



The Pot of Gold

from the Rainbow Center for the Humanities
Lander Wyoming

August Newsletter



When you finally find a smudge stick large enough to help with 6 retrogrades, a full moon & a lunar eclipse...

This is an amazing picture that truly captures the power of what the planets are bringing us in these times. Note July 16th Full Moon Ritual.

MP3s are available of the Full Moon ritual on July 16th, the Sirius Rising Ritual on July 23rd and the New Moon Ritual on July 31st. These are free and the information that St. Germain is sharing is outstanding. Just send me an email and I will send the rituals. Love Molly

Join us, in 2019, by signing up for the Personal Growth package. This has proven to be one of the most popular offerings that St. Germain has given. People are excited about the changes in their lives and express joyful anticipation for the future. Changes on all levels are bringing a whole new lease on life as we

evolve into New Humans. This year St. Germain's Teachings, which are a part of the Personal Growth Package, will focus on The Path to Personal growth Leads Inward..

[Click here for 2019 Personal Growth Package Details](#)

Rainbow Center News

Fall Intensive

HAVE YOU WONDERED HOW CREATION HAPPENS, WHAT IT TAKES AND ARE YOU CAPABLE OF MAKING CHANGE HAPPEN?

It is time to begin to consider our Fall Intensive—Energy and Creation; How You as a Master Use Them. The Intensive will be held here in the beautiful Lander Valley of Wyoming on November 8, 9 and 10th.

St. Germain continues to furthers our spiritual growth with new information and understanding that assists us to make the deeper and more conscious connection to our inner Self. We are energy creators with every word, thought and deed. St. Germain demonstrates how this is becoming the way of designing our world and that *unconscious* creation leads to unexpected and often unfortunate outcomes. We have lived in an unconscious state due to the Illusion that the EGO Mind has used to gain control over humanity. We have used control to diminish ourselves and others. As we remember our divine ability to create in Love and compassion our use of the energy of creation changes.

IMAGINE A WORLD WHERE WE SUPPORT ONE ANOTHER, SHARE THE TRUTH OF OURSELVES WITHOUT SHAME AND GUILT

AND LIVE IN A CONSCIOUS AWARENESS THAT WE ARE REALLY RICH, HEALTHY AND COMPASSIONATELY LOVED AND LOVING.

We invite you to join us in person. Call or email Molly for more information.

CDs and MP3s will be available.



The Wind River Mountains from the top of Louis Lake Loop. July 2019.

The August group is **“The Carelessness of Words”**. It will be August 18, 2019 at 2pm MDT. When we listen to the conversations on Earth, when we listen to the internal dialogue that goes on in the mind of most humans it is amazing that anyone can achieve something even close to what is desired in the life. **WORDS ARE POWERFUL. WORDS CREATE THE LIFE THAT IS LIVED. COSTIC, CRUEL, CONFLICTED THOUGHTS AND IDEAS BRING PAINFUL OUTCOMES TO A LIFE. JEALOUS, BITTER, ARGUMENTATIVE WORDS CREATE A LIFE OF CONFLICT.** Where do your thoughts dwell? Do you stop to consider what you really desire your life to be? When the words that are spoken or thought are in opposition to the vision for the life, there is truly no surprise that the life does not present itself as the concepts would lead one to believe.

YOU CREATE THE LIFE THAT YOU LIVE. CARELESS WORDS DO NOT BRING A MASTERFUL LIFE.

CD's or MP3s can be purchased on the website at [Click Here for 2019 Groups](#)

St. Germain brings the August Teaching is Discernment: An Ultimate Requirement for These Times on Wednesday, August 14. We have been programed to accept what we see as reality. The mind cannot process information quickly enough to recognize nuances that could tell a different story than just what a quick glance can show. As we remember just how important total awareness is, as we dip into the ancient memories that we have pushed away for life times that held the ability to discern a much broader scope of what is happening at any moment, we begin to discover knowledge, information, beauty and clarity that is not available without the connection to parts of ourselves that have been dismissed as cumbersome, difficult or just unnecessary. The vibrational essence of Earth is accelerating, yet humanity is allowing itself to descend into lower frequencies that blind us to all that is being revealed in higher consciousness. It takes discernment to see beyond what is seen with physical eyes.

The call-in for the Teaching is on the second Wednesday evening of each month at 7 pm MT.

Our call-ins for the Q&A are on the fourth Wednesday evening each month at 7 pm MST. The call-ins allow you to join in to hear the teaching and ask questions at the Q&A.

If you haven't had the experience of the Teachings that St. Germain is offering this year they really help us to understand what is going on. It just might be worth your while to check them out. The deep healing power of the Master is there to experience again and again as you listen to the awesome wisdom that he brings. CDs are \$15 for each set—Teachings or Q&A. It is \$25 to call in one time or \$40 for both sessions each month. Postage and handling are separate.

To order CD's, MP3s or DVD's [Click Here for 2019 Teachings with the Master](#)

ASTROLOGY

NEW MOON IN LEO – August 1

The New Moon in Leo brings a lot of emphasis to heart opening and affairs of the heart that go beyond romantic involvements. The Sun, Moon and Venus are conjoined in Leo, the sign that rules the heart. Mercury is just completing a retrograde cycle and goes direct in the sign of Cancer on August 2. The New Moon influences the inner affairs of life and this New Moon carries forth on a theme that has become stronger each year for the past five years as the Sun enters the sign of Leo, ruler of the heart, love and affairs of the heart. Mercury is in an out of sign conjunction to the New Moon bringing in emotional attachments and love of family into the energy that starts August out on a note of deeper feelings and renewed awareness of just how much those that we love meant to us. Focus on new creations can be on the creative process, children, both of body and of mind and all affairs of the heart. Emotions may appear to be much closer to the surface and it is not to harden the heart or turn away from feelings, but to allow heart opening to heal and expand the ability to embrace life joyously, to embrace new levels of understanding that bring deep changes within. Love is not a weakness and vulnerability can actually bring us closer rather than building more walls.

As Mercury goes direct on August 2nd, Saturn and Pluto continue retrograde in Capricorn. The old order is being revealed in many irrevocable ways. The hatred of those who are different is showing up everywhere. The desire to eliminate the potential for amazing shifts of consciousness is obvious as the old order fights to regain control. The heart opening energy can certainly assist those who are on the brink of a change of heart to have the courage to move into the realms of higher consciousness and find the beauty and love that is waiting just beyond the old limitations. Saturn represents the tenacity of the old order to cling to “how things have been”. Saturn can be the stability that allows us to take the next important steps in our life, or it can just be stubbornness that refuses to see anything new and different because the strong fear of change. Pluto, is all about transformational influences that remove the old totally and leave only forward motion as an option. There is such divisiveness as people war to find the “right way” of doing things. As long as the choices are about right and wrong, rather than the wisdom to feel the truth within self, the wars to be right keep coming up everywhere. There is so much money being funded to war and yet the warriors are no longer being respected, but are finding themselves and their families under paid, under fed

and uncared for when the battle causes inability to continue fighting war.

Uranus moves into retrograde on August 11 and Jupiter turns direct dropping the number of retrograde planets to four. Retrograde planets give us an opportunity to go within and consider what we have learned in our forward push in life. This many retrograde planets is a bit like having a study hall in order to get caught up on our homework. The New Moon emphasizes the requirement for this inner time to create new directions so that when the planets return direct, we can see much more clearly where we desire our life to go. Jupiter rules our connection to higher consciousness and the Spiritual Masters who are assisting the Earth in her evolution in these times. As Jupiter goes direct, we may see a clearer meaning to life, especially in the ability to allow love without fearing a loss. Uranus brings the chaos of change that allows us to redefine what is important and recreate the way we will move forward with our life. Uranus sits in a square to this New Moon and as we take the time to really examine where we thought we were going and what we believed we would achieve we can reach into the whirling energy of chaos, draw out new resources and design a new direction for our life.

Taking the time to assess what is valuable and makes life worth living is important now. Feeling the heart opening that reveals an inner world of great wealth, that is not involved with the power games of the physical world, yet enriches every aspect of life on the planet.

AQUARIUS FULL MOON – August 15

This Full Moon in Aquarius brings the compassionate objectivity of Aquarius to reflect the very personalizing qualities of Leo. Leo can be possessive in love. It can call the possession protection or caring. When love steps over the line of respect and moves into the realm of dominance it ceases to be Love and becomes control and/or obsession. The stellium of planets in Leo brings out the playful child within and makes things that the world looks at as terribly serious become riotously funny. The stuffiness of old judgments is challenged by the lighthearted perspective of overcoming old ways. This calls for a blended essence of the old fable of “The Ant and the Grasshopper”. The ant was all work and no play and the grasshopper was portrayed as a freeloader. When there is an understanding that everyone has something

to offer without cruelty or judgment taking away personal value, then all can be appreciated.

Old judgments that children are frivolous and undisciplined and adults are far more responsible must be set aside as we look at what children are accomplishing all over the planet. Children want to be included and to feel that they are contributing. When children are discouraged in their desire to participate in life around them, they can react in negative ways to get attention that would have been granted had they been included instead of excluded in the creativity of life. This Full Moon in Aquarius is calling for the humanitarian aspects to be brought to the fore. Leo is very loving and the balance between Aquarius, that honors humanity, and Leo's open heart, make a beautiful energy that can truly improve life on Earth. Caring and love, as well as respect, are important and necessary now.

Mars and the asteroid Juno are a part of the Leo stellium. This can be a reflection of the power struggles going on in the planetary, political arena. Taking sides, in the hope that we might be in the "right camp", can look like a comical dance as things keep shifting moment by moment. We were not created to dictate how others live their lives. The dissention over control and the feeling that the only way to be safe is to fight, is like a pot that is reaching the point of boiling over. We must fight until we realize that war has never healed anything.

The asteroid Vesta makes a t-square to this stellium in Leo and the Moon Aquarius. Vesta can be as firm in its idea of principles as Aquarius which can bring out conflicts of opinions where someone will be required to reconsider a new perspective. rather than butt heads over old views. The number of fixed aspects in this t-square can make letting go of old ideas much more challenging.

The co-rulers of Aquarius, both hold an energy of isolation for quite opposite reasons. Saturn, can present itself as the stern, disciplinarian, the disapproving father, while Uranus, acts like the rebel that resists the limits of societal mores. As a planet, we are being faced with seeking a golden middle in which all of the differences can be examined and accepted. When someone tells you how they feel, it doesn't mean you will lose anything by listening to them. If you truly listen, you very possibly, might hear something important that could answer questions that you have had. There is nothing wrong with personal opinion. The challenge is to respect the free will of others to do the same. Some of the greatest inventions

and shifts of global consciousness have come from what have been called "free thinkers". "We the "sheeple", mindless followers, does not strengthen the world any more than constant conflict does.

We have lived in separation, isolation from self and others, for life times. It is a new age and the paradigms are calling for global recognition of the amazing resources that people hold within themselves in fear that who they are will be rejected. **YOU ARE NOT A FAILURE! YOU ARE A STUDENT OF LIFE, AND AS SUCH, YOU ARE REQUIRED TO EXPERIENCE A NEW AND UNKNOWN BECOMING.** The Illusion has sought to keep people small by constant criticism and belittling, that stems from the fear of not being successful. Success is the ability to accept failure as a part of new discoveries. There will continue to be at least four retrograde planets for the rest of August and we are being given an opportunity for introspection. Avoiding self only causes feelings of abandonment and unworthiness that hold you back from your best self.

VIRGO NEW MOON - August 30

This Virgo New Moon is a part of a stellium of five planets and the asteroid Juno in the sign of Virgo. Stelliums are very powerful groupings of planets (five or more) in one sign or out-of-sign conjunction. Virgo is a sign of connection to the Earth, healing and rediscovery of the inner purity of purpose that has been ignored for so long. Virgos tend to be perfectionists and can delay their own processes by wanting everything to be *just right*. The stellium begins with Mercury, in newly direct motion, in Virgo. Juno represents loyalty and integrity in relationship. Mars can be an indicator, in a woman's chart, of the ideal mate, (Venus in a man's chart). Juno is about faithfulness and the strength to remain true in the trials and challenges that relationships sometimes bring. The Moon, Sun, Mars and Venus complete the stellium and can direct attention to healing rifts in all types of relationships.

Venus in Virgo may feel inhibited by the critical judgments that Virgo can cat in seeking perfection. Mars in Virgo can also be aware of the dampening effects of Virgo's critical eye on the passion that creates a strong relationship. The passion may not be of a sexual nature, but if it a bond between the people involved it can bring a lasting tie. Mars aggressive

energy can feel inhibited by the fear that comes from not wanting to make a mistake.

The stellium of New Moon in Virgo is trine Uranus in Taurus. This, potentially, could loosen the grip of the Virgoan need to do things properly and brings some interesting shifts that can open doors of new perspective. The nature of Uranus is sudden, unexpected changes. Things that have been, apparently stuck or undefined, can, almost magically come together. Answers to questions or solutions to issues can be revealed, seemingly “out of the blue”. Saturn in Capricorn is trine to Venus, though it is not directly aspected with the rest of this stellium. Saturn brings an air of circumspection and propriety, but the Uranian energy, by far, outshines the limits. The finite mind has a tendency to want to make everything “on-size-fits-all”, but the Uranian influence calls for the surfacing of unique individuality. This aspect might be the lightening-flash of insight that can reveal potential new inventions.

Taking care of yourself may involve looking into new, more progressive ways of healing that veer away of the limits of allopathic medicine.

Molly is a professional astrologer and does personal charts, solar returns and couples or relationship charts. Contact her at 307 335-8113 or mollyrowland22@gmail.com



A quiet place for a meditative walk on Louis Lake Loop.

QUOTES FOR THE MONTH from St. Germain

Your personal power is precious, a sacred part of all that you are. It is yours, not to be given away carelessly. – St. Germain

Give yourself permission to fail. When you give yourself permission to fail, you allow yourself to succeed. The more often you permit yourself to be wrong, the more often you will be right. The key to decision-making is not what you decide, but that you decide. -- Lazaris

All of our choices form us. No one choice is all that we are. Let the past inform your choices today, but don't let it rule them. -- St. Germain

You stand in the darkness knowing that you must move forward. Slowly, hesitantly you move your foot forward and notice that the darkness isn't as thick as it was. The next step is taken with a bit more confidence and the light is no longer so dim. Your heart lifts and soon you feel the deep internal connection to the Love and Light that is truly yours. You are never alone and the inner light always shines. Open your inner eyes to feel Love. -- St. Germain

ST. GERMAIN'S MESSAGE



Dearly Beloved Masters, the eclipses of July are passed, but the energy that they set in motion continue to influence the changes that humanity is experiencing. The total lunar eclipse (New Moon) set in motion a whole new level of heart opening, drawing attention to the way that relationships are viewed and new perspective on how much involvement is allowed

when interacting with others, whether the relationship is intimate or casual. The partial solar eclipse (Full Moon) presented in energy of heaviness that makes all aware that the old ways become burdensome if they are carried through the life. They create limitations that, often, are taken for granted.

There is much focus, in these times, on walls. Throughout time walls have been a symbol of safety and security, yet they can become so important that people will no longer pay attention to their own inner awareness, a God given gift, to make the wisest choices in their life—what is best, what is most peaceful, what has the greatest integrity. There are inner walls that have been constructed by the EGO mind to prevent people from thinking for themselves. The EGO says, “Just stay inside of the walls, do not venture to discover how much more there is for you. Just accept that if you do what you are told, if you follow the rules, you won’t have to worry about being safe.” If this were true then why do so many people spend so much time worrying about safety, security and protection? The inner walls are an accumulation of life times of judgments, fear and confinement by those in places of “power”. Feel into your inner wall. Most often the sense of obstruction is felt the most in the solar plexus. It may feel (physically) like a heavy weight, indigestion, the inability to get a deep breath. Emotionally it may feel like unbearable sorrow, guilt, failure to measure up in some unexplainable way. Mentally it may feel like confusion, inability to make choices, not knowing what to do next. Visualize a brick wall. Pay attention to the bricks, the condition that they are in, the way that they were made can be clues to when—what life time, what frame in history—this part of the wall may have been built. The older the bricks the less energy would be put into figuring why they are there. Take a brick from your wall, look at it, there may be a word or words written on the brick that will tell you what the brick stands for. Take the tie to forgive what is written on that brick, put it into the Violet Flame and let it go. In other words, give no more energy of thought or emotion to what that brick represents. Make space for new positive feelings to flow by changing your focus to something that will enhance your life. You make take one brick a day and forgive the obstacles that it has stood for. You might choose more than one brick to feel into, but do know that no matter how hard you may try, you cannot tear down the whole wall at once. It has been built throughout life times and it will take some time to let go of all that it has stood for. As you clear the way through the wall you access the inner space, you sacred place within where who you truly are has waited for so long for you to come home to self. When you visualize allow yourself to become a living

part of the visualization so that it feels real. This will assist in connecting with the life that belongs to you, rather than the life you were told you could live. People can become obsessed with following the rules or obeying the law. As you free yourself from the old prison of “Do what you are told and don’t ask questions you begin to find that many of the “laws” don’t apply to life in these times. Divine Law was set in motion before there was physical life in the cosmos. Intellectual law has been designed to progressively inhibit the freedom of the whole and withhold the good from those who do not comply (the bad people). Like siblings who tattle to the parents, those who believe that their interpretation of the law is the only way want to turn in the offensive ones who do not do things the “right way”. Many of the bricks in the walls of humanity are comprised of the judgments—sins of omission and commission. The Illusion focuses on what is wrong and trying to fix it, which is the foundation of war. The willingness to change the focus to creating positive, powerful lives takes the energy of conflict and transmutes it to Love.

The EGO jumps to the defensive. “But we cannot stop judging. How would we know how to live our lives the right way?” We cannot stop fighting because the moment we let our guard down someone would try to take our good away or even take our life.” So much of humanity is frozen in place and cannot imagine a life without constant battle over everything. Those who will swear that they are peace makers still only believe that peace will come when everyone is willing to live their life as the peacemaker see life to be. Free Will overrides the power games of the world. No one possesses the right to control the lives of others. Divine Law holds a balance that is kept by karma. Those who simply believe that if they don’t honor that law they can “get away with anything that they can think up”. It can even appear that they are getting away with anything that they want, but in these times of Revelation the light is shining, even in the darkest corners. There is no hiding place on Earth, within or without of self. The EGO says, “But what about the bad people?” Spirit does not attend to the judgments of the physical world. It includes everything. Exclusion is a war game. Superiority is a war game. Victimization is a war game. Spirit does not seek war. The EGO mind has infiltrated religion and created a GOD that is a warrior, in order to validate fighting as something that GOD condones. A Spiritual Warrior is not a fighter or a defender, but a supporter of TRUTH. TRUTH is not what ever the mind comes up with in the moment to achieve a current outcome. Truth is a deep inner knowing that far exceeds the wiles and cunning of the finite mind.

Truth is so strong that it requires no defense, no excuse or any explanation. Truth, like LOVE, **IS**. Truth and Love have stood throughout all of time. Man's law has crumbled again and again, because it created to achieve a specific end in the moment.

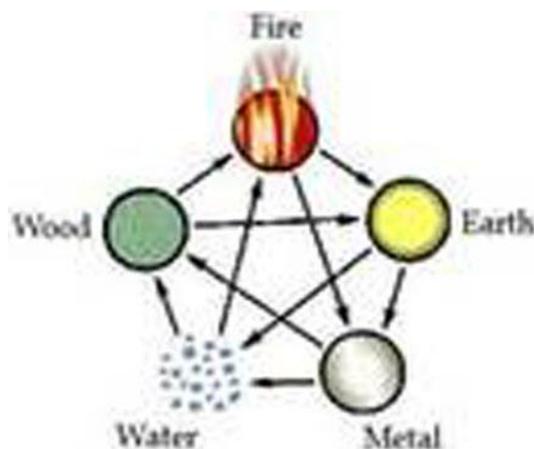
The logical mind keeps looking for ways around Divine Law, so that it can overpower the world. Divine Law holds the keys to wonders that the finite mind can never comprehend. The jealousy of the EGO, that believes that other people have things that it does not and hates them for having something that seems to be absent in the life to the one who is jealous. Everything that is required for a great life is provided for all. The idea that "if I cannot see it, I do not have it" is what makes the physical world so fragile. The human mind can work very fast, so fast indeed, that it overlooks more than it sees. **AIN'T NOTHIN' WHAT IT SEEMS!!!** To look is not necessarily to see. Most people overlook the majority of what really happens in their life. They think that they see everything at a glance, when in truth the average attention span is only about thirty seconds and the "glance" may not come until the attention is being drawn away from the truth.

On July 23rd the Dog Star Sirius rose in the sky. It comes up just before the Sun rises and is only briefly visible before the light of the rising Sun overshadows it. Each year between July 23rd and September 23rd the power of Divine Wisdom is more directly available to humanity. This year the Sirian portal, that has been closed to a great extent, for the last ninety thousand years, has opened fully and this brings a whole new element of spiritual healing that humanity deeply requires. The power of Revelation shining its light into the darkest places of the human psyche, the essence of the Water Bearer of Aquarius pouring out more Love than the planet has felt in eons and the soothing enlightenment of the Sirian wisdom is easing the burden of trying to make changes so that the changes simply occur from the deepest places of the inner self. All of the help that is available to the people of Earth is creating changes. The need to make decisions based on mental concepts and information, prevented many from appreciating just how much comfort and clarity can come from tapping into the higher frequency support and upliftment that the influx of these spiritual aspects bring. Each one of these special flows of transformation, offers peace, calming, hope, trust and outstanding levels of confidence that the human race has not experienced in life times.

Healers from all parts of this Universe are coming to assist in the evolutionary shifts that can bring the physical human to the recognition and acceptance of

living as "Shining One's", crystalline beings rather than carbon based. We are so delighted to have a part in birthing this planet to a new level. We hear your call for help. We must wait until you can accept the assistance we bring. **IN LOVE WE ARE WITH YOU ALWAYS. I AM the Lord St. Germain.**

ADS



Nancy Wadda is an acupuncturist with over three years of training. She is trained in the FIVE SEASONS technique and has an amazing intuition in her work. She does traveling-acupuncture and will come to you for treatment. You can reach her for appointments at 307 438-6203.



Sarah Keen is a tattoo Master. Her art is as beautiful as the old masters. You can reach her at: surrahkeenart@gmail.com. Website: SurrahKeenArt.com Check out her Facebook page for daily examples of her tattoos.

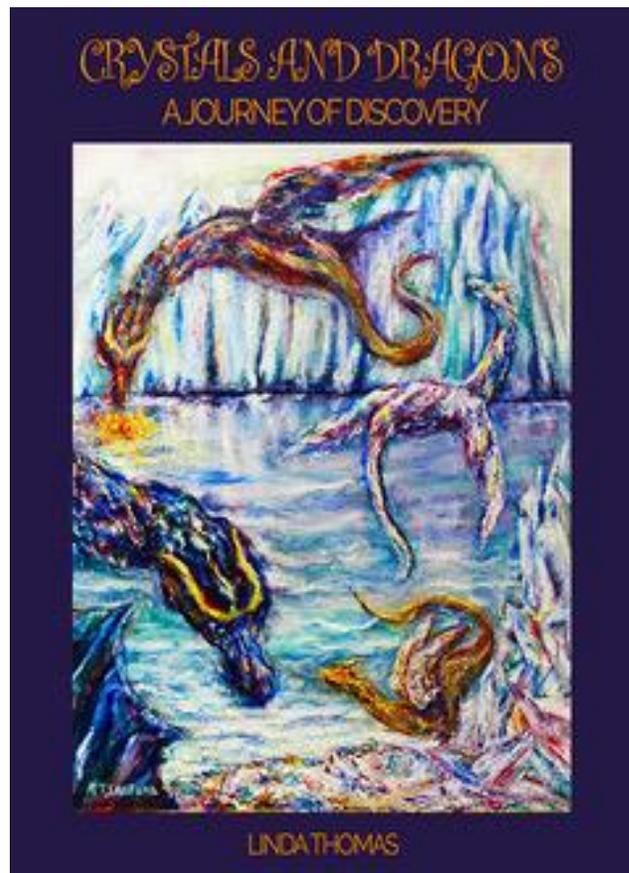
In a world where there is often little laughter or when it is there it can be derisive, Cynthia leads us to joyful, heartfelt, soul-fulfilling laughter that touches places within us that set us free.

Relaxing ~ Centering ~ Smooth Energy
Allowing Transformational Magik



www.cynthiainfieldsoflaughter.com

Now available at Barnes and Noble.



Linda Thomas is the **Woman of Crystals**. **Eternal Ice** is her treasure trove of crystals and jewelry. Linda has so many beautiful stones that when you see them you will want them all.

You can contact her at:

(307) 754-4396

www.eternal-ice.com

eternalice@bresnan.net



Masters (if desired & with permission) into each piece or similarly with individual crystals.

Email: highvoltage@nature@gmail.com

Maia Rose does sacral cranial work and massage, as well as other therapies in her business **LIFE FORCE**. She is located in the Rainbow Center, 177 N. 4th St. in Lander. For appointments call 307 345-3262.

Delphinia Bey is a massage therapist, who does reiki, Bio-Genesis tools, Crystal layouts and other modalities. You can reach her for massage appointments at 307 349-2120.

HIGH VOLTAGE NATURE



Karen Singer photographs beautiful nature photos and creates digital transformations as Prints, Posters, T-Shirts, Calendars and Greeting Cards that assists and inspires to powerfully re-connect with our own nature and the beautiful Earth we are so blessed to live on.

Karen also creates custom, one of a kind wire wrapped jewelry that weaves and amplifies energies of Light and Love, your own personal Angels and



“The Pot of Gold” is a monthly publication created by Molly Rowland. Graphics by Dorian Zumwalt. If you would like to advertise in “The Pot of Gold” ads are \$10 per month for up to six lines and \$2 per line after that. Contact us: [mollyrowland22@gmail](mailto:mollyrowland22@gmail.com) or 307-335-8113.