



The Pot of Gold

from the Rainbow Center for the Humanities
Lander Wyoming

July Newsletter

Happy Fourth of July!! God Bless America!!

After 20 years of going into Lander for the Fire Works, the unsettled weather caused us to stay home and watch some amazing fireworks on TV. The Macy's fireworks were almost unbelievable. Hope everyone had a great fourth.



Here is the Shining One with a citine wand (lower left) and amethyst library (far right). Another new crystal is a citrine geode that is behind the main group. The ball is a gem quality rose quartz.



This is Dorian's latest aquisition. It is a Sirian Shining One. It is a receptor of Hope and Imagination.

Join us, in 2019, by signing up for the Personal Growth package. This has proven to be one of the most popular offerings that St. Germain has given. People are excited about the changes in their lives and express joyful anticipation for the future. Changes on all levels are bringing a whole new lease on life as we evolve into New Humans. This year St. Germain's Teachings, which are a part of the Personal Growth Package, will focus on The Path to Personal growth Leads Inward..

[Click here for 2019 Personal Growth Package Details](#)

Rainbow Center News

Fall Intensive

It is time to begin to consider our Fall Intensive—**Energy and Creation; How You as a Master Use Them.** The Intensive will be held here in the beautiful Lander Valley of Wyoming on November 8, 9 and 10th.

St. Germain continues to furthers our spiritual growth with new information and understanding that assists us to make the deeper and more conscious connection to our inner Self. We are energy creators with every word, thought and deed. St. Germain demonstrates how this is becoming the way of designing our world and that *unconscious* creation leads to unexpected and often unfortunate outcomes. We have lived in an unconscious state due to the Illusion that the EGO Mind has used to gain control over humanity. We have used control to diminish ourselves and others. As we remember our divine ability to create in Love and compassion our use of the energy of creation changes.

IMAGINE A WORLD WHERE WE SUPPORT ONE ANOTHER, SHARE THE TRUTH OF OURSELVES WITHOUT SHAME AND GUILT AND LIVE IN A CONSCIOUS AWARENESS THAT WE ARE REALLY RICH, HEALTHY AND COMPASSIONATELY LOVED AND LOVING.

We invite you to join us in person. Call or email Molly for more information.

CDs and MP3s will be available.

The July group is “**Living Your Power and Inner Knowing in a Conflicted World**”. St. Germain and all of the Masters seek to assist us in the changes that occurring connected to Revelation. We want to be powerful in the world, but first we must understand that anything that we desire to create begins within rather than out in the world first. Finding our power within and living it consistently allows us to stay clear and find inner serenity amidst all of the upheaval and conflict that is happening around us.

CD’s or MP3s can be purchased on the website at [Click Here for 2019 Groups](#)

St. Germain brings the July Teaching, The Divided Mind on Wednesday, July 10. The world is facing division everywhere that you look. The healing begins with each individual as there is the willingness to think, to feel, to live in alignment. The EGO strives for confusion and chaos, saying one thing and then swearing that that is not what was said or meant. The challenge for all of humanity is to bring the mind and Spirit into harmonious cooperation. The more focus there is on personal strength, compassion for self in the changes, and internal clarity the less the EGO can convince humanity that everything is falling apart. The changes that are happening are necessary and important, and nothing is as it appears to be.

The call-in for the Teaching is on the second Wednesday evening of each month at 7 pm MT.

Our call-ins for the Q&A are on the fourth Wednesday evening each month at 7 pm MST. The call-ins allow you to join in to hear the teaching and ask questions at the Q&A.

If you haven’t had the experience of the Teachings that St. Germain is offering this year they really help us to understand what is going on. It just might be worth your while to check them out. The deep healing power of the Master is there to experience again and again as you listen to the awesome wisdom that he brings. CDs are \$15 for each set—Teachings or Q&A. It is \$25 to call in one time or \$40 for both sessions each month. Postage and handling are separate.

To order CD’s, MP3s or DVD’s
[Click Here for 2019 Teachings with the Master](#)

ASTROLOGY

TOTAL SOLAR ECLIPSE-NEW MOON IN CANCER-July 2

The power of this total Solar Eclipse focuses on our emotions/feelings, family issues and the potential to heal old wounds around family. The tides of inner connection can sweep us into that place of recognition of just what Faith and trust feel like. For the many people that are attempting to take the concept of Faith and even of feeling the inner self and translate an intellectual idea into something that is recognizable by the mind, the intensity of this shift will bring, to those

who are willing to allow it, a whole new sense of self-alignment and at-one-ment that can be felt rather than just thought about.

Humanity has a tendency to tunnel vision or just getting into a rut of daily affairs that can become exclusive without any clear recognition of the limits. Eclipses can bring a wake up call for us to pay attention to what is going on around us and rather than over looking the important people and situations in our life to take the time to oversee what is happening with compassion and caring.

The eclipse also includes the Moon's Nodes because where an eclipse occurs the Moon's Node will be nearby, usually within 18 degrees of the Sun. This eclipse conjuncts the North Node and opposes the very tight conjunction of the South Node and Saturn (7minuets) in Capricorn. Saturn is called the Lord of Karma and makes sure that things do not get out of balance. It is time to take inventory of all things concerning the home and its requirements, whether physical or emotional.

Eclipses tend to have more impact than other Lunar events and generally the changes will become noticeable within six months of the eclipse. Cancer is linked to summer and all of the shifts and changes that growth and the thriving of life can bring. There may be plans to move the home to new location or people may be leaving or moving into the present family situation. There may be emotional reactions to the overwhelm of possibilities that will present themselves now. Taking time to be with self can allow opportunities for putting life in priority rather than making everything equal on a line.

The deepening connection to the inner life of spiritual and feeling nature can bring a startling awareness of old emotional reactions that have no place in where life is going now. The objectivity to step back and recognize places where over reaction has become habitual and literally is causing upheaval that is not necessary, can lighten the emotional load in the life. With Saturn strongly placed in its native sign this can bring support that will assist us in looking at ourselves with a much less judgmental perspective than before. With Saturn conjunct the South Node, which is about lessons previously learned, we can feel the draw to return to how we have always done things, but there is a necessity to recognize that the old ways are no longer, necessarily the best ways. It isn't that we have to abandon who and what we have been, but more importantly to embrace new ideas and blend them with the old. It most important to remember that

fighting change doesn't stop it, it just makes it more difficult.

Saturn is sextile Neptune, allowing a stability that supports our dreams and intuition. The Sun/Moon is sextile Uranus and change can, seemingly, come out of "no where". Things that we have been waiting for, sometimes for a long time, can suddenly manifest. The one thing that is for sure with the energy of Uranus is that nothing can be taken for granted.

The Sun and Moon are square Chiron and even though the steps taken toward any healing process may seem like hard work, it is possible to achieve a most positive outcome.

LUNAR ECLIPSE-FULL MOON IN CAPRICORN—July 16

Capricorn can be dedicated and hardworking, but it is time to consider just how heavy hard work can fall and decide if it is worth the expenditure of effort for the outcome. This is a time when powerful lifestyle changes can occur—marriage or divorce, birth or endings of longstanding situations.

Pluto and the South Node are in between the Moon and Saturn. To say there will be transformational changes could be an understatement. The roots of old patterns can be pulled up and there will be no going back to what or how things were. What may have seemed to be "forever" can shift in such a way that even if the job, relationship, etc. appears to still be the same, the form may change to a point that it doesn't feel like the old, familiar sameness. The necessity to discover who you are in the current now could be most disconcerting. The fact that we are changing energetically, as well as physically, is causing us to view the life we have lived from a whole new perspective.

The little changes that the mind may tend to overlook, now, can become important events as we move forward into the second half of 2019. Things that we may have believed that we could not live without, may turn into a sense of relief as we adapt to the new space. Pluto, the South Node and Saturn are all in retrograde motion during this eclipse, which is one more reason why things may feel as though they are moving in slow motion or the recognition of impact can be delayed until they begin to move forward again. Some situations may seem to be dragging on, forever. If you have been caught in a circular response pattern to

certain events, this retrograde element can allow you to spot where you require to step out of the repeat pattern and make decisions to move forward, even if it feels difficult.

The Moon is in an out-of-sign opposition to Mercury in Leo. There may be a feeling that we are not “being heard”. Several questions arise: Are you clear about what you think you want? Are we asking the appropriate people? The mind can decide that only certain people can solve certain issues. Therefore, if those people do not have the answers nothing can be resolved, because the EGO can be fixated on a non-resolution result. Often, in these times, the best outcome is achieved in a non-logical manner. Since Saturn is very involved in the affairs of this eclipse, the negative side of Saturn can be stubborn resistance, rather than stable support in the positive light. Getting heard is not about how loud you shout, but how clear you are. When you are centered in self, the energy that you send into any situation is much calmer and, therefore, much easier to understand.

It is important that personal integrity is a consideration under these current aspects. We can make promises, but circumstances beyond our control can delay or derail the best laid plans. Saturn, in its best light, supports discipline and patience. If you do not know what to do, DO NOTHING. The mind can become a dictator that denies everything. This can throw the best decisions into turmoil. You decided to be disciplined about old habits and then there is an opportunity to make a choice about restricting self totally or giving just a little. One piece of chocolate isn't a disaster. It is to be aware that the EGO can make you wrong if you only eat one chocolate or it can worry about being denied something special. This requires that you examine the habits and games that you play. Another aspect of this eclipse is are you being disciplined or dictatorial? Only you can know for sure. Love does not make war, internally or externally.

The events around this eclipse may seem like getting a cold glass of water in your face, but getting “wakeup” call can be good news if you have been falling asleep at the wheel of your life.

Molly is a professional astrologer and does personal charts, solar returns and couples or relationship charts. Contact her at 307 335-8113 or mollyrowland22@gmail.com

QUOTES FOR THE MONTH from St. Germain

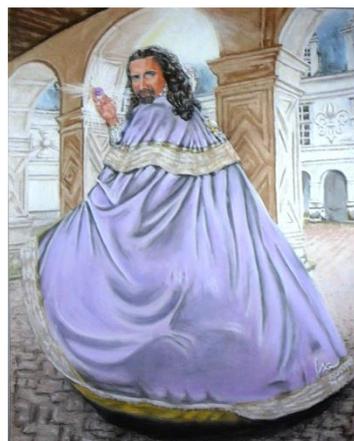
Spirituality is the essence of life. The light of spirit illuminates the deepest places within and the seeming darkness outside. Spirit feels like Love. -- St. Germain

In the Sacred texts of the world, the admonishment to Be Still is there. Being still means to quiet all of the voices—the mind, the emotions and the disruptions of the outer world. Only then can the subtle nuances of Spirit be heard, be felt. God listens, but God has no requirement to shout down the EGO mind in order to answer. -- St. Germain

When the EGO shouts from the camp of those who seem to oppose you, “No one cares”. Make sure that you do not rush to join the decenterers and agree with them, only to find yourself all alone. St. Germain

The Goddess holds the place of Hope, Imagination and Creativity within. She invites what is desired to come and nestle in the safety of the Sacred Self. To wait, to become and to emerge whole. The Goddess Mothers Loves beyond imagining. Will you allow her to Love you?

ST. GERMAIN'S MESSAGE



Dearly Beloved Masters, as each day passes there appears to be more upheaval and dissention in the world at large, as well as, more kindness, beautiful and compassionate acts and greater Magick and synchronicity. People ask why things seem to be at odds energetically and what can be done about it? **THE ANSWER IS PERSPECTIVE!** Each individual on earth sees life through their own filters of beliefs, doubts, lineage issues and the willingness to allow, really **ALLOW** changes within themselves.

The tendency is to look at what is happening in the world and believe that that is all there is and there are no other choices. The emotions of depression and helplessness seem so easy to fall into. The EGO relies on old habits of reaction to limits and the negative affirmations of “That’s just the way it is”. Life can feel as though it is being lived inside of a pressure cooker. The question, “What next?” seems to be answered with another negative outcome. **IT IS UP TO YOU TO CHANGE HOW YOUR LIFE IS MOVING AND THE CHANGES MUST HAPPEN, RIGHT HERE AND RIGHT NOW!!**

For centuries humanity has been projecting their desires into the future— “in a few years”, “one of these days”, seldom, if ever, “now”. Over time the frustration of holding the desired outcome away from where life happens have created beliefs that life is limited, futile or something that only a few deserve. As the focus of the energy of creation is directed to where life is happening everything changes. **NOW** is the only place that manifestation occurs. Be the focus on positive or negative the outcome happens now. If one is looking for the manifestation in the future, then often the creation is overlooked. As humanity stops overlooking their life and begins to oversee it, there is a lessening of missed opportunity.

Pay very close attention to saying “I want _____.” or “I don’t want_____.” Wants and wishes have very little power for true creation. Need tends to build walls of energy between the desire and the outcome. The mind can tell you that you must do things a certain way according to the rules of Illusion and when you act on the rules instead of your own intuition, then the EGO will tell you that you should have made different choices to begin with. Confusion abides in the realm of the EGO Mind. Chaos is a product of confusion. As you listen to the news or observe people arguing there is the tendency to struggle over which side to take or where is the best place to put your allegiance? The more one *thinks* the less clarity there is.

What we are seeking to assist humanity with, in these times, is to understand the way to make wise choices by connecting to the inner wisdom rather than looking outside of your self for answers. Many people will take a poll of what other people might **DO** under certain circumstances. They may spend a lot of time asking for answers, only to find that there is no one way to **DO** anything. There are millions of ways to address any issue, but the inner knowing will show the best choice for you, personally. There is a feeling of stability and solid strength internally when you make the wisest choice for you in any situation. The wisest choice may not be the popular way of doing things. The clearest path may lead away from popular opinion. The old ways of making choices most often begin with “what would they say?” **They** are not you and their way does not necessarily mean that *they* know best. The belief for so many people is, unfortunately, that others always know best. That is often far from the Truth.

Learning to trust self takes courage and discipline. **FAITH** is powerful, but it does not supply the proof that the world demands. Finding the deep inner knowing and feeling it helps you to make choices based on an inner power that is not found when you are looking outside of yourself for answers. The truth is that it is good to consider options and when you decide what you will do in a given situation, stay with you choice, unless you receive an internal nudge to reconsider. The mental realms will thrash about, going back and forth over a decision. If you do not find an answer immediately, it can mean that it is not time to make the decision. The EGO Mind is a bit like a high-pressure salesman, who want you to buy something, be it an idea or an item, right now. Quick decisions are not the wisest of choices when there is a sense of pressure. Clarity does not come from hasty action. The time/space continuum has speeded up to a point where racing to catch what you want simply is exhausting. Slow down, take your time, call the energy of what you desire to have in your life and make sure that your energy is open to receiving the desired outcome. If your solar plexus feels tight, your are resisting the outcome, perhaps any outcome. Take some time to relax. When the mind is whirling around and around nothing is going to come together, no matter how hard you try. Remember that trying is a waste of precious energy. **WHEN YOU ARE TALKING, GOD DOES NOT INTERRUPT. IF YOU REALLY WISH TO GET ANSWERS, BE STILL WITHIN AND LISTEN!!** The EGO may say, “I don’t hear anything”. Be sure that the inner dialogue of the mind is quiet. The answers come when you are open, not when you think they should.

Because of life times of training in the Illusion, humanity is much more adept at getting in their own way that allowing help. "Ask and you shall receive" requires that control is set aside. Often the biggest interference to achieving what is desired comes from limited allowing. The idea that things have to happen a certain way and if they do not appear to follow a prescribed path, the mind shuts down and decides that what is asked for is not happening. Control wants to say where help will come from and who is supposed to help. Many tangles occur when family members decide that someone in the family is the only one that can help and that person does not feel inclined to do what they are told, huge conflicts can happen that can pull the whole family apart. Control just fuels war. The arbitrary decisions that people make for other totally discount Free Will. No one wants to be told what to do, but many people believe that they have a divine right to have an opinion and demand in every situation. The gift of FREE WILL RESPECTS EVERYONE.

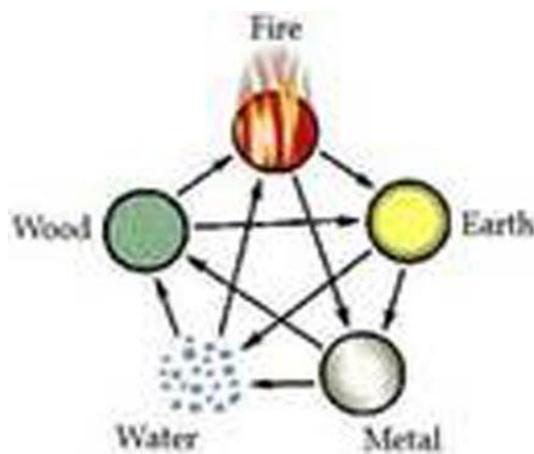
It is so easy to see the faults and flaws of others, to recognize what they require to change to make their life better and how "I would do it differently if it were I". The great challenge is that they are mirrors of what is being called to change within and looking out into the world to judge others is simply an avoidance technique that prevents self-healing.

Anger has been considered an acceptable emotion, as it tends to fuel war, however, when there is anger the emotions are off balance and nothing is clear. In many ways anger has the same emotional reaction as being drunk. When the EGO takes over there is no rational. The distortions interfere with clarity and decisions made from fear or rage can only lead to some form of destruction—physical, mental or emotional.

We suggest, again and again, that when the focus is on getting rid of the problem then the energy of the problem is being fed. Putting the focus on positive outcomes, not "How do I do that?" but the easiest and most peaceful results, then the blessings of patience and allowing become constant rewards in the life. It feels Magical, but it is the most uncomplicated Truth.

So, Beloved Ones, Powerful Masters who are in the process of remembering, from the deepest places within self, that you are master creators, partners and allies in changing a troubled world to the most sacred of places. The changes begin within you, in Love. I remain your most humble servant. I AM the Lord St. Germain

ADS



Nancy Wadda is an acupuncturist with over three years of training. She is trained in the FIVE SEASONS technique and has an amazing intuition in her work. She does traveling-acupuncture and will come to you for treatment. You can reach her for appointments at 307 438-6203.



Sarah Keen is a tattoo Master. Her art is as beautiful as the old masters. You can reach her at: surrahkeenart@gmail.com. Website: SurrahKeenArt.com Check out her Facebook page for daily examples of her tattoos.

In a world where there is often little laughter or when it is there it can be derisive, Cynthia leads us to joyful, heartfelt, soul-fulfilling laughter that touches places within us that set us free.

Relaxing ~ Centering ~ Smooth Energy
Allowing Transformational Magik



www.cynthiainfieldsoflaughter.com



Linda Thomas is the **Woman of Crystals**. **Eternal Ice** is her treasure trove of crystals and jewelry. Linda has so many beautiful stones that when you see them you will want them all.

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HIGH VOLTAGE NATURE



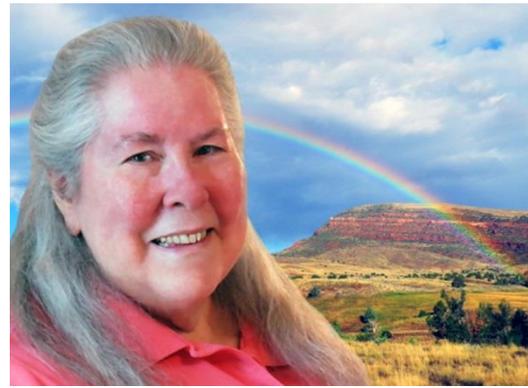
Karen Singer photographs beautiful nature photos and creates digital transformations as Prints, Posters, T-Shirts, Calendars and Greeting Cards that assists and inspires to powerfully re-connect with our own nature and the beautiful Earth we are so blessed to live on.

Karen also creates custom, one of a kind wire wrapped jewelry that weaves and amplifies energies of Light and Love, your own personal Angels and Masters (if desired & with permission) into each piece or similarly with individual crystals.

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Maia Rose does sacral cranial work and massage, as well as other therapies. She is located in the Rainbow Center, 177 N. 4th St. in Lander. For appointments call 307 345-3262.

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