. This Full Moon can shine its light on the inner darkness to assist in lifting old burdens of self-judgment away and allowing a greater sense of enlightenment.

Jupiter's quincunx to Mars and Mercury can bring attention to addictions of all kinds and by putting the focus on the healing rather than on "what is wrong", the judgments of old perspectives can be broken apart. The Sun, Moon and Jupiter are t-squaring Neptune to reveal just how nebulous logical solutions can be. Healing on all levels requires stepping outside of the boxes of old limits to find an expanded view that supports new experiences. Empathy and compassion are wonderful tools to empower us as we move beyond the walls of "what has been".

The changes that the Jupiter/Neptune square may active can show us places where we have been depending on things that no longer serve us. We may find that there are new resources and support systems available when we are pushed to look into different areas of expansion. Under this Full Moon we may only catch a glimpse of what is available and we will be

motivated to seek for more or we may just think that what we saw was the illusion and our old, stuck ways are what is real. Certainly, the resources provided in both mental/emotional and physical can help us to see new horizons and future potentials if we are willing.

The Moon makes a quincunx to Juno, an asteroid that deals with marriage and relationship issues. We can be called to see with clearer vision, not only what others are doing, but much more important, what we are or are not contributing to our relationships. Recognizing patterns, in our relationships, that have been ongoing and, perhaps sabotaging, the growth and expansion of everyone involved.

This Full Moon can set a standard and start a new journey of personal growth and self-discovery that is necessary for where we desire our life to go now.

Molly is a professional astrologer and does personal charts, solar returns and couples or relationship charts. Contact her at 307 335-8113 or mollyrowland22@gmail.com

QUOTES FOR THE MONTH from St. Germain

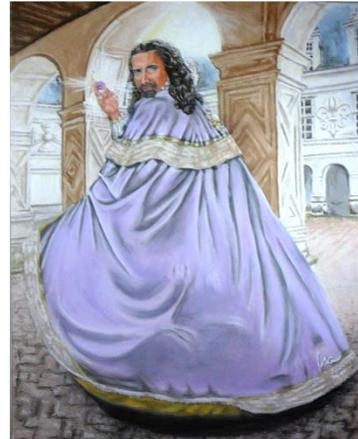


Currently you stand at a pinnacle that is a foundation and threshold of a new phase of your growing changing and evolving... How you move from here is critical to living the life you are destined to live and to the telling the story you are destined to tell. -- Lazaris

Faith, focus and forgiveness---a trine of energy to support your life in the beautiful way that it is to go. -- St. Germain

To go into new dimensions, to explore new vistas, to think things that your mind never thought before; it is time to surrender all that you thought was all there is. --- St. Germain

ST. GERMAIN'S MESSAGE



Dearly, Beloved Masters, as the frequency of the planet is lifting, shifting and accelerating humanity is feeling the pressure to make the changes that are vital to Ascension. The awareness that Ascension is not a physical activity that one can rush to be in the “right place at the right time”, but an inner shift that opens the way to new, expanded levels of consciousness. **YOU CANNOT DO SPIRITUAL EVOLUTION!!**

The finite mind is determined to find a way to achieve spiritual enlightenment and not have to change the way life has been lived. Change is inevitable. Much of the current chaos on earth is due to the unwillingness to change old thought patterns, belief systems and illusions in order to evolve into the new paradigms. **The FIGHT TO KEEP THINGS THE WAY THEY WERE** is a major distraction from the importance of recognizing that life keeps moving and growing. Refusal to change just increases the pain of resistance in the body, emotional system and mental realms. Anger, rage and fear are no longer viable methods of defense. Spiritual evolution is not a war game. Ascension is not, “who is the most worthy to get to Heaven”. All of the old tactics of judgment, superiority, snobbery and exclusivism are becoming passé. The passage into higher realms is open to all. The limiting control games around how to get there, create the sense that Heaven is not accessible to all. The pathway to Heaven is within!! It is not controlled by outer ideas, cruel denial or discrimination. Each

being is a Divinely created individual. Free Will allows each soul to make their own choices. Ascension, however, IS NOT A “HOW TO”, but an allowable. The things that keeps humans from finding the higher levels of consciousness are the refusal to accept that Ascension is such an, intimately personal process, that no one out side of you can determine if or when you may Ascend. The EGO mind has devised ways—rules and laws—that control whether someone can go to Heaven, when that state of being is achievable, when that state of being is achievable only within. The turmoil of the collective mind about what is right and what is wrong is creating overwhelming inner conflict. The inner war can deafen the inner ear from hearing the song of the Soul and the voice of truth and reason within. The EGO is capable of causing a sense of disempowerment that can be crippling. It can disable the body, cloud the mind and stir the emotions to hurricane levels of reaction.

In the midst of all of this chaotic confusion, in the center of your being, there is a place of quietness that allows you to listen to spirit speak and for you to understand without the input from the finite mind. **BE STILL AND KNOW THAT GOD IS WITH YOU!!** God does not attempt to shout down the EGO mind. God speaks clearly and quietly. In order to hear you are required to stop the inner dialogue of questions, shouted by the EGO, to distract from that inner peace and tranquility.

Who, what, where, when, why and how are a reporter’s delight. However, they are distractions of the EGO mind to keep the focus of life on “what other people are doing”. **YOU ARE THE MOST IMPORTANT PERSON IN YOUR LIFE!!**, not in an egoic way, but because if you do not take the time to discover who you are *really*, then you become subject to the whims and opinions of others who will judge you by their own limited standards. The majority of humanity operates on the idea that everyone is “just like me”, and if they are not they should be. The rising up of the old wounds of lifetimes in Illusion, is also contributing to the clouded vision. That is why “seeing without eyes and hearing without ears” is vital, because it allows an expanded perspective and a sense of compassionate objectivity that does not fear the differences, but loves the individual. Every time someone judges another, they bring that energy of judgement back to themselves three-fold. **JUDGE NOT LEST YE BE JUDGED!!** If the judgment is based on personal beliefs, then there may be an indication that the person is not aware of who they are, what they are doing, how they are acting, when they

are inappropriate, why they think the way they do and where they believe they are going.

The necessity to connect to the inner self becomes more imperative with each passing moment. The mind is constantly planning and calculating how to maneuver around the obstacles that it perceives others are placing in its way. The EGO is fearful of those who are awakening to their inner knowing and feeling their own power as a valuable gift, rather than a weapon of control. To be powerful in the world is a temporary illusion. To be powerful as you are is quiet, sustainable, amazingly strong feeling that fills you up and gently directs and moves your essence in such a way that you recognize you belonging to the Divine, not has someone who has given up their power, but as one who is finally living the Truth of who they are **Really**. The logical mind is always questioning and challenging, but refusing to consider the answers that it receives. The blended mind (Spiritual awareness and logical intellect) is calmer, clearer and, in these chaotic times, much more patient than logic alone. Logic feels threatened all of the time. The more there is a willingness to listen to the Soul’s sharing, the greater the accomplishments, because the Soul sees an overview that logic would not even consider.

Those that cling to the old perspectives live in a very limited world. They feel confined and stifled. They are always complaining about their limitations and do not realize that it is the determined beliefs that other people are the problem, rather than their own determined behavior. Divine Law says, “The more you Love, the more you Love.” The reverse of that can seem just as powerful, “The more you complain, criticize, and belittle the more limits and flaws you find.” Knowing that something is true and refusing to accept it, does not stop the power of Truth from influencing all of creation.

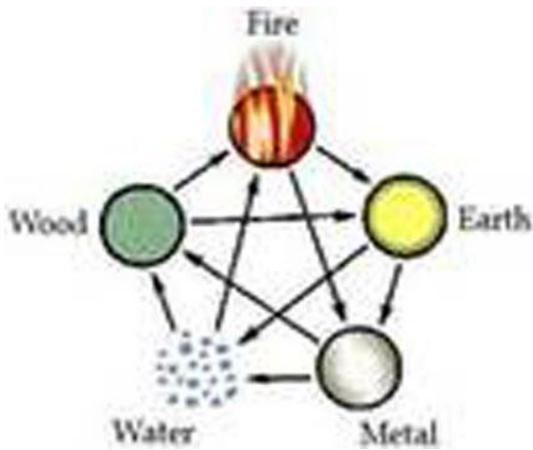
We observe powerful, highly intelligent people using what they know to keep the world small in order to maintain control. Spirit simply does not acknowledge control. Control is a weapon of separation. When you find who you are within it lifts you to a higher realm of consciousness right where you are. Spiritual evolution is not Death. Spiritual living brings a life, beyond the confines of Illusion, that is bigger, brighter, bolder and overflowing with goodness that the world cannot dare to imagine, yet it is right where you are.

Dare to be **MORE!!** Allow **FAITH, FOCUS** and **FORGIVENESS** to be a trine of awareness to live by. You have the Free Will to make a choice to live a greater life or believe that “this is all there is”. In the

greatest of LOVE, We are with you. I AM the Lord St. Germain

SurrahKeenArt.com Check out her Facebook page for daily examples of her tattoos.

ADS



Nancy Wadda is an acupuncturist with over three years of training. She is trained in the FIVE SEASONS technique and has an amazing intuition in her work. She does traveling-acupuncture and will come to you for your treatment. You can reach her for appointments at 307 438-6203.



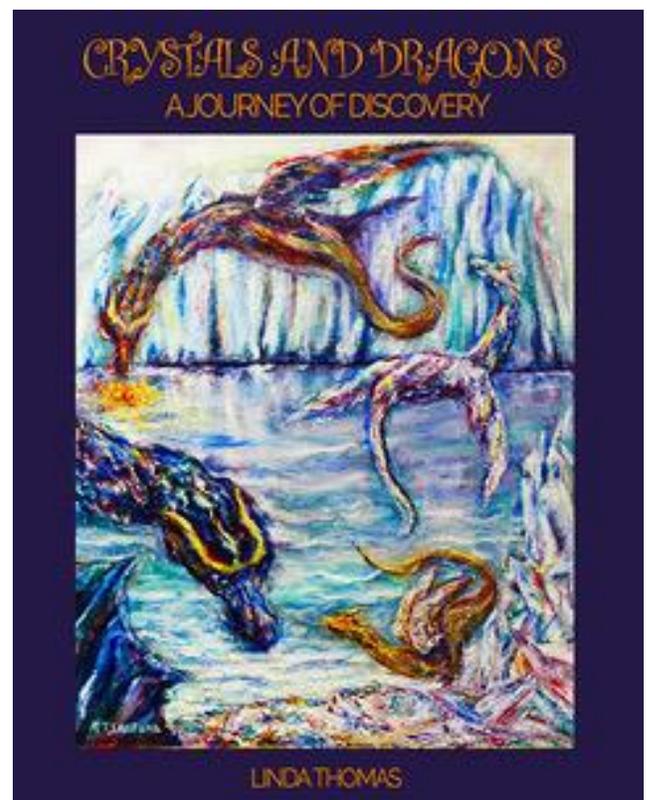
Sarah Keen is a tattoo Master. Her art is as beautiful as the old masters. You can reach her at: surrahkeenart@gmail.com. Website:

In a world where there is often little laughter or when it is there it can be derisive, Cynthia leads us to joyful, heartfelt, soul-fulfilling laughter that touches places within us that set us free.

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Karen also creates custom, one of a kind wire wrapped jewelry that weaves and amplifies energies of Light and Love, your own personal Angels and Masters (if desired & with permission) into each piece or similarly with individual crystals.

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Maia Rose does sacral cranial work and massage, as well as other therapies. She is located in the Rainbow Center, 177 N. 4th St. in Lander. For appointments call 307 345-3262.

Delphinia Bey is a massage therapist, who does reiki, Bio-Genesis tools, Crystal layouts and other modalities. You can reach her for massage appointments at 307 349-2120.



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