



## September Newsletter

We have a wonderful new house gardian, Dorian found this mask of the Earth Goddess at Art in the Park in Lander. Her name Gardia Sol. Her energy feels wonderful in our home. Her hair is sage and juniper with a grapevine or two.

This was created by Terry Kreuzer. Terry called this the Green Garden Goddess. Terry lives in Cheyenne, WY. Her website: [www.terrykruizer.com](http://www.terrykruizer.com) or she can be found on Etsy.com



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Join us, in 2019, by signing up for the Personal Growth package. This has proven to be one of the most popular offerings that St. Germain has given. People are excited about the changes in their lives and express joyful anticipation for the future. Changes on all levels are bringing a whole new lease on life as we evolve into New Humans. This year St. Germain's Teachings, which are a part of the Personal Growth Package, will focus on The Path to Personal growth Leads Inward..

[Click here for 2019 Personal Growth Package Details](#)

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## Rainbow Center News

### Fall Intensive

It is time to begin to consider our Fall Intensive—Energy and Creation; How You as a Master Use Them. The Intensive will be held here in the beautiful Lander

Valley of Wyoming on November 8, 9 and 10<sup>th</sup>.

St. Germain continues to furthers our spiritual growth with new information and understanding that assists us to make the deeper and more conscious connection to our inner Self. We are energy creators with every word, thought and deed. St. Germain demonstrates how this is becoming the way of often unfortunate outcomes. We have lived in an unconscious state due to the Illusion that the EGO Mind has used to gain control over humanity. We have used control to diminish ourselves and others. As we remember our divine ability to create in Love and compassion our use of the energy of creation changes.

**IMAGINE A WORLD WHERE WE SUPPORT ONE ANOTHER, SHARE THE TRUTH OF OURSELVES WITHOUT SHAME AND GUILT AND LIVE IN A CONSCIOUS AWARENESS THAT WE ARE REALLY RICH, HEALTHY AND COMPASIONATELY LOVED AND LOVING.**

We invite you to join us in person. Call or email Molly for more information.

CDs and MP3s will be available.

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The September group is “**The Determination to Live Positively**”. It will be at 2 pm on September 15, 2019. The EGO mind constantly is pressing to keep the focus on what is negative in life. “How we stop the “bad” people?” is a constant

question. When the energy of life is always involved with a focus on wrong and bad, where is the space to create positive outcomes? The requirement to be determined to live in a positive mind set, a positive space where new good has room to grow and take root in soil that is not depleted by the drain of negative thinking. The EGO even keeps whispering about how tired life can make you and how other people can drain you with their thoughts and problems. It isn't about them. ***You cannot change how they live even if you tell them they need to change.*** As you express within yourself the DETERMINATION TO LIVE LIFE POSITIVELY you begin to feel a new energy. It takes a bit of time to redirect the flow of thought power to bring about a clear channel for consistent positive thinking, however, as you are willing to seek the best outcomes and feel the sweet flow of “the highest good for all concerned” the old ways of revenge and the justification of suffering for those who deserve it (the mirrors of self) begin to melt away and what is revealed is a whole new world of positive essence that is waiting for the Illusion to pass. Each person creates the world that they live in. Are you determined to create your world positively?

CD's or MP3s can be purchased on the website at

[Click Here for 2019 Groups](#)

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**St. Germain brings the September Teaching: The Illusion of Power Brings a Huge Price** on Wednesday, September 11, 2019. We have been programed to

accept what we see as reality. The mind cannot process information quickly enough to recognize nuances that could tell a different story than just what a quick glance can show. As we remember just how important total awareness is, as we dip into the ancient memories that we have pushed away for life times that held the ability to discern a much broader scope of what is happening at any moment, we begin to discover knowledge, information, beauty and clarity that is not available without the connection to parts of ourselves that have been dismissed as cumbersome, difficult or just unnecessary. The vibrational essence of Earth is accelerating, yet humanity is allowing itself to descend into lower frequencies that blind us to all that is being revealed in higher consciousness. It takes discernment to see beyond what is seen with physical eyes.

The call-in for the Teaching is on the second Wednesday evening of each month at 7 pm MT.

Our call-ins for the Q&A are on the fourth Wednesday evening each month at 7 pm MST.

The call-ins allow you to join in to hear the teaching and ask questions at the Q&A.

If you haven't had the experience of the Teachings that St. Germain is offering this year they really help us to understand what is going on. It just might be worth your while to check them out. The deep healing power of the Master is there to experience again and again as you listen to the awesome wisdom that he brings. CDs are \$15 for each set—Teachings or Q&A. It is

\$25 to call in one time or \$40 for both sessions each month. Postage and handling are separate.

To order CD's, MP3s or DVD's  
[Click Here for 2019 Teachings with the Master](#)

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## ASTROLOGY

### PISCES FULL MOON – September 13-14

This Full Moon at 21 degrees Pisces is conjunct Neptune and Mars in Virgo is conjunct the Sun which is like a cosmic scissor effect. When Marian aggression and Neptunian illusiveness come together there can be a feeling of getting things done that later proves to be deceptive, so discernment is necessary to keep the mind on track. The power of this Full Moon can bring about major changes in thinking as the old patterns are proving to be ineffectual. New paradigms call for dynamic shifts of consciousness. The outcome can be more conflict over refusal to shift and change with the times.

The Neptune influence can create a dreamy quality that causes a feeling of drifting or a strong desire to just take a nap. However, in the somewhat altered state that Neptune creates can strengthen the connection to the higher levels of consciousness and can bring insights that may be overlooked under different conditions.

The world of technology can be so outer focused that it misses the subtle awareness

that the subconscious or unconscious registers things that the logical mind overlooks or dismisses. We have no idea just how much we rely on the intuitive nature of ourselves. The power of Neptune can influence a sense of strangeness or of something being off, but the mind needs proof that intuition cannot offer because logic does not easily accept that the Spiritual world influences physicality. The mind tends to dismiss what it cannot readily explain, so these shifts to a more conscious awareness of the world beyond physical requires greater presence in what is going on within, as well as, without. When we ignore an intuitive prompting, we may notice that there is some kind of discomfort-physical, emotional or a feeling of longing for something that we cannot identify. Spirit is a powerful presence in our lives, but we have been programmed for lifetimes to overlook the inner guidance. The shifts in the paradigms that we have lived with for so long are showing us more clearly all of the time that we are truly spirit directed beings. The T-square of Sun, Moon, and Neptune requires that we feel what Faith and Truth feel like, consciously, rather than keeping these virtues in the realms of logic.

This Pisces Full Moon brings emotions to the surface and the order of perfect planning that Virgo wants can be revealed as an obstacle rather than the “right thing to do”. Mercury and Venus are at the critical degree of 29 degrees Virgo (a karmic point of choice). Do we allow ourselves to be sidetracked by confusion, memory lapses and escape mechanisms or do we trust the intuitive voice within that is calling us to take “the road of thought that is less traveled”? Virgo can be powerful in

its ability to discern, if it doesn't get distracted by details in outer situations. The Mutable signs—Gemini, Virgo, Sagittarius and Pisces are the signs of flexibility. Therefore, the ability to change direction is supported by the mobility of thought and releasing of rigidity of old patterns that this Full moon provides. Sacred geometry is an internal recognition of how the energy of creation functions. As we feel how we use our internal essence and allow logic to distract us from the purity of divine design, which is our sacred gift, we can change how we relate to Earth and all of her people in new and profoundly liberating ways. Shift your focus and change your life.

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We are bridging the seasons as we move gently into autumn.



## **AUTUMNAL EQUINOX AND SIRIUS SETTING - SEPTEMBER 23**

At this time of each year the seasonal shift brings an end to the DOG DAYS of summer and thoughts begin to move

toward the harvest time. This, of course, is the time of celebration of how prosperous the bounty of food crops is, but it is also a time to enjoy all of the accomplishments that have been made during the summer months of the Northern Hemisphere. In the Southern part of the globe this marks the end of winter and a time of movement into the freedom of the warmer part of the year. Sirius setting is the second most powerful day of the year as the Dog Star ends its time of direct influence in the summer sky,

This Equinox has a Grand Cross of Sun and Venus in Libra, Saturn and Pluto in Capricorn, Chiron in Aries and Moon and North Node in Cancer. A Grand Cross in Cardinal signs marks the emphasis on control, leadership and the issues that are involved, relationships of all kinds, influences on family and the influences of family. Libra is about balance and how the lack of balance can upset the whole planet. Capricorn is the sign most related to the patriarchal order and how blatantly the old ways are no longer serving the planet in positive ways. Aries is the sign of the warrior and how self absorption can defeat the best of ideas. The North Node is about the path we would now take to learn more about where we are going. With the close conjunction to the Moon there will be emotional shifts that can seem as though things are getting worse when in actuality, they are simply refocusing to reveal new perspectives.

Remember, that in these times, more than ever before, **“NOTHING IS AS IT SEEMS TO BE”**. This requires that we trust our own inner knowing rather asking

others if it is all right for us to be who we are.

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## LIBRA NEW MOON - September 28

This New Moon in Libra is a part of an out-of-sign stellium including Mars at 28 degrees Virgo and the Moon, Sun, Venus and Mercury in Libra. Libra is the sign that focuses on relationships; whether they are intimate, personal involvements or how we deal with the public we are constantly relating in some manner. Even the deeply personal relationship that we have with our inner self requires specific attention now. This New Moon is quincunx Uranus in Taurus, which can bring flashes of insight, but if we attempt to consider these visions intellectually, without the insight of intuition, we can become confused by our attempt to reason, when the necessity is to feel. Unusual ideas can bring an opportunity to change direction in situations that are not responding to the usual input.

The energy of this New Moon can find us going over old situations that cannot be changed because of the choices that were made in the moment. The willingness to allow love and friendship to lift us up over the rough spots can keep relationships functioning when the logical mind wants a certain outcome that is may not be possible because of what has occurred in the past. To release the need to have a certain resolution, can bring movement and flow to stuck places in any relationships now. The scales of Libra seek balance, which is never exact, but can be confrontable. Justice can be inflexible as well as blind, so finding a place where

there can be recognition of all perspectives without making any one way the only way, lets the energy begin to move forward and new resolutions can be revealed. Keep an open mind and heart to the insights that life can bring now.

The Venus rulership of Libra requires beauty. This is not a time to patch up old things, whether they be relationships or items that make the environment more beautiful. It is time for changes rather than just fixing things. Patches can be reminders of dismissing the importance of self in any situation. Pluto, is trine Mars in Virgo and the nature of Pluto is to let go of things that are no longer useful in our lives. The logical mind wants to dismiss the importance of beauty. Yet beauty feeds our soul and allows us to keep a brighter and more positive point of view. So living in a beautiful environment is up lifting and that lets us see what wouldn't be visible in a depressed place.

Venus is conjunct Mercury and this brings the same considerations to conversation and verbal exchanges that is required in the physical and emotional realms. Bringing beauty of thought, word and deed into our relationships with others can create peaceful, calm and inviting encounters. When the energy is quiet then new ideas and experiences can evolve. This can provide a place of listening where the emotions remain centered, rather than flaring up in emotional reactivation. When the people around us are in a comfortable place with themselves, it allows us to relax and find a new perspective. The Venus in Libra essence is uplifting and revitalizing because balance bring serenity, as well as, renewed energy.

In the Tarot, Venus is equated with the Empress, the Goddess of Prosperity and Abundance. Relax and open up to a deep sense of renewal of the essence of creativity that beauty and wellbeing bring. Let your inner artist out, whether it is a project or a partnership, be inspired.

Molly is a professional astrologer and does personal charts, solar returns and couples or relationship charts. Contact her at 307 335-8113 or [mollyrowland22@gmail.com](mailto:mollyrowland22@gmail.com)

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### **QUOTES FOR THE MONTH from St. Germain**

Beyond success and abundance, prosperity awaits. Yet it is prosperity that can lift success to accomplishment and to achievement and then catapult it from bounty to abundance. It is prosperity that can fill that emptiness you still feel amid all that is or is supposed to be so right. It is prosperity that can feed that hunger that haunts you even as life is or is supposed to be so good. It is time to prosper. -- Lazaris

There is a world that waits for those such as you to stand up, step forth and lift your voices of love and healing. It is time to act. It is time to lead. -- Lazaris

Any wall is only as good as the men who defend it. -- Genghis Khan

**EGO** is the inner abuser, that repeats the lies of the outer illusion. It is time to own your inner power, to turn away from

accepting the abuse and live the Truth of all that you have always been. To heal the wounds of life times requires that you nurture the amazing being that you are and refuse to hold on to what was. Acknowledge that you have been holding on to lives that cannot be changed and then you can let them go. -- St.Germain

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## ST. GERMAIN'S MESSAGE



Dearly Beloved Masters,

When paradigms change, the old ways of doing things do not always fit into the new patterns of creation. The forces that have sought to hold the mind in limitation are attempting to convince the world that nothing requires to change. There is an attempt to cling to old habits and the effort to hold on to what was is exhausting. The feeling of being invisible is driving many people to take extreme action in order “to be seen”. Validation of thoughts and ideas that support cruelty, hatred and isolation magnify feelings of loneliness and stress that bring an already over excited mind to

the point of desperation and disintegration. The intense need to be important, no matter what, can lead to acts that at least temporarily cause a “God Complex”. During the adrenalin rush of emotions, the sense of power can be overwhelming. The endorphins change the hormones and other glandular secretions that can alter how the mind functions from that point forward. After an intense situation some people will simply numb out, while others may carry the sense of heightened control forward and feel invincible, unreachable, untouchable.

Power in its finest frequency is not overbearing or destructive, because a true sense of power is grounded in the inner peace and quiet confidence of self-knowing and self-awareness. When the mind is shattered by over stimulation, it begins to fray and the changes that are occurring in the collective consciousness are considered dangerous rather than necessary. Cosmic shifts are brought about by Divine intervention. There is no conspiracy theory involved because Divine creation oversees a grandeur that is far beyond what the finite mind can fathom. The call is to reconnect within to the flow of Divine Mind and that opens the energy gates to a world that is so much more than humanity has been allowed to own in eons of time. This is not a war between technology and religion. This goes far beyond those limits to a wisdom that is not driven purely by economics. A clearly Love- motivated self, makes choices that are not narrowed down to “what about me?”, but are based on the fact that if everyone can benefit, then each individual fares much better. This is a consciousness that has such scope that all

of humanity is being affected whether they believe it or not, whether they approve or not. This is not a cosmic Facebook of “like” or “don’t like”. The changes that are becoming more conscious are moving the human race to a whole new level of being that can have positive outcomes. War has been considered to be the only solution for any disagreement on any level.

Becoming new humans, Spiritual Humans raises the frequency of the whole Earth and gives all an opportunity to choose new ways of interdependence that are much kinder and more expansive than conflict. The new consciousness does call for a deeper awareness of self in the whole of life and that gives a stronger sense of belonging than the Earth has had as a collective in many life times.

The mind thinks around in circles. The circles may be large or very small. Usually, the closer someone is to a breakthrough, the smaller the circle of intensity focused on a certain situation becomes. The mind become more determined to stop the changes that are occurring, as the spiritual self is more clearly conscious in bringing an expanded vision. The EGO mind has always put emphasis on what is wrong in any given situation and how to stop the “wrong”. Stopping others from living their own life leads to war, confrontation and the impinging limits of righteousness. The focus on controlling others is becoming more intense and the more intense the focus to restricting the lives, activities and pursuits of others becomes the more the reactions in fear, destruction and retaliation escalates.

The EGO screams “We have got to stop them”. Those who feel left out, invisible, unimportant just try harder to get

attention. What is rising to the surface is lifetimes of withdrawing from each other. The mind set of “me and mine versus them” has progressively created isolation. It is the nature of the divine self, the spiritual self to interrelate to others in kind, compassionate and loving ways. The disinterest, distancing and drama have encouraged humanity to draw apart and find “like-minded” people. The challenge is that no two people see things exactly alike. When the fact that “they” don’t totally think like I do emerges, then suspicion and doubt turn into mistrust and then into conflict. **DEARLY BELOVED MASTERS, IT ISN’T ABOUT THEM!!! THE HEALING CAN ONLY OCCUR WITHIN YOU! THEY DO NOT STOP YOUR HEALING, YOUR BELIEF THAT THEY ARE STRONGER AND MORE IMPORTANT THAN YOU, STOPS YOUR HEALING.** Killing them or imprisoning them will not prevent you from giving your power away again.

The energy spent on waiting for someone else to change is the “drain” that so many talk about. It is a very common statement on the planet now, “I feel drained”. It comes from attempting to use energy in the frame of mind that includes fossil horse and buggy technology. As the energy of creativity is evolving so must the way that mental/emotional energy is used. The old ways of thinking are showing themselves to be heavier and heavier. Pushing energy out and attempting to control how others are takes more and more fuel. It is time to shift to more fuel-efficient ways of looking at and creating life. When you put your life on hold waiting for someone else to change, life feels empty and boring, because you are

donating a lot of your won precious power to trying to make someone else be different. Use your God given power to be the cocreator with God that you were designed to be. The greatest technological changes on Earth are not to everything and everyone becoming automated. The most powerfully important shifts are to the realization that you have, within your power the ability to allow a world, your world, that empowers you to live who you truly are. **POWER OVER OTHERS IS NOT POWERFUL. IT IS AN ILLUSION. IF YOU WOULD SAY HOW EVERYONE LIVES THEN YOU PUT YOURSELF IN A PLACE OF BEING RESPONSIBLE FOR ALL OF THEM. HUMANITY WAS NOT CREATED TO RULE. EACH LIFE IS ITS OWN VALUABLE TREASURE.**

Competing over who is better takes away the pleasure of appreciating the whole. It is like looking at a work of art and then arguing over which part of that whole is the most important. The mystical essence is lost in the conflict of what is right and which is best. This also draws each person away from the personal recognition of self-worth and value of life.

Speaking of value of life, Beloved Masters, the technology of these times makes life seem like an illusion. Children play war games and kill “the enemy” and the they go back, start the game over and that same person is still in the game. The mind is programmed very early to believe that death is an illusion, without the respect of how wonderful life is. The EGO teaches that if someone or something offends you, you just kill it and there is no clear understanding that each lesson that life brings always has a choice. The EGO asks,

“How do we make them change?”

Creation did not give that power of control over others. The illusion has presented the concept that only a few get to rule over the many and the many have chosen to accept that or fight to be free. Divine Law says, “like attracts like”. Fighting and threats do not hold the spark of freedom. Freedom is awareness of the inner wisdom of self and war holds all involved in outer focus on what everyone else is doing.

The path of discernment leads inward. Discernment is the quiet way. It can lead you into the most powerful places of yourself without noise or fanfare. It shows you the path less followed and just how much space and beauty is available to you. Judgment is like a teeming city filled with conflict and frustration. Judgment hurts so the more it is held as a standard in the life the more there is pain. The EGO then encourages the giving away of more power, by “trying to stop them from hurting me” by hurting them more. Every time there is an attempt to harm another the harm returns to its perpetrator magnified. No one can hurt others enough to stop their own pain, because laws that were set into effect before humans were created apply unconditionally to all.

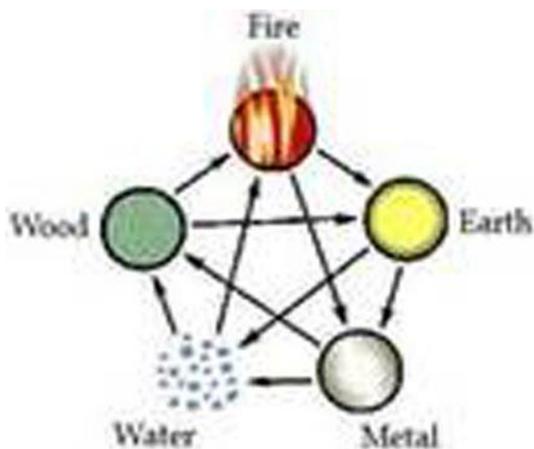
There are so many amazing truths that have been set aside or dismissed as out dated in order to move humanity into smaller and smaller spaces of both physical and mental capability. **REVELATION** is bringing those truths to a conscious place, not to cause more war, but to assist people everywhere to realize that they have the power to bring about changes, but its starts with self. The necessity to let go of the power giveaways

to others and use one's own power wisely and compassionately. We hold loving intentions that all of the people of the Earth will allow themselves to wake up to the reality of the spirit within and create a space where all can benefit. It requires that each one live up to their own masterful self.

So Beloved, Powerful, Creative Beings  
We celebrate your becoming. It isn't about trying to be a Master. It is living the Master that you are. I remain your most humble servant. I AM the Lord St. Germain

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## ADS



**Nancy Wadda** is an acupuncturist with over three years of training. She is trained in the FIVE SEASONS technique and has an amazing intuition in her work. She does traveling-acupuncture and will come to you for treatment. You can reach her for appointments at 307 438-6203.



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**Sarah Keen** is a tattoo Master. Her art is as beautiful as the old masters. You can reach her at: [surrahkeenart@gmail.com](mailto:surrahkeenart@gmail.com).  
Website: [SurrahKeenArt.com](http://SurrahKeenArt.com) Check out her Facebook page for daily examples of her tattoos.



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## HIGH VOLTAGE NATURE



**Karen Singer** photographs beautiful nature photos and creates digital transformations as Prints, Posters, T-Shirts, Calendars and Greeting Cards that assists and inspires to powerfully re-connect with our own nature and the beautiful Earth we are so blessed to live on.

Karen also creates custom, one of a kind wire wrapped jewelry that weaves and

amplifies energies of Light and Love, your own personal Angels and Masters (if desired & with permission) into each piece or similarly with individual crystals.

Email: [highvoltage@nature@gmail.com](mailto:highvoltage@nature@gmail.com)

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**Maia Rose** does sacral cranial work and massage, as well as other therapies. She is located in the Rainbow Center, 177 N. 4th St. in Lander. For appointments call 307 345-3262.

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**Delphinia Bey** is a massage therapist, who does reiki, Bio-Genesis tools, Crystal layouts and other modalities. You can reach her for massage appointments at 307 349-2120.

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“**The Pot of Gold**” is a monthly publication created by Molly Rowland. Graphics by Dorian Zumwalt. If you would like to advertise in “The Pot of Gold” ads are \$10 per month for up to six lines and \$2 per line after that. Contact us: [mollyrowland22@gmail.com](mailto:mollyrowland22@gmail.com) or 307-335-8113.